

COMPLETE OVERALL RESULTS

2009 The Virginia 10-Miler

Sponsored by: Genworth Financial

Lynchburg, VA 09/26/2009 8:00am

| Place<br>Rank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME     | GUN<br>TIME | CITY/STATE         | Rank | RUN5M<br>R |
|---------------|------------|-------------|------------------|-------------|--------------------|------|------------|
| 1.            | 455        | 24          | JULIUS KOGO      |             | CHAPEL HILL NC     | 8    | 24:18      |
| 1             | 24:21      |             | 48:38            | 48:40       |                    |      |            |
| 2.            | 1028       | 30          | ELIJAH NYABUTI   |             | HEBRON KY          | 1    | 21:37      |
| 3             | 28:08      |             | 49:44            | 49:46       |                    |      |            |
| 3.            | 447        | 27          | KIPYEGON KIRUI   |             | CHAPEL HILL NC     | 2    | 21:46      |
| 2             | 28:06      |             | 49:51            | 49:52       |                    |      |            |
| 4.            | 500        | 24          | BOBBY MACK       |             | RALEIGH NC         | 3    | 21:56      |
| 4             | 28:39      |             | 50:34            | 50:35       |                    |      |            |
| 5.            | 139        | 29          | DAVID CHEROMEI   |             | MARION VA          | 5    | 22:49      |
| 8             | 30:57      |             | 53:45            | 53:47       |                    |      |            |
| 6.            | 424        | 22          | ANDREW JESIEN    |             | CHARLOTTESVILLE VA | 9    | 24:18      |
| 5             | 29:43      |             | 54:00            | 54:02       |                    |      |            |
| 7.            | 420        | 23          | JARVIS JELEN     |             | LYNCHBURG VA       | 4    | 22:41      |
| 6             | 30:08      |             | 52:49            | 54:09       |                    |      |            |
| 8.            | 285        | 26          | BRIAN FLYNN      |             | GREENSBORO NC      | 7    | 24:17      |
| 7             | 30:22      |             | 54:39            | 54:40       |                    |      |            |
| 9.            | 905        | 25          | KALIB WILKINSON  |             | LYNCHBURG VA       | 6    | 24:03      |
| 9             | 30:57      |             | 55:00            | 55:40       |                    |      |            |
| 10.           | 896        | 31          | RYAN WHEELER     |             | LYNCHBURG VA       | 10   | 25:22      |
| 10            | 31:10      |             | 56:31            | 56:33       |                    |      |            |
| 11.           | 421        | 27          | HELLEN JEMUTAI   |             | CHAPEL HILL NC     | 11   | 25:22      |
| 11            | 31:18      |             | 56:40            | 56:41       |                    |      |            |
| 12.           | 727        | 28          | ANDREW SCHROEDER |             | CHARLOTTESVILLE VA | 14   | 25:45      |
| 12            | 31:45      |             | 57:29            | 57:31       |                    |      |            |
| 13.           | 364        | 39          | JEFF HARRINGTON  |             | LYNCHBURG VA       | 17   | 25:58      |
| 15            | 32:03      |             | 58:01            | 58:03       |                    |      |            |
| 14.           | 900        | 20          | JORDAN WHITLOCK  |             | LYNCHBURG VA       | 12   | 25:30      |
| 21            | 32:47      |             | 58:17            | 58:18       |                    |      |            |
| 15.           | 977        | 24          | MARIA BUSIENEI   |             | CHARLESTON WV      | 15   | 25:51      |
| 19            | 32:32      |             | 58:22            | 58:24       |                    |      |            |

|     |       |         |                    |                    |    |       |
|-----|-------|---------|--------------------|--------------------|----|-------|
| 16. | 176   | 19      | RYAN COX           | LYNCHBURG VA       | 19 | 26:30 |
| 13  | 31:58 | 58:27   | 58:29              |                    |    |       |
| 17. | 241   | 18      | PETER EDMONDS      | LYNCHBURG VA       | 20 | 26:31 |
| 16  | 32:09 | 58:40   | 58:41              |                    |    |       |
| 18. | 1021  | 25      | JESSIE DALTON      | GRETNA VA          | 16 | 25:54 |
| 20  | 32:47 | 58:40   | 58:43              |                    |    |       |
| 19. | 981   | 21      | GEOPHERY MILLS     | LEXINGTON VA       | 18 | 26:25 |
| 17  | 32:30 | 58:54   | 59:01              |                    |    |       |
| 20. | 133   | 41      | GREGG CAVALIERE    | LYNCHBURG VA       | 25 | 27:18 |
| 14  | 32:01 | 59:18   | 59:21              |                    |    |       |
| 21. | 1015  | 22      | GEORGE HEESCHEN    | EARLTSVILLE VA     | 21 | 26:34 |
| 22  | 32:55 | 59:28   | 59:32              |                    |    |       |
| 22. | 743   | 23      | NATALIE SHERBAK    | BLACKSBURG VA      | 22 | 27:02 |
| 18  | 32:31 | 59:32   | 59:34              |                    |    |       |
| 23. | 392   | 33      | NATHAN HOTTLE      | LYNCHBURG VA       | 26 | 27:19 |
| 25  | 34:05 | 1:01:23 | 1:01:25            |                    |    |       |
| 24. | 587   | 23      | CHRIS MOTTA        | HENRICO VA         | 28 | 27:56 |
| 24  | 33:37 | 1:01:32 | 1:01:35            |                    |    |       |
| 25. | 890   | 30      | RYAN WEBB          | LYNCHBURG VA       | 24 | 27:07 |
| 33  | 34:33 | 1:01:40 | 1:01:42            |                    |    |       |
| 26. | 963   | 34      | CHET WHITE         | LYNCHBURG VA       | 29 | 28:04 |
| 32  | 34:29 | 1:02:32 | 1:02:33            |                    |    |       |
| 27. | 36    | 38      | PHILIP BAETCKE     | FALLS CHURCH VA    | 33 | 28:21 |
| 26  | 34:10 | 1:02:30 | 1:02:35            |                    |    |       |
| 28. | 160   | 52      | BRIAN CONNIFF      | RADFORD VA         | 32 | 28:17 |
| 28  | 34:17 | 1:02:33 | 1:02:35            |                    |    |       |
| 29. | 305   | 47      | HERNAN GARBINI     | WAYNESBORO VA      | 31 | 28:15 |
| 31  | 34:27 | 1:02:41 | 1:02:43            |                    |    |       |
| 30. | 200   | 25      | JOHN DAVIS         | HUNTINGTON WV      | 23 | 27:06 |
| 52  | 35:49 | 1:02:55 | 1:02:57            |                    |    |       |
| 31. | 453   | 24      | LOUISE KNUDSON     | CHARLOTTESVILLE VA | 36 | 28:46 |
| 36  | 34:46 | 1:03:31 | 1:03:32            |                    |    |       |
| 32. | 717   | 25      | SHANNON SAUNDERS   | CHARLOTTESVILLE VA | 35 | 28:29 |
| 43  | 35:07 | 1:03:36 | 1:03:38            |                    |    |       |
| 33. | 740   | 42      | PETER SHELDON      | LYNCHBURG VA       | 34 | 28:27 |
| 44  | 35:09 | 1:03:35 | 1:03:38            |                    |    |       |
| 34. | 450   | 19      | JOSH KNIGHT        | LYNCHBURG VA       | 38 | 29:08 |
| 35  | 34:40 | 1:03:48 | 1:03:49            |                    |    |       |
| 35. | 44    | 49      | LEN BARKER         | LYNCHBURG VA       | 37 | 29:00 |
| 38  | 34:54 | 1:03:53 | 1:03:56            |                    |    |       |
| 36. | 228   | 20      | NICK DRESVYANNIKOV | PLAIN CITY OH      | 27 | 27:30 |

|     |       |         |                    |                    |    |       |
|-----|-------|---------|--------------------|--------------------|----|-------|
| 45  | 35:22 | 1:02:52 | 1:04:12            |                    |    |       |
| 37. | 473   | 26      | JOHN LAUFFER       | LYNCHBURG VA       | 45 | 29:48 |
| 30  | 34:24 | 1:04:11 | 1:04:15            |                    |    |       |
| 38. | 123   | 32      | JASON CAPTAIN      | LYNCHBURG VA       | 44 | 29:47 |
| 37  | 34:46 | 1:04:33 | 1:04:36            |                    |    |       |
| 39. | 439   | 42      | BRIAN KELLEHER     | LYNCHBURG VA       | 50 | 30:13 |
| 34  | 34:33 | 1:04:46 | 1:04:48            |                    |    |       |
| 40. | 606   | 34      | SEAN O'FLAHERTY    | SMYRNA GA          | 46 | 29:49 |
| 39  | 34:58 | 1:04:46 | 1:04:50            |                    |    |       |
| 42. | 680   | 22      | REBEKAH RICKSECKER | LYNCHBURG VA       | 62 | 30:37 |
| 29  | 34:16 | 1:04:52 | 1:05:00            |                    |    |       |
| 41. | 609   | 22      | ASHLEY OSBORNE     | LYNCHBURG VA       | 63 | 30:37 |
| 27  | 34:16 | 1:04:52 | 1:05:00            |                    |    |       |
| 43. | 385   | 26      | AUSTIN HINKSON     | LYNCHBURG VA       | 42 | 29:38 |
| 46  | 35:26 | 1:05:03 | 1:05:04            |                    |    |       |
| 44. | 678   | 0       | JACK DOE           |                    | 72 | 31:07 |
| 23  | 33:07 | 1:04:14 | 1:05:14            |                    |    |       |
| 45. | 874   | 37      | JOEL WALLSCHLAEGER | LYNCHBURG VA       | 43 | 29:46 |
| 51  | 35:43 | 1:05:28 | 1:05:31            |                    |    |       |
| 46. | 71    | 23      | JOHN BINGHAM       | LYNCHBURG VA       | 49 | 30:06 |
| 50  | 35:38 | 1:05:43 | 1:05:47            |                    |    |       |
| 47. | 597   | 29      | ERIC NELSON        | FOREST VA          | 52 | 30:14 |
| 49  | 35:32 | 1:05:45 | 1:05:48            |                    |    |       |
| 48. | 335   | 16      | THOMAS GRABASKAS   | LYNCHBURG VA       | 71 | 31:07 |
| 41  | 35:05 | 1:06:12 | 1:06:21            |                    |    |       |
| 49. | 273   | 33      | EMILY FERGUSON     | ARLINGTON VA       | 60 | 30:30 |
| 54  | 35:59 | 1:06:28 | 1:06:37            |                    |    |       |
| 50. | 887   | 37      | CHAD WATERWORTH    | LYNCHBURG VA       | 54 | 30:16 |
| 57  | 36:27 | 1:06:43 | 1:06:47            |                    |    |       |
| 51. | 550   | 36      | MICHAEL MCPHATTER  | MADISON HEIGHTS VA | 51 | 30:13 |
| 60  | 36:33 | 1:06:46 | 1:06:49            |                    |    |       |
| 52. | 182   | 24      | ZACHARY CRUMP      | MECHANICSVILLE VA  | 55 | 30:19 |
| 48  | 35:32 | 1:05:50 | 1:06:50            |                    |    |       |
| 53. | 825   | 44      | TERRY THIEM        | MIDLOTHIAN VA      | 40 | 29:16 |
| 69  | 37:35 | 1:06:50 | 1:06:51            |                    |    |       |
| 54. | 739   | 24      | AUSTIN SHELDON     | LYNCHBURG VA       | 56 | 30:20 |
| 59  | 36:33 | 1:06:52 | 1:06:55            |                    |    |       |
| 55. | 507   | 32      | ERIK MAKUS         | NEWBERRY FL        | 41 | 29:36 |
| 68  | 37:25 | 1:07:01 | 1:07:03            |                    |    |       |
| 56. | 959   | 16      | STEFAN MOSCALN     | LYNCHBURG VA       | 67 | 30:55 |
| 55  | 36:06 | 1:07:01 | 1:07:08            |                    |    |       |

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| 57. | 624   | 16      | ERIC PAULSON     | RUSTBURG VA        | 73  | 31:09 |
| 53  | 35:57 | 1:07:06 | 1:07:13          |                    |     |       |
| 58. | 932   | 36      | MARCUS WRIGHT    | LYNCHBURG VA       | 53  | 30:15 |
| 65  | 36:56 | 1:07:10 | 1:07:16          |                    |     |       |
| 59. | 261   | 53      | PRESTON EVANS    | MADISON HEIGHTS VA | 65  | 30:45 |
| 56  | 36:26 | 1:07:10 | 1:07:17          |                    |     |       |
| 60. | 436   | 34      | ALICE KASSENS    | FINCASTLE VA       | 59  | 30:30 |
| 63  | 36:47 | 1:07:16 | 1:07:18          |                    |     |       |
| 61. | 530   | 36      | JIM MAY          | FOREST VA          | 58  | 30:28 |
| 61  | 36:44 | 1:07:12 | 1:07:19          |                    |     |       |
| 62. | 629   | 50      | BILLY PEARLMAN   | ROANOKE VA         | 90  | 31:53 |
| 47  | 35:28 | 1:07:21 | 1:07:26          |                    |     |       |
| 63. | 521   | 31      | THOMAS MARTIN    | LYNCHBURG VA       | 30  | 28:05 |
| 89  | 38:24 | 1:06:28 | 1:07:28          |                    |     |       |
| 64. | 278   | 31      | DWAYNE FITTS     | LYNCHBURG VA       | 61  | 30:30 |
| 66  | 36:56 | 1:07:26 | 1:07:30          |                    |     |       |
| 65. | 190   | 25      | MATT DAMERON     | ROANOKE VA         | 57  | 30:25 |
| 58  | 36:31 | 1:06:55 | 1:07:49          |                    |     |       |
| 66. | 718   | 24      | PAUL SCANLON     | RICHMOND VA        | 48  | 30:05 |
| 74  | 37:48 | 1:07:53 | 1:07:55          |                    |     |       |
| 67. | 487   | 37      | CHRIS LEWIS M.D. | LYNCHBURG VA       | 68  | 30:59 |
| 64  | 36:53 | 1:07:51 | 1:07:56          |                    |     |       |
| 68. | 466   | 16      | GABE LAMARTINA   | FOREST VA          | 78  | 31:21 |
| 62  | 36:46 | 1:08:06 | 1:08:11          |                    |     |       |
| 69. | 817   | 21      | BRENTON SWYERS   | LYNCHBURG VA       | 39  | 29:15 |
| 106 | 38:58 | 1:08:13 | 1:08:17          |                    |     |       |
| 70. | 74    | 27      | CHAD BLANTON     | WAYNESBORO VA      | 64  | 30:43 |
| 72  | 37:43 | 1:08:25 | 1:08:29          |                    |     |       |
| 71. | 877   | 41      | DARRELL WARGO    | LYNCHBURG VA       | 47  | 29:56 |
| 97  | 38:31 | 1:08:27 | 1:08:30          |                    |     |       |
| 72. | 1020  | 38      | HARDY BRYANT     | BENT MT. VA        | 101 | 32:36 |
| 42  | 35:06 | 1:07:42 | 1:08:42          |                    |     |       |
| 73. | 567   | 50      | CALVIN MILAM     | LYNCHBURG VA       | 70  | 31:05 |
| 73  | 37:47 | 1:08:52 | 1:08:57          |                    |     |       |
| 74. | 130   | 51      | R B CARTER       | LYNCHBURG VA       | 75  | 31:12 |
| 78  | 37:52 | 1:09:04 | 1:09:08          |                    |     |       |
| 75. | 77    | 50      | BRET BOMAN       | FOREST VA          | 74  | 31:12 |
| 80  | 37:55 | 1:09:07 | 1:09:10          |                    |     |       |
| 76. | 551   | 43      | JAMES MEADOWS    | LYNCHBURG VA       | 76  | 31:13 |
| 79  | 37:55 | 1:09:07 | 1:09:12          |                    |     |       |
| 77. | 824   | 48      | HAROLD TERRY     | BAHAMA NC          | 69  | 31:03 |
| 87  | 38:21 | 1:09:23 | 1:09:28          |                    |     |       |

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| 78. | 830   | 27      | DOUGLAS THOMASEY   | LYNCHBURG VA  | 79  | 31:23 |
| 83  | 38:09 | 1:09:31 | 1:09:36            |               |     |       |
| 79. | 22    | 35      | JENNY ANDERSON     | LYNCHBURG VA  | 88  | 31:48 |
| 75  | 37:48 | 1:09:36 | 1:09:48            |               |     |       |
| 80. | 617   | 26      | ASHLEY PALMER      | LYNCHBURG VA  | 102 | 32:40 |
| 67  | 37:04 | 1:09:44 | 1:09:49            |               |     |       |
| 81. | 616   | 39      | KEVIN PAINCHAUD    | BEDFORD VA    | 89  | 31:52 |
| 82  | 38:01 | 1:09:52 | 1:09:55            |               |     |       |
| 82. | 376   | 37      | DOUG HERNANDEZ     | LYNCHBURG VA  | 155 | 34:59 |
| 40  | 34:59 | 1:09:57 | 1:09:59            |               |     |       |
| 83. | 379   | 25      | JEFFREY HESSON     | LYNCHBURG VA  | 92  | 31:54 |
| 76  | 37:48 | 1:09:42 | 1:10:11            |               |     |       |
| 84. | 143   | 26      | PHILIP CICCARELLO  | CHARLOTTE NC  | 83  | 31:41 |
| 91  | 38:27 | 1:10:08 | 1:10:11            |               |     |       |
| 85. | 13    | 59      | GARY ADKINS        | SALEM VA      | 80  | 31:31 |
| 100 | 38:41 | 1:10:11 | 1:10:15            |               |     |       |
| 86. | 444   | 51      | JACK KING          | RICHMOND VA   | 93  | 31:56 |
| 84  | 38:09 | 1:10:04 | 1:10:16            |               |     |       |
| 87. | 866   | 29      | STACEY VIDT        | BLACKSBURG VA | 66  | 30:52 |
| 114 | 39:33 | 1:10:25 | 1:10:28            |               |     |       |
| 88. | 484   | 43      | MICHAEL LEIGH      | ROANOKE VA    | 81  | 31:35 |
| 105 | 38:56 | 1:10:31 | 1:10:35            |               |     |       |
| 89. | 607   | 42      | DAVID OLICHNEY     | LYNCHBURG VA  | 84  | 31:46 |
| 101 | 38:44 | 1:10:30 | 1:10:38            |               |     |       |
| 90. | 585   | 24      | REBEKAH MORRIS     | LYNCHBURG VA  | 105 | 32:47 |
| 77  | 37:50 | 1:10:37 | 1:10:40            |               |     |       |
| 91. | 980   | 20      | ERIC TYSON         | LEXINGTON VA  | 108 | 33:03 |
| 71  | 37:38 | 1:10:40 | 1:10:46            |               |     |       |
| 92. | 72    | 31      | RANDY BIRNSCHEIN   | EVINGTON VA   | 96  | 32:23 |
| 92  | 38:29 | 1:10:51 | 1:10:58            |               |     |       |
| 93. | 611   | 20      | R. PAUL OVERSTREET | LYNCHBURG VA  | 94  | 32:05 |
| 96  | 38:31 | 1:10:36 | 1:11:01            |               |     |       |
| 94. | 1013  | 51      | ED DAVIS           | HUNTINGTON WV | 99  | 32:31 |
| 85  | 38:12 | 1:10:43 | 1:11:02            |               |     |       |
| 95. | 213   | 29      | AMBER DEWALD       | LYNCHBURG VA  | 82  | 31:37 |
| 110 | 39:21 | 1:10:57 | 1:11:02            |               |     |       |
| 96. | 982   | 20      | NICK MCFARLAND     | LEXINGTON VA  | 91  | 31:54 |
| 99  | 38:35 | 1:10:28 | 1:11:06            |               |     |       |
| 97. | 893   | 49      | NORRIS WELFARE     | MONROE VA     | 95  | 32:11 |
| 103 | 38:46 | 1:10:57 | 1:11:08            |               |     |       |
| 98. | 796   | 53      | GREG STICK         | SALEM VA      | 103 | 32:46 |

|      |       |         |                  |                  |     |       |
|------|-------|---------|------------------|------------------|-----|-------|
| 88   | 38:22 | 1:11:08 | 1:11:17          |                  |     |       |
| 99.  | 654   | 27      | DANIEL PREUSSER  | LYNCHBURG VA     | 115 | 33:19 |
| 81   | 37:56 | 1:11:14 | 1:11:18          |                  |     |       |
| 100. | 147   | 25      | DENNIS COAN      | LYNCHBURG VA     | 106 | 32:56 |
| 86   | 38:21 | 1:11:16 | 1:11:20          |                  |     |       |
| 101. | 412   | 43      | DAVID HUTCHESON  | FOREST VA        | 97  | 32:24 |
| 104  | 38:48 | 1:11:12 | 1:11:32          |                  |     |       |
| 102. | 851   | 33      | JOHN TURNER      | LYNCHBURG VA     | 125 | 33:34 |
| 70   | 37:37 | 1:11:11 | 1:11:36          |                  |     |       |
| 103. | 979   | 20      | JAMIE BOST       | AMHERST VA       | 87  | 31:48 |
| 108  | 39:14 | 1:11:01 | 1:11:40          |                  |     |       |
| 104. | 732   | 21      | DREW SETLIFF     | LYNCHBURG VA     | 77  | 31:13 |
| 141  | 40:30 | 1:11:43 | 1:11:47          |                  |     |       |
| 105. | 164   | 43      | GEORGE COOK      | LYNCHBURG VA     | 114 | 33:14 |
| 98   | 38:32 | 1:11:45 | 1:11:51          |                  |     |       |
| 106. | 519   | 18      | TRAVIS MARSHALL  | LYNCHBURG VA     | 85  | 31:46 |
| 142  | 40:30 | 1:12:16 | 1:12:17          |                  |     |       |
| 107. | 411   | 24      | HUMA HUSAIN      | SPRINGFIELD VA   | 100 | 32:35 |
| 119  | 39:42 | 1:12:17 | 1:12:27          |                  |     |       |
| 108. | 441   | 42      | ALEX KESSINGER   | COVINGTON VA     | 107 | 33:00 |
| 111  | 39:28 | 1:12:28 | 1:12:33          |                  |     |       |
| 109. | 370   | 43      | MIKE HEARD       | RICHMOND VA      | 123 | 33:33 |
| 94   | 38:30 | 1:12:02 | 1:12:36          |                  |     |       |
| 110. | 452   | 15      | ZACH KNIGHT      | LYNCHBURG VA     | 111 | 33:08 |
| 120  | 39:44 | 1:12:51 | 1:12:58          |                  |     |       |
| 111. | 873   | 17      | AUSTIN WALKER    | LYNCHBURG VA     | 110 | 33:07 |
| 122  | 39:44 | 1:12:51 | 1:12:58          |                  |     |       |
| 112. | 811   | 15      | PATRICK SULLIVAN | LYNCHBURG VA     | 113 | 33:08 |
| 121  | 39:44 | 1:12:52 | 1:12:59          |                  |     |       |
| 113. | 151   | 27      | BRYAN COLLIER    | PALMYRA VA       | 144 | 34:23 |
| 95   | 38:30 | 1:12:52 | 1:13:13          |                  |     |       |
| 114. | 782   | 17      | PATRICK SPENCER  | FOREST VA        | 119 | 33:25 |
| 123  | 39:46 | 1:13:10 | 1:13:18          |                  |     |       |
| 115. | 309   | 40      | CHRIS GASSLER    | LYNCHBURG VA     | 124 | 33:33 |
| 116  | 39:37 | 1:13:10 | 1:13:18          |                  |     |       |
| 116. | 286   | 53      | DEBBIE FLYNN     | CROSS HILL SC    | 116 | 33:22 |
| 125  | 39:55 | 1:13:16 | 1:13:21          |                  |     |       |
| 117. | 931   | 24      | ADAM WRIGHT      | LYNCHBURG VA     | 130 | 33:52 |
| 109  | 39:20 | 1:13:12 | 1:13:23          |                  |     |       |
| 118. | 171   | 43      | CODY COTULLA     | SAN FRANCISCO CA | 112 | 33:08 |
| 136  | 40:19 | 1:13:26 | 1:13:32          |                  |     |       |

|      |       |         |                 |                    |     |       |
|------|-------|---------|-----------------|--------------------|-----|-------|
| 119. | 194   | 21      | SAM DANGC       | LYNCHBURG VA       | 126 | 33:36 |
| 107  | 39:03 | 1:12:39 | 1:13:38         |                    |     |       |
| 120. | 751   | 48      | KEVIN SHROYER   | GOODE VA           | 109 | 33:05 |
| 145  | 40:39 | 1:13:44 | 1:13:52         |                    |     |       |
| 121. | 805   | 58      | GARY STROUD     | LYNCHBURG VA       | 104 | 32:47 |
| 156  | 41:06 | 1:13:52 | 1:13:55         |                    |     |       |
| 122. | 315   | 37      | ALEX GEORGE     | JACKSON MS         | 134 | 34:01 |
| 126  | 39:57 | 1:13:58 | 1:13:59         |                    |     |       |
| 123. | 242   | 26      | BLAKE EDMONDSON | LYNCHBURG VA       | 120 | 33:30 |
| 137  | 40:22 | 1:13:51 | 1:14:00         |                    |     |       |
| 124. | 573   | 39      | RICHARD MILLER  | LYNCHBURG VA       | 86  | 31:47 |
| 191  | 42:03 | 1:13:50 | 1:14:00         |                    |     |       |
| 125. | 250   | 28      | DAVID EMMERT    | MADISON HEIGHTS VA | 121 | 33:31 |
| 134  | 40:17 | 1:13:47 | 1:14:11         |                    |     |       |
| 126. | 589   | 23      | HAYLEY MULLINS  | LYNCHBURG VA       | 98  | 32:31 |
| 169  | 41:30 | 1:14:00 | 1:14:13         |                    |     |       |
| 127. | 52    | 50      | TED BATT        | LYNCHBURG VA       | 136 | 34:02 |
| 130  | 40:08 | 1:14:09 | 1:14:14         |                    |     |       |
| 128. | 454   | 55      | ROGER KOEHLER   | LEXINGTON VA       | 127 | 33:43 |
| 143  | 40:33 | 1:14:16 | 1:14:20         |                    |     |       |
| 129. | 253   | 43      | SCOTT ENGLUND   | LYNCHBURG VA       | 142 | 34:16 |
| 113  | 39:29 | 1:13:45 | 1:14:28         |                    |     |       |
| 130. | 591   | 31      | VALERIE NAGLE   | SMYRNA GA          | 143 | 34:20 |
| 129  | 40:07 | 1:14:26 | 1:14:29         |                    |     |       |
| 131. | 511   | 33      | DARRELL MANNING | LYNCHBURG VA       | 118 | 33:25 |
| 152  | 40:57 | 1:14:21 | 1:14:33         |                    |     |       |
| 132. | 195   | 38      | TONY DANIEL     | ATLANTA GA         | 157 | 35:03 |
| 93   | 38:29 | 1:13:32 | 1:14:36         |                    |     |       |
| 133. | 165   | 17      | STEVEN COOKE    | MADISON HEIGHTS VA | 148 | 34:25 |
| 127  | 39:57 | 1:14:22 | 1:14:43         |                    |     |       |
| 134. | 899   | 59      | MARK WHISLER    | SALEM VA           | 129 | 33:49 |
| 149  | 40:52 | 1:14:40 | 1:14:45         |                    |     |       |
| 135. | 505   | 17      | TYLER MAGANN    | LYNCHBURG VA       | 161 | 35:10 |
| 112  | 39:28 | 1:14:38 | 1:14:46         |                    |     |       |
| 136. | 35    | 27      | JOY BADILLO     | CHRISTIANSBURG VA  | 139 | 34:10 |
| 132  | 40:15 | 1:14:24 | 1:14:49         |                    |     |       |
| 137. | 579   | 30      | CHAD MOONEY     | MADISON HEIGHTS VA | 163 | 35:11 |
| 115  | 39:34 | 1:14:45 | 1:14:55         |                    |     |       |
| 138. | 539   | 17      | MAX MCCRARY     | LYNCHBURG VA       | 137 | 34:09 |
| 148  | 40:50 | 1:14:58 | 1:15:01         |                    |     |       |
| 139. | 17    | 37      | JEREMY ALLEN    | CENTENNIAL CO      | 149 | 34:27 |
| 140  | 40:30 | 1:14:56 | 1:15:07         |                    |     |       |

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|------|-------|---------|--------------------|-----------------|-----|-------|
| 140. | 563   | 38      | THOMAS MEYER M.D.  | LYNCHBURG VA    | 146 | 34:24 |
| 146  | 40:40 | 1:15:03 | 1:15:08            |                 |     |       |
| 141. | 156   | 53      | LARRY COMSTOCK     | CHESTERFIELD VA | 153 | 34:44 |
| 133  | 40:16 | 1:15:00 | 1:15:09            |                 |     |       |
| 142. | 220   | 17      | BRANDON DORR       | MONROE VA       | 128 | 33:47 |
| 160  | 41:16 | 1:15:03 | 1:15:13            |                 |     |       |
| 143. | 935   | 29      | WALKER WRIGHT      | BEDFORD VA      | 138 | 34:09 |
| 147  | 40:45 | 1:14:54 | 1:15:16            |                 |     |       |
| 144. | 12    | 22      | ROSMOND ADAMS      | STATE ROAD NC   | 117 | 33:23 |
| 186  | 41:58 | 1:15:21 | 1:15:25            |                 |     |       |
| 145. | 292   | 35      | MARK FREEMAN       | RESTON VA       | 133 | 34:00 |
| 164  | 41:20 | 1:15:20 | 1:15:25            |                 |     |       |
| 146. | 659   | 33      | JENNIFER PRITCHETT | GOODE VA        | 135 | 34:01 |
| 163  | 41:19 | 1:15:20 | 1:15:25            |                 |     |       |
| 147. | 623   | 31      | JONATHAN PAUL      | FOREST VA       | 158 | 35:04 |
| 118  | 39:40 | 1:14:44 | 1:15:26            |                 |     |       |
| 148. | 47    | 48      | DAVID BARNEY SR.   | LYNCHBURG VA    | 177 | 35:33 |
| 124  | 39:48 | 1:15:21 | 1:15:26            |                 |     |       |
| 149. | 103   | 19      | KENDALL BROWN      | LYNCHBURG VA    | 131 | 33:57 |
| 138  | 40:26 | 1:14:22 | 1:15:28            |                 |     |       |
| 150. | 586   | 40      | STEPHEN MORRIS     | LYNCHBURG VA    | 145 | 34:24 |
| 158  | 41:08 | 1:15:31 | 1:15:37            |                 |     |       |
| 151. | 827   | 35      | JONATHAN THOMAS    | LYNCHBURG VA    | 181 | 35:39 |
| 117  | 39:38 | 1:15:17 | 1:15:38            |                 |     |       |
| 152. | 311   | 55      | DAVE GEARHART      | WINCHESTER VA   | 151 | 34:44 |
| 144  | 40:36 | 1:15:20 | 1:15:42            |                 |     |       |
| 153. | 974   | 22      | BENJAMIN BERRY     | BEDFORD VA      | 204 | 36:09 |
| 90   | 38:26 | 1:14:35 | 1:15:52            |                 |     |       |
| 154. | 300   | 41      | AMY GALLAGHER      | LYNCHBURG VA    | 176 | 35:32 |
| 135  | 40:19 | 1:15:50 | 1:15:57            |                 |     |       |
| 155. | 19    | 61      | WALTER ALLEN       | LYNCHBURG VA    | 140 | 34:11 |
| 180  | 41:49 | 1:15:59 | 1:16:03            |                 |     |       |
| 156. | 127   | 27      | PAUL CARMANY       | LYNCHBURG VA    | 132 | 34:00 |
| 194  | 42:07 | 1:16:06 | 1:16:10            |                 |     |       |
| 157. | 474   | 19      | ERIC LAUGHLIN      | LYNCHBURG VA    | 205 | 36:09 |
| 131  | 40:10 | 1:16:19 | 1:16:21            |                 |     |       |
| 158. | 575   | 53      | MICHAEL MITCHELL   | LYNCHBURG VA    | 152 | 34:44 |
| 170  | 41:33 | 1:16:17 | 1:16:25            |                 |     |       |
| 159. | 55    | 32      | MAURICE BECERRA    | LYNCHBURG VA    | 141 | 34:15 |
| 196  | 42:09 | 1:16:23 | 1:16:25            |                 |     |       |
| 160. | 524   | 15      | JEREMY MASON       | LYNCHBURG VA    | 160 | 35:08 |



|      |       |         |                     |                 |     |       |
|------|-------|---------|---------------------|-----------------|-----|-------|
| 139  | 40:29 | 1:15:37 | 1:16:40             |                 |     |       |
| 161. | 337   | 30      | JAMES GRANT         | LYNCHBURG VA    | 147 | 34:24 |
| 199  | 42:15 | 1:16:39 | 1:16:47             |                 |     |       |
| 162. | 665   | 51      | ROBERT RAMSEY       | MARTINSVILLE VA | 168 | 35:24 |
| 166  | 41:22 | 1:16:45 | 1:16:50             |                 |     |       |
| 163. | 281   | 39      | JACK FLIPPIN        | LYNCHBURG VA    | 162 | 35:11 |
| 168  | 41:29 | 1:16:40 | 1:16:53             |                 |     |       |
| 164. | 289   | 38      | TODD FOSTER         | LYNCHBURG VA    | 167 | 35:20 |
| 154  | 41:05 | 1:16:25 | 1:16:53             |                 |     |       |
| 165. | 731   | 32      | RACHEL SENGENBERGER | LYNCHBURG VA    | 279 | 37:59 |
| 102  | 38:45 | 1:16:43 | 1:17:00             |                 |     |       |
| 166. | 865   | 29      | FRANKIE VIAR        | LYNCHBURG VA    | 159 | 35:06 |
| 172  | 41:36 | 1:16:41 | 1:17:09             |                 |     |       |
| 167. | 724   | 55      | ROBERT SCHMIDT      | LOGAN UT        | 199 | 35:58 |
| 151  | 40:57 | 1:16:55 | 1:17:14             |                 |     |       |
| 168. | 124   | 22      | JAKE CARLSON        | LYNCHBURG VA    | 150 | 34:28 |
| 187  | 42:01 | 1:16:29 | 1:17:17             |                 |     |       |
| 169. | 293   | 40      | JIM FRENCHIK        | LYNCHBURG VA    | 166 | 35:19 |
| 188  | 42:02 | 1:17:20 | 1:17:24             |                 |     |       |
| 170. | 353   | 43      | SEAN HANEY          | PALMYRA VA      | 188 | 35:50 |
| 165  | 41:21 | 1:17:10 | 1:17:26             |                 |     |       |
| 171. | 60    | 29      | STEPHANIE BEEM      | LYNCHBURG VA    | 195 | 35:57 |
| 162  | 41:18 | 1:17:15 | 1:17:31             |                 |     |       |
| 172. | 126   | 35      | CAVAN CARLTON       | LYNCHBURG VA    | 173 | 35:31 |
| 178  | 41:48 | 1:17:18 | 1:17:32             |                 |     |       |
| 173. | 23    | 33      | AMY ANDREWS         | NASHVILLE TN    | 171 | 35:30 |
| 184  | 41:56 | 1:17:25 | 1:17:33             |                 |     |       |
| 174. | 792   | 65      | DAVE STEPHENSON     | MONETA VA       | 183 | 35:40 |
| 173  | 41:37 | 1:17:17 | 1:17:40             |                 |     |       |
| 175. | 558   | 22      | JARED MELOT         | LYNCHBURG VA    | 169 | 35:24 |
| 181  | 41:50 | 1:17:13 | 1:17:50             |                 |     |       |
| 176. | 390   | 51      | WILBERT HOOPER      | FOREST VA       | 174 | 35:31 |
| 185  | 41:58 | 1:17:29 | 1:17:50             |                 |     |       |
| 177. | 986   | 20      | BENJAMIN WARREN     | LYNCHBURG VA    | 192 | 35:56 |
| 179  | 41:48 | 1:17:44 | 1:17:53             |                 |     |       |
| 178. | 941   | 42      | MARK ZADELL         | LYNCHBURG VA    | 186 | 35:47 |
| 193  | 42:06 | 1:17:53 | 1:18:03             |                 |     |       |
| 179. | 570   | 56      | CRAIG MILLER        | LYNCHBURG VA    | 156 | 35:03 |
| 176  | 41:43 | 1:16:45 | 1:18:05             |                 |     |       |
| 180. | 602   | 45      | RANDY NIXON         | LYNCHBURG VA    | 178 | 35:33 |
| 206  | 42:31 | 1:18:04 | 1:18:09             |                 |     |       |

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|------|-------|---------|-------------------|-----------------|-----|-------|
| 181. | 638   | 39      | CLUNET PETTYJOHN  | LYNCHBURG VA    | 203 | 36:07 |
| 167  | 41:22 | 1:17:29 | 1:18:13           |                 |     |       |
| 182. | 108   | 20      | MATTHEW BRYANT    | LYNCHBURG VA    | 180 | 35:39 |
| 174  | 41:39 | 1:17:17 | 1:18:17           |                 |     |       |
| 183. | 538   | 29      | TIMOTHY MCCORMICK | STERLING VA     | 182 | 35:39 |
| 198  | 42:15 | 1:17:53 | 1:18:18           |                 |     |       |
| 184. | 324   | 51      | MIKE GOETZ        | FOREST VA       | 179 | 35:37 |
| 209  | 42:38 | 1:18:14 | 1:18:20           |                 |     |       |
| 185. | 565   | 63      | MICKY MIEAR       | RUSTBURG VA     | 191 | 35:55 |
| 204  | 42:24 | 1:18:18 | 1:18:21           |                 |     |       |
| 186. | 683   | 28      | JOEL RILEY        | LYNCHBURG VA    | 165 | 35:14 |
| 222  | 43:01 | 1:18:15 | 1:18:24           |                 |     |       |
| 187. | 54    | 40      | RODNEY BEALE      | LYNCHBURG VA    | 207 | 36:12 |
| 190  | 42:03 | 1:18:15 | 1:18:33           |                 |     |       |
| 188. | 976   | 40      | WAYNE PATTON      | LYNCHBURG VA    | 189 | 35:53 |
| 208  | 42:37 | 1:18:29 | 1:18:37           |                 |     |       |
| 189. | 16    | 62      | ED ALLEN          | TROUTVILLE VA   | 170 | 35:29 |
| 220  | 42:59 | 1:18:27 | 1:18:38           |                 |     |       |
| 190. | 405   | 24      | CATE HUFF         | ROCKY MOUNT VA  | 197 | 35:58 |
| 202  | 42:21 | 1:18:19 | 1:18:39           |                 |     |       |
| 191. | 418   | 51      | LARRY JACKSON     | FOREST VA       | 198 | 35:58 |
| 203  | 42:21 | 1:18:19 | 1:18:39           |                 |     |       |
| 192. | 655   | 44      | BOB PRICE         | FOREST VA       | 185 | 35:44 |
| 214  | 42:51 | 1:18:35 | 1:18:46           |                 |     |       |
| 193. | 212   | 26      | ROBERT DERISE     | LYNCHBURG VA    | 253 | 37:22 |
| 157  | 41:07 | 1:18:28 | 1:18:48           |                 |     |       |
| 194. | 998   | 0       | JACK DOE II       |                 | 275 | 37:47 |
| 128  | 40:02 | 1:17:49 | 1:18:49           |                 |     |       |
| 195. | 748   | 43      | WILLIAM SHIRLEY   | BROADLANDS VA   | 190 | 35:54 |
| 213  | 42:51 | 1:18:45 | 1:18:58           |                 |     |       |
| 196. | 885   | 26      | JONATHAN WASHBURN | LYNCHBURG VA    | 193 | 35:56 |
| 223  | 43:02 | 1:18:58 | 1:19:02           |                 |     |       |
| 197. | 275   | 53      | NANCY FERRIS      | GOODE VA        | 172 | 35:30 |
| 237  | 43:26 | 1:18:56 | 1:19:03           |                 |     |       |
| 198. | 280   | 49      | WILLIAM FLINT     | LYNCHBURG VA    | 200 | 36:00 |
| 212  | 42:48 | 1:18:48 | 1:19:04           |                 |     |       |
| 199. | 362   | 37      | EDWARD HARPER     | ROANOKE VA      | 164 | 35:13 |
| 254  | 43:47 | 1:19:00 | 1:19:05           |                 |     |       |
| 200. | 350   | 39      | AUBREY HALL III   | RUSTBURG VA     | 224 | 36:49 |
| 171  | 41:34 | 1:18:22 | 1:19:06           |                 |     |       |
| 201. | 348   | 32      | CHUCK HALL        | FISHERSVILLE VA | 225 | 36:49 |
| 161  | 41:16 | 1:18:05 | 1:19:07           |                 |     |       |

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|------|-------|---------|-------------------|-----------------|-----|-------|
| 202. | 272   | 19      | AUSTIN FERGUSON   | LYNCHBURG VA    | 237 | 37:07 |
| 175  | 41:42 | 1:18:49 | 1:19:09           |                 |     |       |
| 203. | 978   | 20      | ROBERT STRASKULIE | WELLESLEY MA    | 220 | 36:37 |
| 183  | 41:56 | 1:18:32 | 1:19:10           |                 |     |       |
| 204. | 509   | 46      | JOE MALLOY        | LYNCHBURG VA    |     |       |
| 341  | 45:47 |         | 1:19:12           |                 |     |       |
| 205. | 821   | 21      | BENJAMIN TAYLOR   | GAINESVILLE VA  | 258 | 37:30 |
| 153  | 40:59 | 1:18:28 | 1:19:18           |                 |     |       |
| 206. | 25    | 31      | MARY ANDREWS      | GAINESVILLE FL  | 201 | 36:01 |
| 226  | 43:10 | 1:19:11 | 1:19:18           |                 |     |       |
| 207. | 667   | 41      | SUZANNE RAMSEY    | LYNCHBURG VA    | 184 | 35:40 |
| 238  | 43:29 | 1:19:09 | 1:19:20           |                 |     |       |
| 208. | 451   | 53      | LANCE KNIGHT      | LYNCHBURG VA    | 212 | 36:21 |
| 205  | 42:27 | 1:18:48 | 1:19:27           |                 |     |       |
| 209. | 457   | 53      | GREG KOSOWSKI     | LYNCHBURG VA    | 175 | 35:32 |
| 250  | 43:43 | 1:19:15 | 1:19:29           |                 |     |       |
| 210. | 277   | 28      | JEREMIAH FISH     | AFTON VA        | 187 | 35:49 |
| 232  | 43:15 | 1:19:03 | 1:19:30           |                 |     |       |
| 211. | 672   | 41      | ROBERT REID       | FOREST VA       | 223 | 36:46 |
| 210  | 42:40 | 1:19:26 | 1:19:34           |                 |     |       |
| 212. | 148   | 57      | DAVE COCHRAN      | DANVILLE VA     | 242 | 37:17 |
| 195  | 42:07 | 1:19:24 | 1:19:37           |                 |     |       |
| 213. | 186   | 13      | LANDON CURRY      | EVINGTON VA     | 219 | 36:35 |
| 217  | 42:54 | 1:19:28 | 1:19:43           |                 |     |       |
| 214. | 470   | 38      | JAMES LAPRADE     | FOREST VA       | 255 | 37:24 |
| 200  | 42:17 | 1:19:40 | 1:19:46           |                 |     |       |
| 215. | 363   | 33      | JAMES HARRINGTON  | FOREST VA       | 254 | 37:24 |
| 189  | 42:02 | 1:19:25 | 1:19:48           |                 |     |       |
| 216. | 826   | 36      | JANINE THOMAS     | LYNCHBURG VA    | 218 | 36:35 |
| 216  | 42:53 | 1:19:28 | 1:19:49           |                 |     |       |
| 217. | 608   | 26      | KEVIN OLSZYK      | FALLS CHURCH VA | 214 | 36:23 |
| 233  | 43:15 | 1:19:38 | 1:19:52           |                 |     |       |
| 218. | 1012  | 44      | RYN MORRISON      | SOUTH BOSTON VA | 236 | 37:07 |
| 207  | 42:32 | 1:19:38 | 1:19:55           |                 |     |       |
| 219. | 640   | 38      | DAVID PHILLIPS    | RUSTBURG VA     | 213 | 36:22 |
| 218  | 42:56 | 1:19:18 | 1:20:00           |                 |     |       |
| 220. | 271   | 41      | DAMON FENSTERMAN  | FOREST VA       | 206 | 36:12 |
| 215  | 42:52 | 1:19:03 | 1:20:04           |                 |     |       |
| 221. | 97    | 15      | REGAN BROOKS      | FOREST VA       | 208 | 36:15 |
| 255  | 43:52 | 1:20:07 | 1:20:25           |                 |     |       |
| 222. | 231   | 37      | CHAD DUFF         | LYNCHBURG VA    | 202 | 36:02 |

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|------|-------|---------|--------------------|------------------|-----|-------|
| 269  | 44:25 | 1:20:26 | 1:20:35            |                  |     |       |
| 223. | 372   | 16      | JONATHAN HENDERSON | EVINGTON VA      | 196 | 35:57 |
| 267  | 44:22 | 1:20:19 | 1:20:38            |                  |     |       |
| 224. | 462   | 55      | ROBERT LADD        | LYNCHBURG VA     | 246 | 37:19 |
| 225  | 43:08 | 1:20:26 | 1:20:43            |                  |     |       |
| 225. | 45    | 25      | JAMES BARNES       | LYNCHBURG VA     | 303 | 38:37 |
| 177  | 41:44 | 1:20:20 | 1:20:50            |                  |     |       |
| 226. | 510   | 45      | LARRY MANCINI      | STUARTS DRAFT VA | 217 | 36:35 |
| 247  | 43:41 | 1:20:15 | 1:20:56            |                  |     |       |
| 227. | 119   | 15      | CHAD CALVERT       | LYNCHBURG VA     | 330 | 39:06 |
| 150  | 40:56 | 1:20:02 | 1:20:57            |                  |     |       |
| 228. | 580   | 29      | JULIE MOORE        | ROANOKE VA       | 257 | 37:28 |
| 231  | 43:13 | 1:20:41 | 1:20:58            |                  |     |       |
| 229. | 322   | 49      | CLIFFORD GLICKMAN  | LYNCHBURG VA     | 272 | 37:41 |
| 219  | 42:59 | 1:20:39 | 1:21:00            |                  |     |       |
| 230. | 57    | 51      | RICHARD BECK       | SPARKS MD        | 210 | 36:18 |
| 280  | 44:38 | 1:20:55 | 1:21:05            |                  |     |       |
| 231. | 502   | 13      | BLANE MADDOX       | FOREST VA        | 229 | 37:00 |
| 221  | 42:59 | 1:19:59 | 1:21:05            |                  |     |       |
| 232. | 99    | 24      | BRANDIE BROWN      | LYNCHBURG VA     | 226 | 36:50 |
| 227  | 43:11 | 1:20:00 | 1:21:06            |                  |     |       |
| 233. | 283   | 54      | KELVIN FLOWERS     | LYNCHBURG VA     | 232 | 37:04 |
| 251  | 43:44 | 1:20:48 | 1:21:09            |                  |     |       |
| 234. | 781   | 66      | BOBBY SPENCER      | DALEVILLE VA     | 216 | 36:30 |
| 292  | 44:51 | 1:21:21 | 1:21:28            |                  |     |       |
| 235. | 355   | 28      | ERIC HANSEN        | AMHERST VA       | 251 | 37:22 |
| 224  | 43:05 | 1:20:26 | 1:21:31            |                  |     |       |
| 236. | 188   | 52      | TIM DAILEY         | FOREST VA        | 300 | 38:32 |
| 197  | 42:10 | 1:20:42 | 1:21:35            |                  |     |       |
| 237. | 693   | 40      | JANET RORER        | LYNCHBURG VA     | 266 | 37:37 |
| 244  | 43:35 | 1:21:12 | 1:21:41            |                  |     |       |
| 238. | 184   | 29      | DEREK CULP         | RALEIGH NC       | 351 | 39:32 |
| 182  | 41:50 | 1:21:22 | 1:21:46            |                  |     |       |
| 239. | 518   | 50      | HUNTER MARSHALL    | SPOUT SPRING VA  | 235 | 37:06 |
| 265  | 44:20 | 1:21:26 | 1:21:46            |                  |     |       |
| 240. | 1004  | 38      | LANCE COLLINS      | LYNCHBURG VA     | 234 | 37:06 |
| 239  | 43:31 | 1:20:37 | 1:21:46            |                  |     |       |
| 241. | 1011  | 29      | AMANDA HALL        | AMHERST VA       | 256 | 37:24 |
| 263  | 44:17 | 1:21:40 | 1:21:54            |                  |     |       |
| 242. | 303   | 46      | GRATTAN GARBEE     | LYNCHBURG VA     | 233 | 37:05 |
| 264  | 44:17 | 1:21:21 | 1:22:01            |                  |     |       |

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|------|-------|---------|------------------|--------------------|-----|-------|
| 243. | 81    | 30      | DANIEL BORLAND   | RICHMOND VA        | 290 | 38:18 |
| 236  | 43:21 | 1:21:39 | 1:22:03          |                    |     |       |
| 244. | 388   | 39      | CYNTHIA HOLT     | BRISTOL VA         | 227 | 36:52 |
| 277  | 44:36 | 1:21:28 | 1:22:04          |                    |     |       |
| 245. | 1005  | 49      | JOE MORGAN       | WILLIAMSBURG VA    | 285 | 38:12 |
| 253  | 43:47 | 1:21:59 | 1:22:08          |                    |     |       |
| 246. | 664   | 16      | SARAH QUIGG      | LYNCHBURG VA       | 289 | 38:17 |
| 249  | 43:43 | 1:21:59 | 1:22:09          |                    |     |       |
| 247. | 593   | 53      | HUNTER NASH      | MADISON HEIGHTS VA | 231 | 37:03 |
| 284  | 44:45 | 1:21:48 | 1:22:10          |                    |     |       |
| 248. | 804   | 30      | JAMES STRONZA    | LYNCHBURG VA       | 293 | 38:21 |
| 241  | 43:32 | 1:21:52 | 1:22:11          |                    |     |       |
| 249. | 549   | 45      | LESLEY MCPHATTER | MADISON HEIGHTS VA | 288 | 38:15 |
| 240  | 43:31 | 1:21:45 | 1:22:11          |                    |     |       |
| 250. | 313   | 50      | MARC GELY        | LYNCHBURG VA       | 261 | 37:34 |
| 274  | 44:29 | 1:22:02 | 1:22:13          |                    |     |       |
| 251. | 486   | 49      | STEVE LETTERMAN  | APPOMATTOX VA      | 287 | 38:15 |
| 245  | 43:40 | 1:21:54 | 1:22:14          |                    |     |       |
| 252. | 984   | 30      | ALICIA TAYLOR    | LYNCHBURG VA       | 252 | 37:22 |
| 276  | 44:33 | 1:21:55 | 1:22:14          |                    |     |       |
| 253. | 138   | 45      | MATT CHAVEZ      | LYNCHBURG VA       | 291 | 38:20 |
| 242  | 43:33 | 1:21:52 | 1:22:16          |                    |     |       |
| 254. | 415   | 37      | JOHNNA INGERSOLL | LYNCHBURG VA       | 271 | 37:41 |
| 273  | 44:28 | 1:22:08 | 1:22:16          |                    |     |       |
| 255. | 936   | 37      | BRIAN YATES      | LYNCHBURG VA       | 263 | 37:35 |
| 271  | 44:26 | 1:22:00 | 1:22:19          |                    |     |       |
| 256. | 170   | 32      | MICHAEL CORLEY   | LYNCHBURG VA       | 262 | 37:35 |
| 270  | 44:26 | 1:22:00 | 1:22:19          |                    |     |       |
| 257. | 191   | 23      | BRIAN DAMEWOOD   | LYNCHBURG VA       | 282 | 38:07 |
| 243  | 43:35 | 1:21:41 | 1:22:21          |                    |     |       |
| 258. | 726   | 47      | JEFFREY SCHRAGER | NEW YORK NY        | 241 | 37:15 |
| 268  | 44:24 | 1:21:38 | 1:22:24          |                    |     |       |
| 259. | 92    | 21      | RICK BRIGHTWELL  | MADISON HEIGHTS VA | 384 | 40:04 |
| 159  | 41:15 | 1:21:18 | 1:22:29          |                    |     |       |
| 260. | 876   | 56      | RICHARD WALTON   | POWHATAN VA        | 244 | 37:19 |
| 257  | 43:58 | 1:21:16 | 1:22:29          |                    |     |       |
| 261. | 91    | 36      | RONALD BRIGGS    | EVINGTON VA        | 295 | 38:25 |
| 228  | 43:11 | 1:21:36 | 1:22:32          |                    |     |       |
| 262. | 803   | 44      | RIC STRATTON     | LYNCHBURG VA       | 222 | 36:41 |
| 332  | 45:37 | 1:22:17 | 1:22:39          |                    |     |       |
| 263. | 187   | 23      | MEG DAILEY       | LYNCHBURG VA       | 297 | 38:28 |
| 235  | 43:19 | 1:21:46 | 1:22:40          |                    |     |       |

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|------|-------|----|-------------------|--------------------|-----|-------|
| 264. | 783   | 34 | PAUL SPIGGLE      | APPOMATTOX VA      | 286 | 38:14 |
| 259  | 44:09 |    | 1:22:22 1:22:42   |                    |     |       |
| 265. | 1010  | 33 | JEFF COPE         | MADISON HEIGHTS VA | 154 | 34:58 |
| 433  | 47:40 |    | 1:22:38 1:22:42   |                    |     |       |
| 266. | 210   | 31 | NICHOLAS DERENZIS | LYNCHBURG VA       | 277 | 37:50 |
| 294  | 44:53 |    | 1:22:42 1:22:44   |                    |     |       |
| 267. | 930   | 53 | BLAIN WRENCH      | WINSTON SALEM NC   | 259 | 37:30 |
| 306  | 45:10 |    | 1:22:40 1:22:44   |                    |     |       |
| 268. | 125   | 20 | MARYBETH CARLSON  | LYNCHBURG VA       | 221 | 36:37 |
| 329  | 45:34 |    | 1:22:11 1:22:49   |                    |     |       |
| 269. | 630   | 24 | LORI PEELE        | LYNCHBURG VA       | 323 | 38:58 |
| 246  | 43:41 |    | 1:22:39 1:22:50   |                    |     |       |
| 270. | 116   | 53 | MARK BUSHING      | LYNCHBURG VA       | 243 | 37:18 |
| 317  | 45:24 |    | 1:22:41 1:22:52   |                    |     |       |
| 271. | 953   |    | TONY RINI         | LYNCHBURG VA       | 245 | 37:19 |
| 311  | 45:18 |    | 1:22:37 1:22:57   |                    |     |       |
| 272. | 384   | 45 | MATTHEW HILLMER   | COVINGTON VA       | 280 | 38:01 |
| 295  | 44:57 |    | 1:22:57 1:23:01   |                    |     |       |
| 273. | 626   | 17 | BEN PAYNE         | AMHERST VA         | 247 | 37:20 |
| 308  | 45:11 |    | 1:22:31 1:23:12   |                    |     |       |
| 274. | 944   | 23 | DANA ZINN         | LYNCHBURG VA       | 278 | 37:58 |
| 301  | 45:07 |    | 1:23:04 1:23:17   |                    |     |       |
| 275. | 307   | 33 | THOMAS GARDNER    | FOREST VA          | 324 | 39:01 |
| 252  | 43:44 |    | 1:22:45 1:23:19   |                    |     |       |
| 276. | 206   | 29 | JOSEPH DECIANTIS  | LYNCHBURG VA       | 445 | 40:58 |
| 192  | 42:05 |    | 1:23:03 1:23:23   |                    |     |       |
| 277. | 245   | 31 | KENT EDWARDS      | NEW YORK NY        | 209 | 36:17 |
| 385  | 46:57 |    | 1:23:14 1:23:26   |                    |     |       |
| 278. | 66    | 31 | KEVIN BERRY       | MADISON HEIGHTS VA | 283 | 38:10 |
| 300  | 45:06 |    | 1:23:16 1:23:29   |                    |     |       |
| 279. | 128   | 40 | HELLEN CARRINGTON | LYNCHBURG VA       | 281 | 38:03 |
| 283  | 44:45 |    | 1:22:48 1:23:31   |                    |     |       |
| 280. | 501   | 42 | ANDREW MADDOX     | FOREST VA          | 386 | 40:09 |
| 201  | 42:19 |    | 1:22:27 1:23:34   |                    |     |       |
| 281. | 399   | 39 | JEFF HUBBARD      | BEDFORD VA         | 240 | 37:15 |
| 304  | 45:09 |    | 1:22:23 1:23:34   |                    |     |       |
| 282. | 540   | 26 | DAVID MCDONALD    | LYNCHBURG VA       | 500 | 42:07 |
| 155  | 41:06 |    | 1:23:12 1:23:35   |                    |     |       |
| 283. | 217   | 18 | ALISON DILWORTH   | LYNCHBURG VA       | 249 | 37:21 |
| 337  | 45:39 |    | 1:23:00 1:23:37   |                    |     |       |
| 284. | 504   | 45 | KENNETH MADY      | CHARLOTTESVILLE VA | 338 | 39:17 |

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|------|-------|---------|--------------------|---------------------|-----|-------|
| 258  | 44:00 | 1:23:17 | 1:23:39            |                     |     |       |
| 285. | 352   | 31      | JERI HANES         | CHARLOTTESVILLE VA  | 239 | 37:13 |
| 371  | 46:24 | 1:23:36 | 1:23:41            |                     |     |       |
| 286. | 951   | 42      | LISA HANNELL       | LYNCHBURG VA        | 317 | 38:53 |
| 279  | 44:37 | 1:23:30 | 1:23:42            |                     |     |       |
| 287. | 387   | 24      | WILLIAM HIX        | LYNCHBURG VA        | 319 | 38:54 |
| 272  | 44:27 | 1:23:21 | 1:23:45            |                     |     |       |
| 288. | 394   | 49      | JON HOUSE          | FOREST VA           | 313 | 38:49 |
| 290  | 44:47 | 1:23:36 | 1:23:46            |                     |     |       |
| 289. | 808   | 29      | DAVID STUMP        | OLMSTED TOWNSHIP OH | 260 | 37:32 |
| 351  | 46:02 | 1:23:34 | 1:23:47            |                     |     |       |
| 290. | 73    | 37      | DANIEL BLACK       | SCOTTSVILLE VA      | 265 | 37:36 |
| 325  | 45:31 | 1:23:07 | 1:23:49            |                     |     |       |
| 291. | 1016  | 24      | JASON MARSTON      | LYNCHBURG VA        | 379 | 40:00 |
| 211  | 42:43 | 1:22:42 | 1:23:55            |                     |     |       |
| 292. | 909   | 35      | JEFF WILLIAMS      | LYNCHBURG VA        | 308 | 38:45 |
| 278  | 44:37 | 1:23:22 | 1:23:56            |                     |     |       |
| 293. | 695   | 46      | JIMMY ROUX         | LYNCHBURG VA        | 321 | 38:55 |
| 289  | 44:47 | 1:23:41 | 1:23:57            |                     |     |       |
| 294. | 706   | 43      | BRUCE SADLER       | CHESTERFIELD VA     | 250 | 37:22 |
| 322  | 45:30 | 1:22:51 | 1:23:58            |                     |     |       |
| 295. | 34    | 30      | RYAN AYRES         | LYNCHBURG VA        | 215 | 36:30 |
| 411  | 47:18 | 1:23:47 | 1:23:58            |                     |     |       |
| 296. | 906   | 52      | MICHAEL WILL       | LYNCHBURG VA        | 228 | 36:54 |
| 386  | 46:58 | 1:23:52 | 1:24:03            |                     |     |       |
| 297. | 430   | 25      | CHRISTIE JONES     | LYNCHBURG VA        | 267 | 37:37 |
| 348  | 45:59 | 1:23:36 | 1:24:05            |                     |     |       |
| 298. | 314   | 38      | CHRISTINE GENSLER  | CROZET VA           | 309 | 38:46 |
| 299  | 45:04 | 1:23:49 | 1:24:05            |                     |     |       |
| 299. | 361   | 50      | RICKY HARGIS       | ROXBORO NC          | 273 | 37:47 |
| 352  | 46:04 | 1:23:50 | 1:24:07            |                     |     |       |
| 300. | 356   | 38      | KEVIN HANSEN       | MONROE VA           | 274 | 37:47 |
| 310  | 45:18 | 1:23:05 | 1:24:07            |                     |     |       |
| 301. | 185   | 32      | JEFF CUNNINGHAM    | FOREST VA           | 329 | 39:05 |
| 287  | 44:47 | 1:23:52 | 1:24:08            |                     |     |       |
| 302. | 76    | 51      | JOHN BOGGESS       | CINCINNATI OH       | 299 | 38:32 |
| 293  | 44:53 | 1:23:24 | 1:24:10            |                     |     |       |
| 303. | 233   | 33      | ELIZABETH DUNCKLEE | MARTINEZ GA         | 269 | 37:39 |
| 369  | 46:24 | 1:24:03 | 1:24:18            |                     |     |       |
| 304. | 952   | 16      | GABRIEL BOSEN      | LYNCHBURG VA        | 238 | 37:10 |
| 392  | 47:02 | 1:24:11 | 1:24:22            |                     |     |       |

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|------|-------|---------|-------------------|--------------------|-----|-------|
| 305. | 818   | 44      | REX TALBOTT       | LYNCHBURG VA       | 318 | 38:53 |
| 315  | 45:23 | 1:24:16 | 1:24:22           |                    |     |       |
| 306. | 646   | 21      | JENNIFER PITTMAN  | SURRY VA           | 343 | 39:25 |
| 256  | 43:55 | 1:23:20 | 1:24:24           |                    |     |       |
| 307. | 223   | 25      | COLIN DOUCETTE    | WOODBIDGE VA       | 211 | 36:21 |
| 441  | 47:53 | 1:24:14 | 1:24:26           |                    |     |       |
| 308. | 601   | 43      | STEVE NICOLOSO    | MORRISTOWN NJ      | 230 | 37:02 |
| 387  | 46:59 | 1:24:00 | 1:24:32           |                    |     |       |
| 309. | 648   | 19      | DREW POCILUYKO    | BLACKSBURG VA      | 292 | 38:21 |
| 353  | 46:04 | 1:24:24 | 1:24:39           |                    |     |       |
| 310. | 950   | 26      | CALLIE SCUDDER    | MIDLOTHIAN VA      | 320 | 38:54 |
| 296  | 45:04 | 1:23:57 | 1:24:42           |                    |     |       |
| 311. | 902   | 45      | ELLEN WILEY       | LYNCHBURG VA       | 358 | 39:40 |
| 286  | 44:46 | 1:24:26 | 1:24:44           |                    |     |       |
| 312. | 768   | 28      | GAYLE SMITH       | CHARLOTTESVILLE VA | 405 | 40:24 |
| 230  | 43:13 | 1:23:36 | 1:24:48           |                    |     |       |
| 313. | 697   | 30      | KYLE RUDMAN       | CHARLOTTESVILLE VA | 407 | 40:24 |
| 229  | 43:12 | 1:23:36 | 1:24:48           |                    |     |       |
| 314. | 752   | 48      | KRISTIE SHROYER   | GOODE VA           | 339 | 39:17 |
| 319  | 45:25 | 1:24:42 | 1:24:50           |                    |     |       |
| 315. | 576   | 27      | SAMANTHA MITCHELL | BEDFORD VA         | 264 | 37:36 |
| 347  | 45:59 | 1:23:34 | 1:24:53           |                    |     |       |
| 316. | 78    | 51      | LISA BOMAN        | FOREST VA          | 326 | 39:04 |
| 334  | 45:38 | 1:24:42 | 1:24:58           |                    |     |       |
| 317. | 203   | 28      | ADRIA DAY         | LYNCHBURG VA       | 301 | 38:33 |
| 363  | 46:15 | 1:24:48 | 1:25:04           |                    |     |       |
| 318. | 204   | 30      | MATTHEW DAY       | LYNCHBURG VA       | 307 | 38:44 |
| 356  | 46:05 | 1:24:48 | 1:25:04           |                    |     |       |
| 319. | 168   | 48      | DAVID CORADAZZI   | LYNCHBURG VA       | 346 | 39:27 |
| 303  | 45:09 | 1:24:36 | 1:25:07           |                    |     |       |
| 320. | 512   | 40      | DAVID MANNING     | LYNCHBURG VA       | 312 | 38:49 |
| 357  | 46:05 | 1:24:54 | 1:25:07           |                    |     |       |
| 321. | 249   | 32      | ROSS ELLIS        | LYNCHBURG VA       | 268 | 37:39 |
| 407  | 47:14 | 1:24:53 | 1:25:10           |                    |     |       |
| 322. | 957   | 28      | SARA DAY          | GOODE VA           | 294 | 38:23 |
| 368  | 46:22 | 1:24:44 | 1:25:11           |                    |     |       |
| 323. | 961   | 34      | KEMP HOUCK        | LYNCHBURG VA       | 376 | 39:57 |
| 297  | 45:04 | 1:25:00 | 1:25:13           |                    |     |       |
| 324. | 584   | 57      | PEYTON MORGAN     | LYNCHBURG VA       | 347 | 39:28 |
| 309  | 45:13 | 1:24:41 | 1:25:14           |                    |     |       |
| 325. | 270   | 53      | ANDY FAULCONER    | MADISON HEIGHTS VA | 350 | 39:31 |
| 335  | 45:38 | 1:25:09 | 1:25:14           |                    |     |       |



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|------|-------|---------|----------------------|-----------------|-----|-------|
| 326. | 634   | 36      | BRAD PENNINGTON      | LYNCHBURG VA    | 419 | 40:42 |
| 234  | 43:17 | 1:23:59 | 1:25:15              |                 |     |       |
| 327. | 527   | 50      | MICHAEL MAURER       | ROANOKE VA      | 408 | 40:26 |
| 260  | 44:11 | 1:24:36 | 1:25:15              |                 |     |       |
| 328. | 522   | 44      | TODD MARTIN          | PALMYRA VA      | 371 | 39:51 |
| 318  | 45:24 | 1:25:14 | 1:25:16              |                 |     |       |
| 329. | 497   | 48      | GEORGE HOPE I LUPTON | LYNCHBURG VA    | 306 | 38:41 |
| 366  | 46:19 | 1:25:00 | 1:25:16              |                 |     |       |
| 330. | 652   | 40      | DECLAN PRATT         | LYNCHBURG VA    | 311 | 38:48 |
| 302  | 45:09 | 1:23:56 | 1:25:21              |                 |     |       |
| 331. | 709   | 19      | ADAM SAIENNI         | HOCKESSIN DE    | 194 | 35:56 |
| 514  | 49:16 | 1:25:12 | 1:25:23              |                 |     |       |
| 332. | 810   | 52      | GREGORY SULLIVAN     | LYNCHBURG VA    | 369 | 39:50 |
| 313  | 45:20 | 1:25:09 | 1:25:28              |                 |     |       |
| 333. | 31    | 40      | JEFF AULTICE         | LYNCHBURG VA    | 336 | 39:17 |
| 345  | 45:57 | 1:25:14 | 1:25:28              |                 |     |       |
| 334. | 831   | 33      | KEITH THOMPSON       | BEDFORD VA      | 349 | 39:28 |
| 339  | 45:41 | 1:25:09 | 1:25:34              |                 |     |       |
| 335. | 468   | 34      | JASON LANDES         | LYNCHBURG VA    | 314 | 38:50 |
| 320  | 45:25 | 1:24:15 | 1:25:35              |                 |     |       |
| 336. | 627   | 39      | LILA PEAKE           | LYNCHBURG VA    | 363 | 39:48 |
| 326  | 45:32 | 1:25:19 | 1:25:36              |                 |     |       |
| 337. | 605   | 44      | MAUREEN O'CONNELL    | LYNCHBURG VA    | 378 | 39:59 |
| 316  | 45:23 | 1:25:21 | 1:25:37              |                 |     |       |
| 338. | 760   | 32      | MICHAEL SLOAN        | LYNCHBURG VA    | 331 | 39:08 |
| 367  | 46:20 | 1:25:27 | 1:25:38              |                 |     |       |
| 339. | 136   | 54      | BILL CHAPIN          | LYNCHBURG VA    | 333 | 39:13 |
| 354  | 46:05 | 1:25:17 | 1:25:39              |                 |     |       |
| 340. | 46    | 43      | SUSAN BARNEY         | LYNCHBURG VA    | 341 | 39:22 |
| 362  | 46:15 | 1:25:37 | 1:25:43              |                 |     |       |
| 341. | 189   | 33      | MARY DALTON          | LYNCHBURG VA    | 370 | 39:51 |
| 327  | 45:32 | 1:25:22 | 1:25:44              |                 |     |       |
| 342. | 883   | 22      | LINDSAY WASHABAUGH   | CHAMBERSBURG PA | 344 | 39:25 |
| 323  | 45:30 | 1:24:55 | 1:25:59              |                 |     |       |
| 343. | 807   | 24      | MEG STUBSTAD         | LYNCHBURG VA    | 304 | 38:37 |
| 397  | 47:07 | 1:25:43 | 1:26:00              |                 |     |       |
| 344. | 625   | 32      | JASON PAVEY          | LYNCHBURG VA    | 434 | 40:50 |
| 261  | 44:12 | 1:25:01 | 1:26:02              |                 |     |       |
| 345. | 482   | 38      | LORI LEE             | LYNCHBURG VA    | 296 | 38:26 |
| 420  | 47:28 | 1:25:53 | 1:26:03              |                 |     |       |
| 346. | 267   | 40      | MICHAEL FARMER       | ADAMSTOWN MD    | 298 | 38:30 |

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|-------------|--------------|---------------|-------------------------------|-----------------------|-----|-------|
| 414         | 47:22        | 1:25:51       | 1:26:05                       |                       |     |       |
| 347.<br>291 | 298<br>44:48 | 48<br>1:25:54 | GEORGE GAINES<br>1:26:09      | VICTORIA VA           | 450 | 41:07 |
| 348.<br>479 | 525<br>48:44 | 58<br>1:26:04 | HAROLD MASSIE<br>1:26:10      | MADISON HEIGHTS VA    | 248 | 37:21 |
| 349.<br>314 | 762<br>45:20 | 19<br>1:25:57 | SARA SLOMAN<br>1:26:13        | LYNCHBURG VA          | 413 | 40:37 |
| 350.<br>402 | 351<br>47:09 | 40<br>1:25:44 | KYLE HAMMERSMITH<br>1:26:15   | LYNCHBURG VA          | 302 | 38:36 |
| 351.<br>285 | 962<br>44:46 | 48<br>1:25:58 | CAREY BAGDASSARIAN<br>1:26:16 | WILLIAMSBURG VA       | 457 | 41:13 |
| 352.<br>288 | 359<br>44:47 | 36<br>1:25:59 | ELIZABETH HARBRON<br>1:26:17  | WILLIAMSBURG VA       | 455 | 41:13 |
| 353.<br>281 | 660<br>44:44 | 46<br>1:25:30 | LOLA PROVENZOLA<br>1:26:19    | LYNCHBURG VA          | 428 | 40:46 |
| 354.<br>456 | 479<br>48:22 | 39<br>1:26:10 | C.K. LEAMON<br>1:26:24        | LYNCHBURG VA          | 276 | 37:48 |
| 355.<br>364 | 778<br>46:15 | 43<br>1:26:04 | TOM SPANGENBERG<br>1:26:25    | FOREST VA             | 366 | 39:49 |
| 356.<br>340 | 330<br>45:45 | 31<br>1:26:00 | MACKENZIE GOSS<br>1:26:25     | LYNCHBURG VA          | 396 | 40:15 |
| 357.<br>321 | 258<br>45:26 | 18<br>1:25:26 | BETHANY EUHUS<br>1:26:25      | LYNCHBURG VA          | 380 | 40:00 |
| 358.<br>305 | 296<br>45:10 | 26<br>1:26:06 | MARK FURLER<br>1:26:27        | LYNCHBURG VA          | 441 | 40:56 |
| 359.<br>393 | 88<br>47:04  | 40<br>1:26:18 | DAVID BRANDT<br>1:26:28       | CHICAGO IL            | 334 | 39:14 |
| 360.<br>396 | 93<br>47:07  | 48<br>1:26:11 | BILL BRINCEFIELD<br>1:26:29   | BAHAMA NC             | 327 | 39:05 |
| 361.<br>324 | 754<br>45:31 | 21<br>1:25:53 | RACHEL SIBLEY<br>1:26:33      | LYNCHBURG VA          | 404 | 40:22 |
| 362.<br>307 | 684<br>45:11 | 45<br>1:26:04 | DOUGLAS RINGLER<br>1:26:33    | MONTGOMERY VILLAGE MD | 437 | 40:54 |
| 363.<br>346 | 475<br>45:58 | 34<br>1:25:41 | RODNEY LAUGHON<br>1:26:34     | LYNCHBURG VA          | 361 | 39:43 |
| 364.<br>342 | 264<br>45:49 | 44<br>1:26:07 | CINDY FALLON<br>1:26:36       | ROANOKE VA            | 399 | 40:18 |
| 365.<br>282 | 714<br>44:44 | 33<br>1:25:30 | JEREMIAH SANOM<br>1:26:36     | DANVILLE VA           | 426 | 40:46 |
| 366.<br>394 | 842<br>47:04 | 36<br>1:26:37 | GREG TOONE<br>1:26:39         | LYNCHBURG VA          | 352 | 39:33 |

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|------|-------|----|-----------------------|-----------------|-----|-------|
| 367. | 834   | 30 | ADAMS TIA             | WASHINGTON DC   | 348 | 39:28 |
| 378  | 46:38 |    | 1:26:05 1:26:44       |                 |     |       |
| 368. | 422   | 48 | SUSAN JENNINGS        | BLUEMONT VA     | 328 | 39:05 |
| 422  | 47:28 |    | 1:26:33 1:26:45       |                 |     |       |
| 369. | 178   | 40 | JEANNE CRAIG          | GOODE VA        | 335 | 39:14 |
| 406  | 47:12 |    | 1:26:26 1:26:50       |                 |     |       |
| 370. | 10    | 24 | CATHERINE ADAMS       | LYNCHBURG VA    | 420 | 40:43 |
| 343  | 45:51 |    | 1:26:34 1:26:51       |                 |     |       |
| 371. | 104   | 37 | NATHAN BROWN          | HILLSBOROUGH NC | 529 | 42:42 |
| 248  | 43:42 |    | 1:26:24 1:26:54       |                 |     |       |
| 372. | 1023  | 19 | COLE ERICHSON         | CLIFTON VA      | 284 | 38:11 |
| 487  | 48:46 |    | 1:26:57 1:26:58       |                 |     |       |
| 373. | 707   | 43 | KARLA SADLER          | ATLANTA GA      | 340 | 39:21 |
| 374  | 46:31 |    | 1:25:51 1:26:58       |                 |     |       |
| 374. | 857   | 54 | JOHN VADNAL           | FOREST VA       | 422 | 40:45 |
| 350  | 46:00 |    | 1:26:44 1:27:04       |                 |     |       |
| 375. | 937   | 42 | SAM YEATTS            | LYNCHBURG VA    | 359 | 39:43 |
| 403  | 47:10 |    | 1:26:52 1:27:06       |                 |     |       |
| 376. | 492   | 36 | LEIGH-ASHLEY LIPSCOMB | LYNCHBURG VA    | 397 | 40:16 |
| 360  | 46:09 |    | 1:26:25 1:27:06       |                 |     |       |
| 377. | 560   | 40 | MICHAEL MERHOLZ       | LYNCHBURG VA    | 421 | 40:44 |
| 358  | 46:08 |    | 1:26:51 1:27:10       |                 |     |       |
| 378. | 903   | 37 | DUSTIN WILHOIT        | APPOMATTOX VA   | 342 | 39:23 |
| 389  | 47:00 |    | 1:26:22 1:27:14       |                 |     |       |
| 379. | 221   | 38 | MARK DORR             | MONROE VA       | 469 | 41:31 |
| 328  | 45:33 |    | 1:27:03 1:27:15       |                 |     |       |
| 380. | 83    | 48 | CINDI BOWEN           | AMHERST VA      | 381 | 40:01 |
| 404  | 47:11 |    | 1:27:11 1:27:23       |                 |     |       |
| 381. | 946   | 41 | LORI ZUBROSKI         | LYNCHBURG VA    | 354 | 39:38 |
| 437  | 47:44 |    | 1:27:22 1:27:25       |                 |     |       |
| 382. | 459   | 37 | KARLA KRAMER          | ADELPHI MD      | 464 | 41:28 |
| 331  | 45:36 |    | 1:27:03 1:27:29       |                 |     |       |
| 383. | 396   | 33 | JOHN HOWARD           | LYNCHBURG VA    | 337 | 39:17 |
| 418  | 47:26 |    | 1:26:43 1:27:36       |                 |     |       |
| 384. | 738   | 43 | MARK SHEEHAN          | LYNCHBURG VA    | 412 | 40:34 |
| 370  | 46:24 |    | 1:26:57 1:27:37       |                 |     |       |
| 385. | 835   | 42 | CRAIG TILLER          | FOREST VA       | 270 | 37:40 |
| 524  | 49:28 |    | 1:27:07 1:27:42       |                 |     |       |
| 386. | 753   | 41 | RICHARD C. SHUPE      | FOREST VA       | 416 | 40:39 |
| 380  | 46:50 |    | 1:27:28 1:27:43       |                 |     |       |
| 387. | 458   | 39 | SCOTT KOWALSKI        | LYNCHBURG VA    | 345 | 39:25 |
| 431  | 47:37 |    | 1:27:02 1:27:46       |                 |     |       |

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|------|-------|---------|--------------------|---------------------|-----|-------|
| 388. | 763   | 22      | RYAN SMALL         | COLONIAL HEIGHTS VA | 533 | 42:44 |
| 266  | 44:21 | 1:27:05 | 1:27:53            |                     |     |       |
| 389. | 177   | 50      | SUSAN CRABTREE     | LYNCHBURG VA        | 452 | 41:10 |
| 376  | 46:37 | 1:27:46 | 1:27:56            |                     |     |       |
| 390. | 329   | 19      | CARRIE GORDEN      | INDIANAPOLIS IN     | 325 | 39:03 |
| 485  | 48:45 | 1:27:48 | 1:27:58            |                     |     |       |
| 391. | 621   | 23      | ANDREW PATTERSON   | LYNCHBURG VA        | 477 | 41:42 |
| 344  | 45:54 | 1:27:36 | 1:27:58            |                     |     |       |
| 392. | 689   | 57      | AMY ROCKHILL       | ROANOKE VA          | 373 | 39:53 |
| 439  | 47:48 | 1:27:40 | 1:28:00            |                     |     |       |
| 393. | 916   | 64      | JOHN WILT          | DANVILLE VA         | 411 | 40:31 |
| 413  | 47:22 | 1:27:53 | 1:28:00            |                     |     |       |
| 394. | 791   | 35      | SHELLEY STEPHENS   | EVINGTON VA         | 357 | 39:40 |
| 451  | 48:17 | 1:27:57 | 1:28:01            |                     |     |       |
| 395. | 790   | 37      | MARK STEPHENS      | EVINGTON VA         | 356 | 39:40 |
| 452  | 48:18 | 1:27:57 | 1:28:02            |                     |     |       |
| 396. | 747   | 46      | STEVE SHIELDS      | FOREST VA           | 395 | 40:15 |
| 417  | 47:24 | 1:27:38 | 1:28:04            |                     |     |       |
| 397. | 39    | 35      | ZACH BALDRIDGE     | RUSTBURG VA         | 402 | 40:21 |
| 416  | 47:23 | 1:27:44 | 1:28:04            |                     |     |       |
| 398. | 1008  | 24      | SARAH GRUBER       | CHARLOTTESVILLE VA  | 409 | 40:27 |
| 336  | 45:39 | 1:26:05 | 1:28:05            |                     |     |       |
| 399. | 297   | 25      | PHILIPP GABATHULER | LYNCHBURG VA        | 494 | 42:02 |
| 298  | 45:04 | 1:27:05 | 1:28:08            |                     |     |       |
| 400. | 668   | 56      | MARC RASKIN        | PAMPLIN VA          | 332 | 39:11 |
| 484  | 48:45 | 1:27:55 | 1:28:09            |                     |     |       |
| 401. | 806   | 38      | KEVIN STRUBLE      | LYNCHBURG VA        | 418 | 40:42 |
| 398  | 47:07 | 1:27:49 | 1:28:10            |                     |     |       |
| 402. | 312   | 40      | GARRY GELLERT      | LYNCHBURG VA        | 564 | 43:40 |
| 262  | 44:15 | 1:27:54 | 1:28:10            |                     |     |       |
| 403. | 859   | 25      | BRIAN VAUGHAN      | SOUTH BOSTON VA     | 353 | 39:35 |
| 445  | 47:55 | 1:27:30 | 1:28:10            |                     |     |       |
| 404. | 109   | 51      | PAUL BRYANT        | FOREST VA           | 377 | 39:57 |
| 440  | 47:53 | 1:27:50 | 1:28:12            |                     |     |       |
| 405. | 216   | 35      | NINA DILLON        | LYNCHBURG VA        | 375 | 39:56 |
| 447  | 48:02 | 1:27:57 | 1:28:14            |                     |     |       |
| 406. | 673   | 31      | STACEY REIGHARD    | FOREST VA           | 400 | 40:19 |
| 401  | 47:08 | 1:27:26 | 1:28:17            |                     |     |       |
| 407. | 694   | 21      | BRITTANY ROTH      | LYNCHBURG VA        | 401 | 40:20 |
| 399  | 47:07 | 1:27:27 | 1:28:17            |                     |     |       |
| 408. | 997   | 58      | GLENN MEADOWS      | LYNCHBURG VA        | 474 | 41:38 |

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|------|-------|---------|-------------------|--------------------|-----|-------|
| 355  | 46:05 | 1:27:42 | 1:28:23           |                    |     |       |
| 409. | 75    | 24      | SARAH BLOOM       | DANVILLE VA        | 414 | 40:38 |
| 395  | 47:05 | 1:27:42 | 1:28:23           |                    |     |       |
| 410. | 480   | 49      | CHARLES LEE       | FOREST VA          | 461 | 41:18 |
| 375  | 46:33 | 1:27:51 | 1:28:28           |                    |     |       |
| 411. | 911   | 53      | MIKE WILLIAMS     | ROANOKE VA         | 368 | 39:50 |
| 427  | 47:36 | 1:27:26 | 1:28:32           |                    |     |       |
| 412. | 112   | 40      | MIKE BUEHRER      | CHRISTIANSBURG VA  | 315 | 38:51 |
| 530  | 49:33 | 1:28:24 | 1:28:36           |                    |     |       |
| 413. | 764   | 42      | ANTHONY SMITH     | BEDFORD VA         | 382 | 40:01 |
| 436  | 47:43 | 1:27:44 | 1:28:44           |                    |     |       |
| 414. | 722   | 58      | STEVE SCHEWEL     | DURHAM NC          | 475 | 41:40 |
| 373  | 46:25 | 1:28:04 | 1:28:45           |                    |     |       |
| 415. | 469   | 26      | JESSICA LANE INGE | LYNCHBURG VA       | 424 | 40:46 |
| 426  | 47:36 | 1:28:21 | 1:28:48           |                    |     |       |
| 416. | 374   | 27      | PETER HENRY       | FOREST VA          | 451 | 41:08 |
| 379  | 46:44 | 1:27:51 | 1:28:50           |                    |     |       |
| 417. | 669   | 28      | SHAUN REDGATE     | CHARLOTTESVILLE VA | 480 | 41:45 |
| 372  | 46:24 | 1:28:09 | 1:28:53           |                    |     |       |
| 418. | 150   | 16      | CRISTEN COLEMAN   | EVINGTON VA        | 393 | 40:14 |
| 470  | 48:34 | 1:28:47 | 1:28:56           |                    |     |       |
| 419. | 465   | 16      | DREW LAMARTINA    | LYNCHBURG VA       | 392 | 40:13 |
| 473  | 48:34 | 1:28:47 | 1:28:56           |                    |     |       |
| 420. | 641   | 28      | JEREMY PHILLIPS   | LYNCHBURG VA       | 423 | 40:45 |
| 429  | 47:37 | 1:28:21 | 1:28:57           |                    |     |       |
| 421. | 921   | 28      | J.T. WITT         | LYNCHBURG VA       | 425 | 40:46 |
| 430  | 47:37 | 1:28:22 | 1:28:58           |                    |     |       |
| 422. | 274   | 48      | MICHAEL FERGUSON  | BRONX NY           | 436 | 40:53 |
| 412  | 47:19 | 1:28:12 | 1:28:59           |                    |     |       |
| 423. | 237   | 24      | MIKE EAMES        | MADISON HEIGHTS VA | 410 | 40:30 |
| 428  | 47:37 | 1:28:06 | 1:29:01           |                    |     |       |
| 424. | 386   | 25      | HANNAH HINKSON    | FOREST VA          | 443 | 40:57 |
| 444  | 47:54 | 1:28:51 | 1:29:02           |                    |     |       |
| 425. | 262   | 35      | VICKY EVANS       | GOODE VA           | 388 | 40:10 |
| 497  | 48:53 | 1:29:03 | 1:29:08           |                    |     |       |
| 426. | 301   | 50      | SKIP GALT         | RUSTBURG VA        | 453 | 41:12 |
| 419  | 47:28 | 1:28:39 | 1:29:09           |                    |     |       |
| 427. | 11    | 66      | JULIAN ADAMS      | LYNCHBURG VA       | 305 | 38:39 |
| 558  | 50:19 | 1:28:57 | 1:29:09           |                    |     |       |
| 428. | 967   | 51      | DEBROAH MOSELEY   | FOREST VA          | 447 | 41:03 |
| 425  | 47:35 | 1:28:38 | 1:29:10           |                    |     |       |

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|-------------|---------------|----|---------------------------------------|---------------|-----|-------|
| 429.<br>333 | 635<br>45:37  | 33 | KEELING PENNINGTON<br>1:27:55 1:29:10 | LYNCHBURG VA  | 511 | 42:18 |
| 430.<br>382 | 230<br>46:55  | 19 | LAURA DRISCOLL<br>1:28:25 1:29:13     | SURRY ME      | 468 | 41:30 |
| 431.<br>555 | 8<br>50:12    | 35 | MATT ADAMO<br>1:29:04 1:29:16         | BLACKSBURG VA | 316 | 38:52 |
| 432.<br>522 | 56<br>49:28   | 48 | JILL BECK<br>1:29:07 1:29:16          | SPARKS MD     | 355 | 39:39 |
| 433.<br>405 | 523<br>47:11  | 40 | TONY MARTIN<br>1:28:26 1:29:19        | APPOMATTOX VA | 458 | 41:16 |
| 434.<br>381 | 644<br>46:54  | 50 | ROBERT PIERCE<br>1:28:56 1:29:24      | LYNCHBURG VA  | 496 | 42:02 |
| 435.<br>275 | 910<br>44:32  | 21 | MATTHEW WILLIAMS<br>1:28:14 1:29:25   | LYNCHBURG VA  | 565 | 43:42 |
| 436.<br>457 | 813<br>48:23  | 37 | JEREMY SUMPMAN<br>1:28:14 1:29:27     | LYNCHBURG VA  | 372 | 39:51 |
| 437.<br>423 | 354<br>47:29  | 35 | CHRIS HANSEN<br>1:28:25 1:29:28       | FOREST VA     | 442 | 40:56 |
| 438.<br>459 | 1019<br>48:26 | 31 | STEPHEN LAMANNA<br>1:28:14 1:29:28    | FOREST VA     | 365 | 39:49 |
| 439.<br>312 | 868<br>45:19  | 55 | WHITNEY VINCENT<br>1:28:19 1:29:28    | ASHBURN VA    | 547 | 43:00 |
| 440.<br>482 | 90<br>48:44   | 65 | BEN BRENNEMAN<br>1:28:30 1:29:31      | LYNCHBURG VA  | 362 | 39:46 |
| 441.<br>446 | 446<br>48:01  | 33 | SCOTT KIRKWOOD<br>1:28:57 1:29:31     | LYNCHBURG VA  | 440 | 40:56 |
| 442.<br>462 | 395<br>48:27  | 33 | ADRIENNE HOWARD<br>1:28:37 1:29:31    | LYNCHBURG VA  | 387 | 40:10 |
| 443.<br>400 | 366<br>47:07  | 70 | TOMMY HARRIS<br>1:28:53 1:29:32       | LYNCHBURG VA  | 481 | 41:46 |
| 444.<br>501 | 960<br>48:56  | 54 | WIN IMRON<br>1:29:07 1:29:32          | FOREST VA     | 390 | 40:11 |
| 445.<br>421 | 546<br>47:28  | 50 | YVONNE MCMAHON<br>1:28:43 1:29:33     | LYNCHBURG VA  | 460 | 41:16 |
| 446.<br>455 | 564<br>48:21  | 26 | KATHRYN MIDKIFF<br>1:29:09 1:29:35    | LYNCHBURG VA  | 431 | 40:48 |
| 447.<br>454 | 993<br>48:21  | 38 | JEFF COLEMAN<br>1:29:23 1:29:37       | FOREST VA     | 448 | 41:03 |
| 448.<br>383 | 569<br>46:56  | 53 | CAUDILL MILLER<br>1:29:16 1:29:39     | MONTGOMERY AL | 514 | 42:20 |
| 449.<br>384 | 892<br>46:57  | 25 | PHILIP WEIZENECKER<br>1:29:16 1:29:39 | LYNCHBURG VA  | 513 | 42:19 |

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|------|-------|----|----------------------|-------------------|-----|-------|
| 450. | 618   | 40 | JAY PARKER           | LYNCHBURG VA      | 446 | 40:58 |
| 474  | 48:36 |    | 1:29:34 1:29:41      |                   |     |       |
| 451. | 48    | 29 | AMANDA BARNHART      | LYNCHBURG VA      | 490 | 41:56 |
| 377  | 46:37 |    | 1:28:33 1:29:41      |                   |     |       |
| 452. | 574   | 30 | MATTHEW MITCHELL     | BEDFORD VA        | 427 | 40:46 |
| 432  | 47:39 |    | 1:28:24 1:29:43      |                   |     |       |
| 453. | 884   | 27 | JENNIFER WASHBURN    | LYNCHBURG VA      | 449 | 41:04 |
| 475  | 48:37 |    | 1:29:40 1:29:45      |                   |     |       |
| 454. | 553   | 27 | MICHELLE MEEKS       | LYNCHBURG VA      | 489 | 41:55 |
| 409  | 47:17 |    | 1:29:12 1:29:48      |                   |     |       |
| 455. | 50    | 24 | LIZ BARRY            | LYNCHBURG VA      | 383 | 40:03 |
| 506  | 49:03 |    | 1:29:06 1:29:48      |                   |     |       |
| 456. | 234   | 32 | GEOFF DUNCKLEE       | MARTINEZ GA       | 310 | 38:47 |
| 576  | 50:48 |    | 1:29:34 1:29:51      |                   |     |       |
| 457. | 973   | 47 | DAVID GARDNER        | FOREST VA         | 551 | 43:09 |
| 338  | 45:40 |    | 1:28:49 1:29:55      |                   |     |       |
| 458. | 759   | 30 | MARY SLOAN           | LYNCHBURG VA      | 435 | 40:53 |
| 495  | 48:52 |    | 1:29:44 1:29:55      |                   |     |       |
| 459. | 159   | 27 | MATTHEW CONNER       | LYNCHBURG VA      | 322 | 38:57 |
| 573  | 50:44 |    | 1:29:40 1:29:56      |                   |     |       |
| 460. | 28    | 19 | EMILY ANGELL         | LYNCHBURG VA      | 432 | 40:50 |
| 494  | 48:52 |    | 1:29:41 1:29:56      |                   |     |       |
| 461. | 117   | 48 | MORRIS BYRAM         | FOREST VA         | 389 | 40:11 |
| 496  | 48:52 |    | 1:29:03 1:29:57      |                   |     |       |
| 462. | 64    | 44 | ROBERT BERREY        | MADISON VA        | 367 | 39:49 |
| 518  | 49:21 |    | 1:29:10 1:29:57      |                   |     |       |
| 463. | 63    | 19 | MAGGIE BERREY        | MADISON VA        | 364 | 39:49 |
| 519  | 49:21 |    | 1:29:09 1:29:57      |                   |     |       |
| 464. | 266   | 44 | GREGORY FARMER       | LYNCHBURG VA      | 433 | 40:50 |
| 491  | 48:47 |    | 1:29:36 1:29:58      |                   |     |       |
| 465. | 773   | 29 | CLELL SMYTH          | LYNCHBURG VA      | 415 | 40:39 |
| 415  | 47:22 |    | 1:28:01 1:30:01      |                   |     |       |
| 466. | 730   | 42 | HELENE SEGURA        | LYNCHBURG VA      | 398 | 40:18 |
| 533  | 49:36 |    | 1:29:53 1:30:03      |                   |     |       |
| 467. | 992   | 47 | DICKIE BEALE         | FOREST VA         | 394 | 40:15 |
| 532  | 49:36 |    | 1:29:50 1:30:03      |                   |     |       |
| 468. | 144   | 42 | CHRISTOPHER CLEMMONS | CHAPEL HILL NC    | 471 | 41:32 |
| 448  | 48:04 |    | 1:29:36 1:30:06      |                   |     |       |
| 469. | 344   | 40 | PATRICK GUZIK        | MECHANICSVILLE VA | 429 | 40:48 |
| 490  | 48:47 |    | 1:29:34 1:30:09      |                   |     |       |
| 470. | 68    | 20 | TIM BEUERLE JR.      | LYNCHBURG VA      | 391 | 40:12 |

|      |       |         |                     |               |     |       |
|------|-------|---------|---------------------|---------------|-----|-------|
| 529  | 49:33 | 1:29:45 | 1:30:12             |               |     |       |
| 471. | 687   | 38      | DAVID ROBERTS       | LYNCHBURG VA  | 360 | 39:43 |
| 538  | 49:49 | 1:29:31 | 1:30:13             |               |     |       |
| 472. | 559   | 26      | AARON MENG          | LYNCHBURG VA  | 403 | 40:22 |
| 534  | 49:42 | 1:30:04 | 1:30:14             |               |     |       |
| 473. | 201   | 40      | DAVID DAWSON        | LYNCHBURG VA  | 467 | 41:29 |
| 443  | 47:54 | 1:29:22 | 1:30:16             |               |     |       |
| 474. | 481   | 37      | GEORGE LEE          | LYNCHBURG VA  | 430 | 40:48 |
| 463  | 48:27 | 1:29:15 | 1:30:18             |               |     |       |
| 475. | 425   | 38      | CHRIS E. JOHNSON    | CONCORD VA    | 492 | 41:59 |
| 410  | 47:17 | 1:29:16 | 1:30:19             |               |     |       |
| 476. | 226   | 44      | RENEE DRANEY        | FOREST VA     | 470 | 41:32 |
| 468  | 48:33 | 1:30:05 | 1:30:19             |               |     |       |
| 477. | 853   | 38      | KENNETH TURNER      | FOREST VA     | 465 | 41:28 |
| 488  | 48:46 | 1:30:14 | 1:30:29             |               |     |       |
| 478. | 996   | 23      | CATHERINE GALVAN    | LYNCHBURG VA  | 417 | 40:42 |
| 509  | 49:09 | 1:29:50 | 1:30:31             |               |     |       |
| 479. | 833   | 43      | KAREN THORSETT-HILL | NEW LONDON NC | 498 | 42:04 |
| 438  | 47:47 | 1:29:51 | 1:30:32             |               |     |       |
| 480. | 485   | 16      | FIONA LEITCH        | LYNCHBURG VA  | 456 | 41:13 |
| 466  | 48:33 | 1:29:45 | 1:30:40             |               |     |       |
| 481. | 972   | 44      | ANDY ASHCOFT        | LYNCHBURG VA  | 454 | 41:12 |
| 472  | 48:34 | 1:29:46 | 1:30:40             |               |     |       |
| 482. | 975   | 62      | PHIL FORCEY         | LYNCHBURG VA  | 611 | 44:45 |
| 330  | 45:36 | 1:30:21 | 1:30:46             |               |     |       |
| 483. | 1029  | 18      | ROBERT ELKINS       | CONCORD VA    | 374 | 39:53 |
| 570  | 50:32 | 1:30:25 | 1:30:49             |               |     |       |
| 484. | 1002  | 46      | BRUCE ROYER         | LYNCHBURG VA  | 484 | 41:48 |
| 476  | 48:38 | 1:30:25 | 1:30:59             |               |     |       |
| 485. | 929   | 36      | ERIKA WRAY          | LYNCHBURG VA  | 483 | 41:47 |
| 483  | 48:45 | 1:30:31 | 1:31:00             |               |     |       |
| 486. | 700   | 25      | TONIA RUTHERFORD    | LYNCHBURG VA  | 406 | 40:24 |
| 545  | 50:03 | 1:30:26 | 1:31:01             |               |     |       |
| 487. | 918   | 45      | ALEX WINSTEAD       | LYNCHBURG VA  | 472 | 41:36 |
| 498  | 48:53 | 1:30:28 | 1:31:03             |               |     |       |
| 488. | 715   | 46      | JOHN SARVER         | AMHERST VA    | 497 | 42:03 |
| 458  | 48:24 | 1:30:27 | 1:31:05             |               |     |       |
| 489. | 94    | 26      | ERIN BROMLEY        | APPOMATTOX VA | 502 | 42:09 |
| 460  | 48:26 | 1:30:35 | 1:31:16             |               |     |       |
| 490. | 653   | 44      | JOE PRESTON         | RALEIGH NC    | 521 | 42:29 |
| 465  | 48:31 | 1:31:00 | 1:31:18             |               |     |       |



|      |       |    |                     |                    |     |       |
|------|-------|----|---------------------|--------------------|-----|-------|
| 491. | 692   | 35 | EUNICE ROJAS        | LYNCHBURG VA       | 558 | 43:29 |
| 388  | 46:59 |    | 1:30:27 1:31:19     |                    |     |       |
| 492. | 647   | 19 | CARLY PLEINES       | LYNCHBURG VA       | 385 | 40:05 |
| 587  | 51:06 |    | 1:31:10 1:31:20     |                    |     |       |
| 493. | 209   | 43 | TOM DELOREY         | LYNCHBURG VA       | 482 | 41:47 |
| 513  | 49:14 |    | 1:31:00 1:31:21     |                    |     |       |
| 494. | 1017  | 46 | YESLT KHANNA        | FOREST VA          | 444 | 40:57 |
| 549  | 50:04 |    | 1:31:01 1:31:21     |                    |     |       |
| 495. | 526   | 19 | BRITTANY MATHESON   | BRISTOL VA         | 562 | 43:38 |
| 390  | 47:01 |    | 1:30:38 1:31:26     |                    |     |       |
| 496. | 508   | 25 | MATTHEW MALLORY     | LYNCHBURG VA       | 522 | 42:30 |
| 467  | 48:33 |    | 1:31:03 1:31:28     |                    |     |       |
| 497. | 869   | 27 | HEATHER VOZEL       | LYNCHBURG VA       | 473 | 41:36 |
| 531  | 49:33 |    | 1:31:09 1:31:28     |                    |     |       |
| 498. | 429   | 54 | BLAIR JONES         | GREENWOOD VA       | 603 | 44:39 |
| 361  | 46:09 |    | 1:30:48 1:31:33     |                    |     |       |
| 499. | 152   | 40 | KENT COLLING        | FOREST VA          | 488 | 41:55 |
| 515  | 49:17 |    | 1:31:12 1:31:34     |                    |     |       |
| 500. | 157   | 20 | ISAAC CONDE         | LYNCHBURG VA       | 485 | 41:51 |
| 435  | 47:43 |    | 1:29:33 1:31:41     |                    |     |       |
| 501. | 240   | 27 | ROB EDELSON         | CHARLOTTESVILLE VA | 491 | 41:59 |
| 502  | 48:57 |    | 1:30:55 1:31:45     |                    |     |       |
| 502. | 845   | 34 | SUNDAY TOWLES       | FOREST VA          | 525 | 42:32 |
| 500  | 48:56 |    | 1:31:28 1:31:48     |                    |     |       |
| 503. | 914   | 25 | COURTNEY WILLIAMSON | LYNCHBURG VA       | 459 | 41:16 |
| 559  | 50:19 |    | 1:31:34 1:31:51     |                    |     |       |
| 504. | 562   | 30 | ROSS MEYER          | LYNCHBURG VA       | 620 | 44:58 |
| 349  | 45:59 |    | 1:30:57 1:31:55     |                    |     |       |
| 505. | 268   | 66 | GIRVIS FARRAR       | BASKERVILLE VA     | 508 | 42:15 |
| 528  | 49:32 |    | 1:31:47 1:31:56     |                    |     |       |
| 506. | 476   | 49 | DAVID LAW           | HARRISONBURG VA    | 532 | 42:44 |
| 489  | 48:47 |    | 1:31:31 1:32:01     |                    |     |       |
| 507. | 658   | 30 | SAM PRICE           | LYNCHBURG VA       | 462 | 41:20 |
| 551  | 50:05 |    | 1:31:25 1:32:01     |                    |     |       |
| 508. | 858   | 43 | TIM VAN VOORHIS     | LYNCHBURG VA       | 631 | 45:12 |
| 365  | 46:18 |    | 1:31:29 1:32:03     |                    |     |       |
| 509. | 340   | 37 | KERRI GROVE         | LYNCHBURG VA       | 439 | 40:56 |
| 583  | 51:02 |    | 1:31:58 1:32:03     |                    |     |       |
| 510. | 612   | 29 | SAMANTHA OVERSTREET | LYNCHBURG VA       | 519 | 42:24 |
| 504  | 48:58 |    | 1:31:21 1:32:03     |                    |     |       |
| 511. | 29    | 47 | VICTOR ANGELL       | LYNCHBURG VA       | 479 | 41:44 |
| 550  | 50:05 |    | 1:31:49 1:32:04     |                    |     |       |

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|------|-------|----|-----------------|--------------------|-----|-------|
| 512. | 319   | 36 | RUTH GILLESPIE  | FOREST VA          | 541 | 42:53 |
| 461  | 48:27 |    | 1:31:19 1:32:11 |                    |     |       |
| 513. | 464   | 38 | BRIAN LAFRATTA  | LYNCHBURG VA       | 609 | 44:44 |
| 408  | 47:16 |    | 1:32:00 1:32:13 |                    |     |       |
| 514. | 861   | 38 | ALLIE VERED     | RICHMOND VA        | 527 | 42:40 |
| 499  | 48:55 |    | 1:31:35 1:32:17 |                    |     |       |
| 515. | 681   | 59 | EDWIN RIDOUT    | STAFFORD VA        | 520 | 42:27 |
| 520  | 49:27 |    | 1:31:53 1:32:19 |                    |     |       |
| 516. | 402   | 33 | CRAIG HUDSON    | BASKERVILLE VA     | 478 | 41:43 |
| 562  | 50:23 |    | 1:32:06 1:32:20 |                    |     |       |
| 517. | 765   | 47 | CHAD SMITH      | BEDFORD VA         | 560 | 43:37 |
| 464  | 48:31 |    | 1:32:07 1:32:24 |                    |     |       |
| 518. | 409   | 30 | CHRISSEY HUNTER | WAYNESBORO VA      | 571 | 43:46 |
| 424  | 47:33 |    | 1:31:18 1:32:30 |                    |     |       |
| 519. | 696   | 41 | BILL RUDELIS    | LYNCHBURG VA       | 493 | 42:01 |
| 511  | 49:11 |    | 1:31:12 1:32:32 |                    |     |       |
| 520. | 733   | 40 | EMILY SHAFFER   | MOUNT SIDNEY VA    | 543 | 42:54 |
| 480  | 48:44 |    | 1:31:37 1:32:47 |                    |     |       |
| 521. | 776   | 51 | KENNETH SOO     | DURHAM NC          | 539 | 42:52 |
| 516  | 49:18 |    | 1:32:10 1:32:49 |                    |     |       |
| 522. | 774   | 58 | BARRY SNEAD     | DANVILLE VA        | 504 | 42:12 |
| 567  | 50:30 |    | 1:32:42 1:32:51 |                    |     |       |
| 523. | 494   | 68 | TERRY LOGAN     | LYNCHBURG VA       | 545 | 42:55 |
| 507  | 49:04 |    | 1:31:59 1:32:53 |                    |     |       |
| 524. | 134   | 44 | MARI CEDILLO    | FOREST VA          | 556 | 43:26 |
| 505  | 49:01 |    | 1:32:26 1:32:56 |                    |     |       |
| 525. | 828   | 40 | LISA THOMAS     | LYNCHBURG VA       | 568 | 43:44 |
| 492  | 48:49 |    | 1:32:33 1:32:56 |                    |     |       |
| 526. | 141   | 40 | JENNIFER CHURCH | FREDERICKSBURG VA  | 516 | 42:21 |
| 539  | 49:51 |    | 1:32:11 1:33:03 |                    |     |       |
| 527. | 702   | 28 | SARA RYNDERS    | CROZET VA          | 572 | 43:46 |
| 471  | 48:34 |    | 1:32:20 1:33:06 |                    |     |       |
| 528. | 397   | 39 | DANIEL HOWELL   | HUDDLESTON VA      | 561 | 43:37 |
| 481  | 48:44 |    | 1:32:21 1:33:06 |                    |     |       |
| 529. | 238   | 65 | WALTER EANES    | ROANOKE VA         | 548 | 43:03 |
| 486  | 48:46 |    | 1:31:49 1:33:09 |                    |     |       |
| 530. | 410   | 36 | CYNTHIA HUNTER  | MADISON HEIGHTS VA | 587 | 44:09 |
| 478  | 48:40 |    | 1:32:49 1:33:17 |                    |     |       |
| 531. | 661   | 51 | THOM PROVENZOLA | LYNCHBURG VA       | 438 | 40:54 |
| 606  | 51:39 |    | 1:32:33 1:33:20 |                    |     |       |
| 532. | 493   | 53 | CAREY LOCKHART  | MIDLOTHIAN VA      | 550 | 43:06 |

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|-------------|-----------------|-------------------------------|---------|--------------------|-----|-------|
| 544         | 49:59           | 1:33:04                       | 1:33:22 |                    |     |       |
| 533.<br>586 | 328 37<br>51:05 | MELISSA GOODRICH<br>1:32:26   | 1:33:24 | LYNCHBURG VA       | 463 | 41:21 |
| 534.<br>599 | 699 60<br>51:30 | BILL RUSSELL<br>1:33:11       | 1:33:27 | LYNCHBURG VA       | 476 | 41:42 |
| 535.<br>571 | 968 35<br>50:37 | MICHAEL DURHAM<br>1:33:25     | 1:33:28 | FOREST VA          | 536 | 42:48 |
| 536.<br>434 | 544 25<br>47:42 | BRIAN MCMAHON<br>1:32:36      | 1:33:28 | CINCINNATI OH      | 617 | 44:55 |
| 537.<br>359 | 153 22<br>46:09 | JORDAN COLVILLE<br>1:32:43    | 1:33:29 | MADISON HEIGHTS VA | 701 | 46:34 |
| 538.<br>503 | 881 20<br>48:57 | MATTHEW WARWICK<br>1:33:04    | 1:33:33 | LYNCHBURG VA       | 585 | 44:07 |
| 539.<br>585 | 795 45<br>51:05 | STACY STEUART<br>1:33:19      | 1:33:34 | LYNCHBURG VA       | 507 | 42:15 |
| 540.<br>595 | 741 37<br>51:22 | BEN SHENK<br>1:33:16          | 1:33:38 | LOUISVILLE KY      | 487 | 41:55 |
| 541.<br>512 | 582 28<br>49:12 | LAUREN MOORE<br>1:33:09       | 1:33:42 | WESTERVILLE OH     | 579 | 43:58 |
| 542.<br>510 | 928 52<br>49:11 | WILLIAM WORSHAM<br>1:33:11    | 1:33:46 | CHARLOTTESVILLE VA | 581 | 44:00 |
| 543.<br>508 | 169 26<br>49:06 | VICTORIA CORDER<br>1:33:05    | 1:33:47 | LEXINGTON VA       | 580 | 44:00 |
| 544.<br>469 | 841 48<br>48:33 | HOOVER TOM<br>1:33:00         | 1:33:48 | CHARLOTTESVILLE VA | 596 | 44:27 |
| 545.<br>594 | 663 57<br>51:22 | NATHAN PUTNEY<br>1:33:37      | 1:33:49 | APPOMATTOX VA      | 509 | 42:15 |
| 546.<br>521 | 373 42<br>49:27 | DEBBIE HENDRICKSON<br>1:32:59 | 1:33:49 | FOREST VA          | 559 | 43:32 |
| 547.<br>568 | 736 32<br>50:31 | D'LYNN SHAW<br>1:33:23        | 1:33:50 | FOREST VA          | 542 | 42:53 |
| 548.<br>477 | 145 53<br>48:38 | KEITH COALSON<br>1:33:18      | 1:33:58 | LYNCHBURG VA       | 606 | 44:40 |
| 549.<br>618 | 431 48<br>51:49 | SUE JONES<br>1:33:44          | 1:33:59 | FOREST VA          | 486 | 41:55 |
| 550.<br>592 | 222 10<br>51:15 | RYAN DORR<br>1:33:52          | 1:34:03 | MONROE VA          | 526 | 42:38 |
| 551.<br>590 | 571 42<br>51:12 | JAMES MILLER<br>1:33:58       | 1:34:07 | LYNCHBURG VA       | 534 | 42:46 |
| 552.<br>582 | 1026<br>51:01   | CHAP JOHNSON<br>1:33:08       | 1:34:12 | RICHMOND VA VA     | 501 | 42:08 |

|      |       |         |                     |                    |     |       |
|------|-------|---------|---------------------|--------------------|-----|-------|
| 553. | 282   | 39      | MARK FLORES         | LYNCHBURG VA       | 588 | 44:10 |
| 536  | 49:45 | 1:33:55 | 1:34:14             |                    |     |       |
| 554. | 985   | 48      | CHARLES WARREN      | LYNCHBURG VA       | 499 | 42:06 |
| 602  | 51:35 | 1:33:41 | 1:34:16             |                    |     |       |
| 555. | 822   | 37      | DAVID TAYLOR        | CHARLOTTESVILLE VA | 582 | 44:02 |
| 525  | 49:28 | 1:33:30 | 1:34:17             |                    |     |       |
| 556. | 498   | 23      | RACHEL MABERY       | LYNCHBURG VA       | 510 | 42:17 |
| 608  | 51:45 | 1:34:01 | 1:34:17             |                    |     |       |
| 557. | 317   | 26      | KIMBERLY GIBSON     | LYNCHBURG VA       | 517 | 42:22 |
| 604  | 51:36 | 1:33:57 | 1:34:20             |                    |     |       |
| 558. | 393   | 48      | KEVIN HOUR          | LYNCHBURG VA       | 555 | 43:25 |
| 572  | 50:42 | 1:34:07 | 1:34:21             |                    |     |       |
| 559. | 628   | 22      | TRAVIS PEARL        | AMHERST VA         | 578 | 43:56 |
| 517  | 49:20 | 1:33:15 | 1:34:27             |                    |     |       |
| 560. | 294   | 33      | JONATHAN FULLER     | RICHMOND VA        | 593 | 44:25 |
| 542  | 49:53 | 1:34:17 | 1:34:29             |                    |     |       |
| 561. | 295   | 61      | SAM FULLER          | LYNCHBURG VA       | 594 | 44:25 |
| 541  | 49:52 | 1:34:17 | 1:34:29             |                    |     |       |
| 562. | 199   | 46      | JIMMY DAVIS         | LYNCHBURG VA       | 600 | 44:34 |
| 526  | 49:29 | 1:34:03 | 1:34:30             |                    |     |       |
| 563. | 572   | 43      | MALCOLM MILLER      | LYNCHBURG VA       | 523 | 42:32 |
| 620  | 51:54 | 1:34:25 | 1:34:34             |                    |     |       |
| 564. | 167   | 34      | WILL COOPER         | CHARLOTTE NC       | 503 | 42:11 |
| 622  | 51:58 | 1:34:08 | 1:34:37             |                    |     |       |
| 565. | 342   | 48      | GREG GUNTER         | LYNCHBURG VA       | 495 | 42:02 |
| 607  | 51:44 | 1:33:45 | 1:34:37             |                    |     |       |
| 566. | 547   | 40      | BRAD MCNEILL        | FOREST VA          | 629 | 45:06 |
| 493  | 48:52 | 1:33:57 | 1:34:40             |                    |     |       |
| 567. | 51    | 36      | SARA BARTLETT       | ROANOKE VA         | 553 | 43:18 |
| 560  | 50:20 | 1:33:38 | 1:34:41             |                    |     |       |
| 568. | 599   | 31      | NATALIE NEWMAN-YOST | ROANOKE VA         | 652 | 45:45 |
| 442  | 47:54 | 1:33:38 | 1:34:42             |                    |     |       |
| 569. | 999   | 31      | JOHN SAKOLOSKY      | LYNCHBURG VA       | 597 | 44:28 |
| 552  | 50:06 | 1:34:34 | 1:34:45             |                    |     |       |
| 570. | 860   | 32      | CASEY VENTERS       | FOREST VA          | 518 | 42:22 |
| 613  | 51:48 | 1:34:09 | 1:35:04             |                    |     |       |
| 571. | 719   | 20      | ALICIA SCHAAP       | LYNCHBURG VA       | 567 | 43:44 |
| 565  | 50:26 | 1:34:10 | 1:35:04             |                    |     |       |
| 572. | 49    | 24      | EVAN BARNHART       | LYNCHBURG VA       | 569 | 43:44 |
| 564  | 50:26 | 1:34:10 | 1:35:05             |                    |     |       |
| 573. | 761   | 46      | MARK SLOMAN         | LYNCHBURG VA       | 570 | 43:45 |
| 589  | 51:11 | 1:34:55 | 1:35:11             |                    |     |       |

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| 574. | 308   | 43 | WHITNEY GARRETT      | LYNCHBURG VA       | 573 | 43:48 |
| 557  | 50:16 |    | 1:34:04 1:35:11      |                    |     |       |
| 575. | 645   | 37 | PATTI PIERSON        | LITTLE FALLS NJ    | 599 | 44:29 |
| 553  | 50:08 |    | 1:34:37 1:35:12      |                    |     |       |
| 576. | 552   | 43 | KAPPA MEADOWS        | LYNCHBURG VA       | 598 | 44:28 |
| 554  | 50:09 |    | 1:34:37 1:35:12      |                    |     |       |
| 577. | 816   | 32 | BEVERLY SWEENEY      | CHARLOTTESVILLE VA | 552 | 43:16 |
| 616  | 51:49 |    | 1:35:04 1:35:14      |                    |     |       |
| 578. | 904   | 25 | ROSE WILKEN          | CHARLOTTESVILLE VA | 689 | 46:18 |
| 450  | 48:07 |    | 1:34:25 1:35:18      |                    |     |       |
| 579. | 583   | 56 | GEORGE MORGAN        | BLACKSBURG VA      | 505 | 42:14 |
| 648  | 52:44 |    | 1:34:57 1:35:20      |                    |     |       |
| 580. | 670   | 40 | CHANTAL REDMOND      | LYNCHBURG VA       | 636 | 45:20 |
| 527  | 49:31 |    | 1:34:51 1:35:22      |                    |     |       |
| 581. | 656   | 47 | JERRY PRICE          | LYNCHBURG VA       | 575 | 43:53 |
| 566  | 50:29 |    | 1:34:21 1:35:23      |                    |     |       |
| 582. | 933   | 68 | RONNIE WRIGHT        | RUSTBURG VA        | 506 | 42:14 |
| 656  | 52:56 |    | 1:35:10 1:35:24      |                    |     |       |
| 583. | 5     | 65 | TED ABERNETHY        | MONETA VA          | 574 | 43:49 |
| 584  | 51:05 |    | 1:34:53 1:35:29      |                    |     |       |
| 584. | 610   | 31 | JASON OSBORNE        | LYNCHBURG VA       | 528 | 42:41 |
| 649  | 52:45 |    | 1:35:26 1:35:31      |                    |     |       |
| 585. | 377   | 56 | CHARLIE HESSE        | LYNCHBURG VA       | 554 | 43:24 |
| 627  | 52:03 |    | 1:35:26 1:35:36      |                    |     |       |
| 586. | 958   | 52 | MARK LANDRY          | APPOMATTOX VA      | 624 | 45:02 |
| 561  | 50:22 |    | 1:35:24 1:35:38      |                    |     |       |
| 587. | 686   | 44 | APRIL RISTAU         | CHARLOTTESVILLE VA | 614 | 44:51 |
| 547  | 50:03 |    | 1:34:53 1:35:40      |                    |     |       |
| 588. | 713   | 28 | BIJAY SAMANT         | LYNCHBURG VA       | 512 | 42:19 |
| 635  | 52:20 |    | 1:34:38 1:35:41      |                    |     |       |
| 589. | 772   | 37 | JENNIFER SMITH RAMEY | LYNCHBURG VA       | 647 | 45:32 |
| 523  | 49:28 |    | 1:35:00 1:35:41      |                    |     |       |
| 590. | 346   | 24 | AMBER HAGEY          | LYNCHBURG VA       | 619 | 44:57 |
| 535  | 49:44 |    | 1:34:41 1:35:41      |                    |     |       |
| 591. | 33    | 53 | SAMUEL AUSTIN        | EVINGTON VA        | 744 | 47:42 |
| 391  | 47:01 |    | 1:34:43 1:35:43      |                    |     |       |
| 592. | 1022  | 54 | JOE WILSON           | LYNCHBURG VA       | 727 | 47:13 |
| 449  | 48:05 |    | 1:35:17 1:35:44      |                    |     |       |
| 593. | 229   | 25 | KERRI DRISCOLL       | ARLINGTON VA       | 524 | 42:32 |
| 639  | 52:26 |    | 1:34:57 1:35:45      |                    |     |       |
| 594. | 260   | 23 | DEAN EVANS           | MOORESTOWN VA      | 537 | 42:50 |

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| 646  | 52:40 | 1:35:29 | 1:35:47            |                |     |       |
| 595. | 477   | 47      | DOUG LAWRENCE      | LYNCHBURG VA   | 546 | 42:57 |
| 634  | 52:17 | 1:35:14 | 1:35:55            |                |     |       |
| 596. | 256   | 58      | WALTER ERWIN       | LYNCHBURG VA   | 634 | 45:16 |
| 540  | 49:52 | 1:35:07 | 1:35:56            |                |     |       |
| 597. | 120   | 61      | DAVID CANNON       | LYNCHBURG VA   | 557 | 43:29 |
| 619  | 51:51 | 1:35:19 | 1:35:57            |                |     |       |
| 598. | 205   | 28      | OLIVER D'COSTA     | LYNCHBURG VA   | 466 | 41:29 |
| 679  | 53:28 | 1:34:56 | 1:35:59            |                |     |       |
| 599. | 755   | 40      | TRACY SIMMONS      | LYNCHBURG VA   | 645 | 45:30 |
| 546  | 50:03 | 1:35:32 | 1:36:03            |                |     |       |
| 600. | 956   | 62      | CHIP CLEMENTS      | LYNCHBURG VA   | 643 | 45:27 |
| 548  | 50:03 | 1:35:30 | 1:36:06            |                |     |       |
| 601. | 809   | 64      | PHIL STUMP         | LYNCHBURG VA   | 618 | 44:56 |
| 579  | 50:51 | 1:35:47 | 1:36:14            |                |     |       |
| 602. | 600   | 37      | BRANDON NICHOLS    | BRISTOL VA     | 737 | 47:32 |
| 453  | 48:19 | 1:35:50 | 1:36:14            |                |     |       |
| 603. | 263   | 51      | DAVE FAIDLEY       | MONROE VA      | 566 | 43:44 |
| 623  | 51:58 | 1:35:42 | 1:36:17            |                |     |       |
| 604. | 208   | 37      | CHRISTIE DELONG    | BEDFORD VA     | 595 | 44:27 |
| 609  | 51:45 | 1:36:12 | 1:36:18            |                |     |       |
| 605. | 224   | 33      | TANYA DRAKE        | WAKE FOREST NC | 589 | 44:17 |
| 611  | 51:46 | 1:36:03 | 1:36:24            |                |     |       |
| 606. | 302   | 33      | TRESSA GANDY-JONES | FOREST VA      | 590 | 44:18 |
| 612  | 51:46 | 1:36:04 | 1:36:24            |                |     |       |
| 607. | 310   | 67      | JIMMY GATES        | FARMVILLE VA   | 628 | 45:05 |
| 574  | 50:45 | 1:35:50 | 1:36:26            |                |     |       |
| 608. | 26    | 20      | KATIE ANFINDSEN    | LYNCHBURG VA   | 563 | 43:39 |
| 626  | 52:01 | 1:35:40 | 1:36:27            |                |     |       |
| 609. | 1007  | 37      | MARY WHITE         | LYNCHBURG VA   | 592 | 44:21 |
| 628  | 52:04 | 1:36:25 | 1:36:32            |                |     |       |
| 610. | 745   | 47      | GEORGE SHERMAN     | AMHERST VA     | 584 | 44:05 |
| 603  | 51:36 | 1:35:40 | 1:36:40            |                |     |       |
| 611. | 265   | 47      | WENDY FARISS       | RUSTBURG VA    | 607 | 44:43 |
| 605  | 51:39 | 1:36:21 | 1:36:41            |                |     |       |
| 612. | 37    | 21      | LESLIE BAKER       | LYNCHBURG VA   | 583 | 44:04 |
| 632  | 52:10 | 1:36:13 | 1:36:41            |                |     |       |
| 613. | 786   | 58      | BAXTER STARNES     | WAXHAW NC      | 663 | 45:55 |
| 556  | 50:13 | 1:36:08 | 1:36:44            |                |     |       |
| 614. | 427   | 41      | KENSIE JOHNSON     | LYNCHBURG VA   | 710 | 46:48 |
| 543  | 49:55 | 1:36:43 | 1:36:50            |                |     |       |

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| 615. | 7     | 49      | RON ACORN        | STUARTS DRAFT VA   | 601 | 44:35 |
| 601  | 51:35 | 1:36:09 | 1:36:50          |                    |     |       |
| 616. | 326   | 70      | WALLY GOODE      | SHIPMAN VA         | 622 | 44:58 |
| 598  | 51:25 | 1:36:23 | 1:36:55          |                    |     |       |
| 617. | 514   | 32      | JASON MARCHESE   | MADISON HEIGHTS VA | 625 | 45:02 |
| 593  | 51:20 | 1:36:22 | 1:37:00          |                    |     |       |
| 618. | 442   | 27      | DON KIDD         | FOREST VA          | 608 | 44:43 |
| 596  | 51:24 | 1:36:07 | 1:37:04          |                    |     |       |
| 619. | 901   | 58      | WILLIAM WHITMORE | DURHAM NC          | 586 | 44:07 |
| 630  | 52:07 | 1:36:13 | 1:37:06          |                    |     |       |
| 620. | 532   | 34      | MIRANDA MAYS     | MORRISVILLE NC     | 549 | 43:04 |
| 687  | 53:42 | 1:36:46 | 1:37:13          |                    |     |       |
| 621. | 254   | 26      | ANDREW EPPES     | FOREST VA          | 515 | 42:20 |
| 688  | 53:43 | 1:36:03 | 1:37:17          |                    |     |       |
| 622. | 829   | 34      | TODD THOMAS      | EVINGTON VA        | 602 | 44:36 |
| 600  | 51:31 | 1:36:07 | 1:37:19          |                    |     |       |
| 623. | 218   | 43      | FREDERIC DIONISI | LYNCHBURG VA       | 540 | 42:52 |
| 707  | 54:18 | 1:37:10 | 1:37:20          |                    |     |       |
| 624. | 42    | 53      | DON BANKER       | LYNCHBURG VA       | 577 | 43:55 |
| 631  | 52:08 | 1:36:03 | 1:37:20          |                    |     |       |
| 625. | 757   | 19      | SVENJA SJOQUIST  | MARSHFIELD MA      | 535 | 42:46 |
| 708  | 54:19 | 1:37:05 | 1:37:22          |                    |     |       |
| 626. | 775   | 41      | ELICIA SNYDER    | LYNCHBURG VA       | 642 | 45:27 |
| 597  | 51:25 | 1:36:52 | 1:37:28          |                    |     |       |
| 627. | 27    | 45      | CHERYLE ANGELL   | LYNCHBURG VA       | 576 | 43:53 |
| 675  | 53:25 | 1:37:17 | 1:37:32          |                    |     |       |
| 628. | 676   | 58      | DON REYNOLDS     | ROANOKE VA         | 705 | 46:40 |
| 537  | 49:48 | 1:36:27 | 1:37:34          |                    |     |       |
| 629. | 568   | 49      | DAVID MILES      | FOREST VA          | 616 | 44:52 |
| 624  | 52:00 | 1:36:52 | 1:37:36          |                    |     |       |
| 630. | 882   | 52      | PAULA WARWICK    | LYNCHBURG VA       | 591 | 44:19 |
| 652  | 52:51 | 1:37:10 | 1:37:38          |                    |     |       |
| 631. | 710   | 25      | LINA SALIBA      | MCLEAN VA          | 621 | 44:58 |
| 617  | 51:49 | 1:36:47 | 1:37:43          |                    |     |       |
| 632. | 639   | 45      | VICKY PHELPS     | GLADSTONE VA       | 646 | 45:31 |
| 625  | 52:01 | 1:37:32 | 1:37:43          |                    |     |       |
| 633. | 894   | 25      | JIMMY WESLEY     | LYNCHBURG VA       | 626 | 45:03 |
| 614  | 51:48 | 1:36:51 | 1:37:45          |                    |     |       |
| 634. | 520   | 40      | BRETT MARTIN     | FOREST VA          | 531 | 42:44 |
| 692  | 53:49 | 1:36:32 | 1:37:50          |                    |     |       |
| 635. | 886   | 29      | KATIE WATERS     | MONETA VA          | 674 | 46:03 |
| 580  | 50:55 | 1:36:58 | 1:37:54          |                    |     |       |

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| 636. | 603   | 28 | ANNA NOLEN        | HUDDLESTON VA      | 672 | 46:03 |
| 581  | 50:56 |    | 1:36:58 1:37:54   |                    |     |       |
| 637. | 529   | 53 | JACK MAY          | GORDONSVILLE VA    | 612 | 44:46 |
| 659  | 53:00 |    | 1:37:46 1:37:56   |                    |     |       |
| 638. | 837   | 65 | BERNIE TIPTON     | HUDDLESTON VA      | 680 | 46:08 |
| 588  | 51:06 |    | 1:37:13 1:38:01   |                    |     |       |
| 639. | 32    | 26 | JENNIFER AUSTIN   | RICHMOND VA        | 633 | 45:15 |
| 621  | 51:54 |    | 1:37:09 1:38:05   |                    |     |       |
| 640. | 472   | 52 | DANIEL LASLIE     | LYNCHBURG VA       | 641 | 45:27 |
| 641  | 52:29 |    | 1:37:55 1:38:05   |                    |     |       |
| 641. | 777   | 25 | SEAN SOPER        | DILLWYN VA         | 627 | 45:03 |
| 642  | 52:30 |    | 1:37:33 1:38:09   |                    |     |       |
| 642. | 488   | 27 | TODD LIBEAU       | LYNCHBURG VA       | 635 | 45:19 |
| 633  | 52:12 |    | 1:37:30 1:38:21   |                    |     |       |
| 643. | 682   | 41 | LESLIE RIEHL      | LYNCHBURG VA       | 623 | 45:02 |
| 658  | 52:59 |    | 1:38:01 1:38:27   |                    |     |       |
| 644. | 840   | 59 | BRANT TOLSMA      | LYNCHBURG VA       | 650 | 45:40 |
| 653  | 52:51 |    | 1:38:31 1:38:38   |                    |     |       |
| 645. | 371   | 25 | BRENDA HENDERSON  | LYNCHBURG VA       | 651 | 45:42 |
| 651  | 52:50 |    | 1:38:31 1:38:38   |                    |     |       |
| 646. | 926   | 21 | LAUREN WOOLDRIDGE | LYNCHBURG VA       | 610 | 44:45 |
| 673  | 53:23 |    | 1:38:08 1:38:39   |                    |     |       |
| 647. | 788   | 40 | JESSE STEM        | LYNCHBURG VA       | 538 | 42:50 |
| 751  | 55:13 |    | 1:38:03 1:38:45   |                    |     |       |
| 648. | 181   | 39 | DAVE CROPCO       | FOREST VA          | 695 | 46:24 |
| 629  | 52:06 |    | 1:38:29 1:38:45   |                    |     |       |
| 649. | 118   | 44 | PAUL CALLAND      | LYNCHBURG VA       | 530 | 42:43 |
| 757  | 55:20 |    | 1:38:03 1:38:46   |                    |     |       |
| 650. | 577   | 70 | ALLEN MONTGOMERY  | COLUMBIA SC        | 683 | 46:10 |
| 638  | 52:25 |    | 1:38:35 1:38:48   |                    |     |       |
| 651. | 620   | 47 | JONATHAN PASCADLO | FOREST VA          | 681 | 46:09 |
| 637  | 52:25 |    | 1:38:33 1:38:54   |                    |     |       |
| 652. | 306   | 35 | LORI GARDNER      | FOREST VA          | 703 | 46:35 |
| 615  | 51:48 |    | 1:38:23 1:38:57   |                    |     |       |
| 653. | 316   | 23 | BRANDY GIBBS      | LYNCHBURG VA       | 544 | 42:54 |
| 749  | 55:11 |    | 1:38:05 1:38:57   |                    |     |       |
| 654. | 590   | 28 | JIMMY MURPHY      | FOREST VA          | 673 | 46:03 |
| 643  | 52:31 |    | 1:38:34 1:39:01   |                    |     |       |
| 655. | 867   | 55 | FRANK VILLA       | FOREST VA          | 678 | 46:08 |
| 640  | 52:28 |    | 1:38:35 1:39:01   |                    |     |       |
| 656. | 257   | 31 | WHITNEY ETZEL     | MADISON HEIGHTS VA | 640 | 45:26 |



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| 676  | 53:25 | 1:38:51 | 1:39:13              |               |     |       |
| 657. | 744   | 65      | PAUL SHERBURNE       | LYNCHBURG VA  | 639 | 45:26 |
| 674  | 53:24 | 1:38:50 | 1:39:14              |               |     |       |
| 658. | 284   | 56      | BILL FLYNN           | LYNCHBURG VA  | 729 | 47:17 |
| 591  | 51:14 | 1:38:31 | 1:39:16              |               |     |       |
| 659. | 823   | 49      | MALCOLM TAYLOR       | RICHMOND VA   | 687 | 46:16 |
| 647  | 52:42 | 1:38:58 | 1:39:17              |               |     |       |
| 660. | 334   | 53      | JOE GRABASKAS        | LYNCHBURG VA  | 675 | 46:04 |
| 645  | 52:37 | 1:38:40 | 1:39:21              |               |     |       |
| 661. | 102   | 53      | JEFFREY BROWN        | FOREST VA     | 654 | 45:52 |
| 669  | 53:18 | 1:39:09 | 1:39:23              |               |     |       |
| 662. | 456   | 25      | STEPHEN KONYNDYK     | LYNCHBURG VA  | 769 | 48:12 |
| 563  | 50:26 | 1:38:38 | 1:39:24              |               |     |       |
| 663. | 531   | 25      | SARAH MAY            | LYNCHBURG VA  | 766 | 48:08 |
| 569  | 50:31 | 1:38:38 | 1:39:24              |               |     |       |
| 664. | 269   | 72      | BILL FASTABEND       | LYNCHBURG VA  | 638 | 45:22 |
| 664  | 53:06 | 1:38:28 | 1:39:26              |               |     |       |
| 665. | 460   | 49      | ROBERT KREBS         | BROOKNEAL VA  | 657 | 45:52 |
| 644  | 52:35 | 1:38:27 | 1:39:30              |               |     |       |
| 666. | 691   | 42      | THOMAS ROGERS        | LYNCHBURG VA  | 747 | 47:46 |
| 577  | 50:50 | 1:38:35 | 1:39:41              |               |     |       |
| 667. | 690   | 36      | MICHELLE ROGERS      | LYNCHBURG VA  | 751 | 47:49 |
| 575  | 50:47 | 1:38:36 | 1:39:41              |               |     |       |
| 668. | 107   | 31      | CARRIE BRYANT        | AMHERST VA    | 677 | 46:06 |
| 657  | 52:58 | 1:39:04 | 1:39:45              |               |     |       |
| 669. | 1001  | 48      | BRIAN NOEGEL         | LYNCHBURG VA  | 630 | 45:08 |
| 683  | 53:33 | 1:38:40 | 1:39:52              |               |     |       |
| 670. | 211   | 26      | JENNA DEREUS         | BLACKSBURG VA | 712 | 46:52 |
| 610  | 51:46 | 1:38:37 | 1:39:52              |               |     |       |
| 671. | 347   | 28      | GIDEON HALE          | APPOMATTOX VA | 690 | 46:18 |
| 660  | 53:02 | 1:39:20 | 1:39:59              |               |     |       |
| 672. | 954   | 37      | WYNN CHRISTY BURTNER | LYNCHBURG VA  | 632 | 45:13 |
| 730  | 54:48 | 1:40:00 | 1:40:04              |               |     |       |
| 673. | 100   | 11      | JASON BROWN          | FOREST VA     | 655 | 45:52 |
| 700  | 54:01 | 1:39:52 | 1:40:06              |               |     |       |
| 674. | 832   | 42      | JAMES THOMSON        | GREENSBORO NC | 686 | 46:15 |
| 655  | 52:56 | 1:39:11 | 1:40:12              |               |     |       |
| 675. | 6     | 24      | GRACIE ABEYTA        | LYNCHBURG VA  | 604 | 44:39 |
| 738  | 54:55 | 1:39:33 | 1:40:13              |               |     |       |
| 676. | 919   | 51      | CINDY WISECARVER     | NATHALIE VA   | 676 | 46:05 |
| 682  | 53:31 | 1:39:36 | 1:40:14              |               |     |       |

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| 677. | 304   | 41      | MARGIE GARBER    | ROANOKE VA         | 694 | 46:22 |
| 666  | 53:14 | 1:39:36 | 1:40:16          |                    |     |       |
| 678. | 650   | 32      | SARAH PORTER     | DILLWYN VA         | 692 | 46:21 |
| 667  | 53:15 | 1:39:36 | 1:40:16          |                    |     |       |
| 679. | 290   | 46      | PAUL FRANCIS     | BROOKNEAL VA       | 682 | 46:09 |
| 671  | 53:21 | 1:39:30 | 1:40:27          |                    |     |       |
| 680. | 443   | 55      | DAVID KIMBLE     | FOREST HEIGHTS MD  | 716 | 47:02 |
| 636  | 52:22 | 1:39:24 | 1:40:29          |                    |     |       |
| 681. | 787   | 55      | GAIL STATON      | LYNCHBURG VA       | 691 | 46:19 |
| 693  | 53:57 | 1:40:16 | 1:40:32          |                    |     |       |
| 682. | 880   | 29      | PAUL WARNICK     | CHARLOTTESVILLE VA | 696 | 46:25 |
| 705  | 54:10 | 1:40:35 | 1:40:41          |                    |     |       |
| 683. | 162   | 18      | SARAH CONOLLY    | LYNCHBURG VA       | 605 | 44:40 |
| 733  | 54:50 | 1:39:29 | 1:40:45          |                    |     |       |
| 684. | 966   | 21      | LINDSAY LARSON   | LYNCHBURG VA       | 653 | 45:50 |
| 718  | 54:32 | 1:40:22 | 1:40:47          |                    |     |       |
| 685. | 513   | 26      | ELAINE MANNING   | OWEGO NY           | 693 | 46:22 |
| 706  | 54:16 | 1:40:38 | 1:40:50          |                    |     |       |
| 686. | 767   | 49      | DON SMITH        | FOREST VA          | 684 | 46:10 |
| 690  | 53:49 | 1:39:58 | 1:40:52          |                    |     |       |
| 687. | 1003  | 44      | TIM BURNETTE     | LYNCHBURG VA       | 671 | 45:58 |
| 709  | 54:22 | 1:40:20 | 1:40:58          |                    |     |       |
| 688. | 940   | 57      | PETER YORK       | CHARLOTTESVILLE VA | 709 | 46:47 |
| 681  | 53:31 | 1:40:17 | 1:41:04          |                    |     |       |
| 689. | 879   | 32      | KIMBERLY WARNICK | CHARLOTTESVILLE VA | 700 | 46:32 |
| 726  | 54:37 | 1:41:08 | 1:41:15          |                    |     |       |
| 690. | 801   | 62      | RICHARD STONE    | LYNCHBURG VA       | 664 | 45:56 |
| 715  | 54:31 | 1:40:26 | 1:41:22          |                    |     |       |
| 691. | 225   | 44      | PAT DRANEY       | FOREST VA          | 644 | 45:29 |
| 742  | 54:56 | 1:40:25 | 1:41:22          |                    |     |       |
| 692. | 615   | 36      | PETE PAGE        | LYNCHBURG VA       | 667 | 45:57 |
| 710  | 54:29 | 1:40:26 | 1:41:22          |                    |     |       |
| 693. | 248   | 67      | HORACE ELLIS     | HUDDLESTON VA      | 660 | 45:54 |
| 720  | 54:32 | 1:40:26 | 1:41:22          |                    |     |       |
| 694. | 542   | 25      | MARGARET MCHUGH  | LYNCHBURG VA       | 662 | 45:55 |
| 722  | 54:33 | 1:40:27 | 1:41:22          |                    |     |       |
| 695. | 299   | 48      | DARREN GALE      | LYNCHBURG VA       | 656 | 45:52 |
| 723  | 54:34 | 1:40:25 | 1:41:22          |                    |     |       |
| 696. | 149   | 40      | ROBERT COLE      | FOREST VA          | 661 | 45:55 |
| 721  | 54:32 | 1:40:26 | 1:41:23          |                    |     |       |
| 697. | 891   | 62      | JIM WEIMER       | MONETA VA          | 666 | 45:56 |
| 717  | 54:31 | 1:40:27 | 1:41:23          |                    |     |       |

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| 698. | 848   | 44      | PAUL TRISKA       | LYNCHBURG VA       | 659 | 45:54 |
| 716  | 54:31 | 1:40:25 | 1:41:23           |                    |     |       |
| 699. | 949   | 46      | JOE ZWETOLITZ     | LYNCHBURG VA       | 658 | 45:54 |
| 724  | 54:34 | 1:40:27 | 1:41:23           |                    |     |       |
| 700. | 908   | 44      | CHRIS WILLIAMS    | LYNCHBURG VA       | 665 | 45:56 |
| 711  | 54:30 | 1:40:25 | 1:41:23           |                    |     |       |
| 701. | 651   | 43      | BRIAN POWERS      | BEDFORD VA         | 669 | 45:57 |
| 712  | 54:30 | 1:40:27 | 1:41:23           |                    |     |       |
| 702. | 723   | 57      | DAN SCHLADER      | FOREST VA          | 668 | 45:57 |
| 713  | 54:30 | 1:40:27 | 1:41:24           |                    |     |       |
| 703. | 86    | 63      | STEVE BOZEMAN     | LYNCHBURG VA       | 670 | 45:57 |
| 719  | 54:32 | 1:40:29 | 1:41:24           |                    |     |       |
| 704. | 404   | 50      | MARK HUDSON       | FOREST VA          | 721 | 47:08 |
| 670  | 53:19 | 1:40:26 | 1:41:25           |                    |     |       |
| 705. | 770   | 32      | NANCY SMITH       | SOUTH BOSTON VA    | 730 | 47:18 |
| 672  | 53:23 | 1:40:40 | 1:41:26           |                    |     |       |
| 706. | 113   | 36      | ASHLEY BUFORD     | CHARLOTTESVILLE VA | 615 | 44:51 |
| 760  | 55:29 | 1:40:20 | 1:41:30           |                    |     |       |
| 707. | 517   | 46      | DWAYNE MARSHALL   | LYNCHBURG VA       | 613 | 44:49 |
| 784  | 56:36 | 1:41:25 | 1:41:33           |                    |     |       |
| 708. | 463   | 24      | FAYE LAFONTAINE   | CHARLOTTESVILLE VA | 708 | 46:46 |
| 701  | 54:01 | 1:40:46 | 1:41:39           |                    |     |       |
| 709. | 331   | 28      | EMILY GOSSLER     | FOREST VA          | 728 | 47:15 |
| 677  | 53:27 | 1:40:41 | 1:41:39           |                    |     |       |
| 710. | 613   | 42      | AMY OWEN          | SOUTH BOSTON VA    | 759 | 48:04 |
| 654  | 52:53 | 1:40:56 | 1:41:40           |                    |     |       |
| 711. | 746   | 43      | LINDA SHIELDS     | FOREST VA          | 637 | 45:21 |
| 771  | 55:56 | 1:41:16 | 1:41:42           |                    |     |       |
| 712. | 323   | 44      | BRANNON GODFREY   | WINCHESTER VA      | 732 | 47:19 |
| 691  | 53:49 | 1:41:08 | 1:41:45           |                    |     |       |
| 713. | 496   | 35      | THANH LU          | CHICAGO IL         | 781 | 48:33 |
| 661  | 53:04 | 1:41:36 | 1:41:46           |                    |     |       |
| 714. | 737   | 20      | MALCOLM SHEALER   | LYNCHBURGH VA      | 755 | 47:50 |
| 650  | 52:46 | 1:40:36 | 1:41:47           |                    |     |       |
| 715. | 503   | 37      | SHERRI MADDOX     | GLADYS VA          | 722 | 47:09 |
| 703  | 54:07 | 1:41:15 | 1:41:52           |                    |     |       |
| 716. | 595   | 48      | ANDREA NEIMAN     | LYNCHBURG VA       | 739 | 47:33 |
| 689  | 53:44 | 1:41:17 | 1:41:56           |                    |     |       |
| 717. | 789   | 31      | JONATHAN STEPHENS | FOREST VA          | 738 | 47:33 |
| 702  | 54:06 | 1:41:38 | 1:41:57           |                    |     |       |
| 718. | 915   | 46      | JUDY WILSON       | ABINGDON VA        | 761 | 48:05 |

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| 665  | 53:07   | 1:41:11           | 1:42:01 |                    |     |       |
| 719. | 414 46  | ROY ILCH          |         | FOREST VA          | 707 | 46:45 |
| 744  | 54:58   | 1:41:43           | 1:42:04 |                    |     |       |
| 720. | 389 21  | CHRISTY HOMER     |         | LYNCHBURG VA       | 648 | 45:35 |
| 776  | 56:08   | 1:41:43           | 1:42:08 |                    |     |       |
| 721. | 339 20  | LINDE GROOVER     |         | CHARLOTTESVILLE VA | 733 | 47:21 |
| 686  | 53:39   | 1:40:59           | 1:42:08 |                    |     |       |
| 722. | 771 39  | TARA SMITH        |         | BEDFORD VA         | 713 | 46:57 |
| 748  | 55:02   | 1:41:59           | 1:42:17 |                    |     |       |
| 723. | 338 56  | JUDY GREEN        |         | SOUTH BOSTON VA    | 740 | 47:37 |
| 695  | 53:58   | 1:41:35           | 1:42:21 |                    |     |       |
| 724. | 812 28  | TRACY SUMNER      |         | RALEIGH NC         | 717 | 47:03 |
| 731  | 54:50   | 1:41:52           | 1:42:22 |                    |     |       |
| 725. | 101 42  | JAY BROWN         |         | RALEIGH NC         | 715 | 47:01 |
| 734  | 54:52   | 1:41:52           | 1:42:22 |                    |     |       |
| 726. | 391 43  | BARBARA HOPPER    |         | LYNCHBURG VA       | 754 | 47:50 |
| 678  | 53:27   | 1:41:17           | 1:42:23 |                    |     |       |
| 727. | 934 33  | STACEY WRIGHT     |         | LYNCHBURG VA       | 773 | 48:22 |
| 684  | 53:36   | 1:41:57           | 1:42:25 |                    |     |       |
| 728. | 649 48  | JOSEPH POCILUYKO  |         | FOREST VA          | 702 | 46:35 |
| 759  | 55:24   | 1:41:58           | 1:42:26 |                    |     |       |
| 729. | 367 49  | LEE HARTLINE      |         | SHIPMAN VA         | 786 | 48:39 |
| 680  | 53:29   | 1:42:07           | 1:42:31 |                    |     |       |
| 730. | 24 36   | DANA ANDREWS      |         | FOREST VA          | 829 | 50:49 |
| 578  | 50:50   | 1:41:38           | 1:42:32 |                    |     |       |
| 731. | 70 36   | SHAE BILLINGSLEY  |         | LYNCHBURG VA       | 758 | 48:02 |
| 685  | 53:36   | 1:41:37           | 1:42:32 |                    |     |       |
| 732. | 95 33   | BETH BROOKS       |         | LYNCHBURG VA       | 735 | 47:25 |
| 735  | 54:53   | 1:42:18           | 1:42:43 |                    |     |       |
| 733. | 403 43  | KIM HUDSON        |         | HURT VA            | 723 | 47:09 |
| 745  | 55:00   | 1:42:08           | 1:42:46 |                    |     |       |
| 734. | 1018 45 | STEPHEN BROOKS    |         | FOREST VA          | 679 | 46:08 |
| 768  | 55:51   | 1:41:58           | 1:42:48 |                    |     |       |
| 735. | 548 34  | KISTON MCPHATTER  |         | MADISON HEIGHTS VA | 742 | 47:39 |
| 728  | 54:44   | 1:42:23           | 1:42:49 |                    |     |       |
| 736. | 969 41  | WENDY GOLDEN      |         | M.H. VA            | 741 | 47:39 |
| 729  | 54:45   | 1:42:23           | 1:42:49 |                    |     |       |
| 737. | 917 28  | MARISSA WILTERINK |         | LYNCHBURG VA       | 778 | 48:26 |
| 697  | 53:59   | 1:42:25           | 1:42:50 |                    |     |       |
| 738. | 110 22  | SARA BRYANT       |         | LYNCHBURG VA       | 779 | 48:26 |
| 699  | 54:00   | 1:42:25           | 1:42:50 |                    |     |       |

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| 739. | 971   | 72      | BERNIE DAVIS     | LYNCHBURG VA     | 697 | 46:25 |
| 775  | 56:06 | 1:42:31 | 1:43:03          |                  |     |       |
| 740. | 2     | 46      | JILL BEARDSLEY   | AUSTIN TX        | 748 | 47:47 |
| 754  | 55:14 | 1:43:00 | 1:43:09          |                  |     |       |
| 741. | 1     | 53      | DICK BEARDSLEY   | AUSTIN TX        | 750 | 47:48 |
| 752  | 55:13 | 1:43:00 | 1:43:09          |                  |     |       |
| 742. | 215   | 29      | AARON DIGLORIA   | LYNCHBURG VA     | 777 | 48:26 |
| 696  | 53:59 | 1:42:24 | 1:43:11          |                  |     |       |
| 743. | 852   | 22      | KENDA TURNER     | FOREST VA        | 776 | 48:25 |
| 698  | 53:59 | 1:42:24 | 1:43:11          |                  |     |       |
| 744. | 137   | 55      | DONNA CHARLEBOIS | KEENE VA         | 720 | 47:07 |
| 763  | 55:37 | 1:42:43 | 1:43:16          |                  |     |       |
| 745. | 515   | 36      | ALLYSON MARMION  | WINSTON-SALEM NC | 795 | 49:15 |
| 662  | 53:05 | 1:42:19 | 1:43:19          |                  |     |       |
| 746. | 516   | 38      | DAVE MARMION     | WINSTON-SALEM NC | 796 | 49:15 |
| 663  | 53:05 | 1:42:20 | 1:43:19          |                  |     |       |
| 747. | 87    | 34      | DEBBIE BRADNEY   | FOREST VA        | 734 | 47:25 |
| 758  | 55:21 | 1:42:45 | 1:43:19          |                  |     |       |
| 748. | 154   | 41      | LARRY COMERFORD  | LYNCHBURG VA     | 752 | 47:50 |
| 755  | 55:17 | 1:43:07 | 1:43:20          |                  |     |       |
| 749. | 434   | 66      | KING JORDAN      | WEST RIVER MD    | 753 | 47:50 |
| 756  | 55:18 | 1:43:08 | 1:43:21          |                  |     |       |
| 750. | 327   | 45      | SCOTT GOODMAN    | GOODE VA         | 685 | 46:15 |
| 782  | 56:22 | 1:42:37 | 1:43:21          |                  |     |       |
| 751. | 631   | 42      | ANTHONY PEELER   | LYNCHBURG VA     | 765 | 48:08 |
| 740  | 54:55 | 1:43:03 | 1:43:35          |                  |     |       |
| 752. | 633   | 40      | ROBIN PEELER     | COOKEVILLE TN    | 768 | 48:10 |
| 737  | 54:54 | 1:43:03 | 1:43:35          |                  |     |       |
| 753. | 632   | 37      | BRIAN PEELER     | ALEXANDRIA VA    | 767 | 48:09 |
| 739  | 54:55 | 1:43:04 | 1:43:35          |                  |     |       |
| 754. | 594   | 58      | LINDA NEIGHBORS  | WINSTON SALEM NC | 699 | 46:29 |
| 792  | 57:04 | 1:43:32 | 1:43:59          |                  |     |       |
| 755. | 428   | 41      | LINZIE JOHNSON   | LYNCHBURG VA     | 775 | 48:23 |
| 753  | 55:14 | 1:43:36 | 1:44:02          |                  |     |       |
| 756. | 433   | 48      | KENNY JORDAN     | RUSTBURG VA      | 714 | 47:01 |
| 777  | 56:13 | 1:43:14 | 1:44:05          |                  |     |       |
| 757. | 325   | 32      | ALECIA GOOD      | FOREST VA        | 736 | 47:26 |
| 778  | 56:14 | 1:43:39 | 1:44:13          |                  |     |       |
| 758. | 96    | 36      | NIKY BROOKS      | LYNCHBURG VA     | 711 | 46:49 |
| 781  | 56:19 | 1:43:08 | 1:44:20          |                  |     |       |
| 759. | 382   | 58      | STEPHEN HILL     | ROANOKE VA       | 780 | 48:33 |
| 765  | 55:45 | 1:44:17 | 1:44:24          |                  |     |       |

|      |       |         |                        |                 |     |       |
|------|-------|---------|------------------------|-----------------|-----|-------|
| 760. | 870   | 27      | KIM WADE               | FOREST VA       | 719 | 47:06 |
| 783  | 56:29 | 1:43:35 | 1:44:27                |                 |     |       |
| 761. | 815   | 45      | ARMENIO SUZANO         | RUSTBURG VA     | 726 | 47:13 |
| 766  | 55:46 | 1:42:58 | 1:44:32                |                 |     |       |
| 762. | 449   | 36      | HOLLY KNIGHT           | FOREST VA       | 760 | 48:04 |
| 761  | 55:35 | 1:43:39 | 1:44:33                |                 |     |       |
| 763. | 987   | 33      | STEPHANIE C. MCBRIDE   | ELANGTON VA     | 762 | 48:06 |
| 762  | 55:36 | 1:43:41 | 1:44:35                |                 |     |       |
| 764. | 343   | 0       | NATALIE GURNEY         | SOUTH BOSTON VA | 757 | 47:59 |
| 770  | 55:54 | 1:43:53 | 1:44:39                |                 |     |       |
| 765. | 622   | 39      | AMY PATTON             | LYNCHBURG VA    | 764 | 48:08 |
| 779  | 56:16 | 1:44:23 | 1:44:45                |                 |     |       |
| 766. | 528   | 38      | HEATHER MAY            | LYNCHBURG VA    | 704 | 46:39 |
| 806  | 58:04 | 1:44:42 | 1:44:46                |                 |     |       |
| 767. | 320   | 31      | ANDREA GILLISPIE       | FOREST VA       | 698 | 46:28 |
| 801  | 57:43 | 1:44:11 | 1:44:50                |                 |     |       |
| 768. | 604   | 35      | LARISSA NORMAN         | FOREST VA       | 731 | 47:18 |
| 790  | 56:57 | 1:44:15 | 1:44:53                |                 |     |       |
| 769. | 543   | 29      | DANIELLE MCLYNN        | RICHMOND VA     | 807 | 49:38 |
| 725  | 54:34 | 1:44:11 | 1:44:57                |                 |     |       |
| 770. | 938   | 28      | BRANDON YODER          | FARMVILLE VA    | 809 | 49:39 |
| 704  | 54:08 | 1:43:47 | 1:45:01                |                 |     |       |
| 771. | 533   | 27      | COLLEEN MCBRIDE        | FOREST VA       | 837 | 51:22 |
| 668  | 53:17 | 1:44:38 | 1:45:09                |                 |     |       |
| 772. | 419   | 55      | LINDA JAHN             | WAYNESBORO VA   | 794 | 49:06 |
| 769  | 55:53 | 1:44:59 | 1:45:22                |                 |     |       |
| 773. | 381   | 66      | FRANK HILL             | ROANOKE VA      | 774 | 48:22 |
| 780  | 56:16 | 1:44:38 | 1:45:23                |                 |     |       |
| 774. | 121   | 50      | JON CANNON             | LYNCHBURG VA    | 804 | 49:28 |
| 767  | 55:50 | 1:45:18 | 1:45:28                |                 |     |       |
| 775. | 847   | 35      | TAMMY TRENT            | EVINGTON VA     | 816 | 50:16 |
| 736  | 54:53 | 1:45:09 | 1:45:37                |                 |     |       |
| 776. | 708   | 35      | JENNIFER SADLER DANIEL | ATLANTA GA      | 800 | 49:24 |
| 764  | 55:42 | 1:45:06 | 1:46:11                |                 |     |       |
| 777. | 705   | 44      | BRIAN SADLER           | ATLANTA GA      | 649 | 45:39 |
| 837  | 59:28 | 1:45:06 | 1:46:11                |                 |     |       |
| 778. | 62    | 54      | KATHIE BENNETT         | BENA VA         | 793 | 49:04 |
| 774  | 56:01 | 1:45:05 | 1:46:12                |                 |     |       |
| 779. | 555   | 47      | SCOTT MEGAHAN          | TROY VA         | 835 | 51:13 |
| 694  | 53:58 | 1:45:11 | 1:46:13                |                 |     |       |
| 780. | 734   | 59      | FARSHID SHAHROKHI      | LYNCHBURG VA    | 772 | 48:19 |

|      |         |         |                     |                    |     |       |
|------|---------|---------|---------------------|--------------------|-----|-------|
| 798  | 57:19   | 1:45:38 | 1:46:14             |                    |     |       |
| 781. | 378     | 33      | KIMBERLY HESSE      | LYNCHBURG VA       | 832 | 51:00 |
| 727  | 54:39   | 1:45:38 | 1:46:16             |                    |     |       |
| 782. | 712     | 56      | DANIEL SALOTTOLO    | WILMINGTON NC      | 820 | 50:23 |
| 746  | 55:01   | 1:45:23 | 1:46:29             |                    |     |       |
| 783. | 711     | 53      | ALICE SALOTTOLO     | WILMINGTON NC      | 819 | 50:22 |
| 747  | 55:02   | 1:45:24 | 1:46:30             |                    |     |       |
| 784. | 413     | 34      | JENNIFER HUTCHINSON | FOREST VA          | 797 | 49:16 |
| 791  | 56:57   | 1:46:13 | 1:46:47             |                    |     |       |
| 785. | 850     | 13      | BRETT TURNER        | FOREST VA          | 805 | 49:30 |
| 795  | 57:09   | 1:46:39 | 1:46:55             |                    |     |       |
| 786. | 750     | 51      | STEVE SHOWALTER     | HILLSBOROUGH NC    | 791 | 48:55 |
| 803  | 57:57   | 1:46:51 | 1:46:59             |                    |     |       |
| 787. | 198     | 54      | BENJIE DAVIS        | LYNCHBURG VA       | 801 | 49:24 |
| 797  | 57:17   | 1:46:41 | 1:47:05             |                    |     |       |
| 788. | 619     | 17      | JACKIE PARKS        | LYNCHBURG VA       | 743 | 47:41 |
| 828  | 59:02   | 1:46:43 | 1:47:08             |                    |     |       |
| 789. | 758     | 41      | MICHELLE SKINNER    | LYNCHBURG VA       | 785 | 48:38 |
| 808  | 58:06   | 1:46:43 | 1:47:11             |                    |     |       |
| 790. | 872     | 44      | TAMMY WALDRON       | STUART VA          | 718 | 47:04 |
| 827  | 59:01   | 1:46:04 | 1:47:14             |                    |     |       |
| 791. | 341     | 42      | DEBBIE GUNTER       | LYNCHBURG VA       | 746 | 47:43 |
| 817  | 58:43   | 1:46:25 | 1:47:17             |                    |     |       |
| 792. | 192     | 47      | PHIL DANAHER        | FOREST VA          | 749 | 47:47 |
| 818  | 58:45   | 1:46:31 | 1:47:22             |                    |     |       |
| 793. | 844     | 46      | RALPH TOTTY         | APPOMATTOX VA      | 724 | 47:10 |
| 832  | 59:18   | 1:46:28 | 1:47:28             |                    |     |       |
| 794. | 843     | 19      | JESSICA TOTTY       | APPOMATTOX VA      | 725 | 47:10 |
| 833  | 59:18   | 1:46:28 | 1:47:28             |                    |     |       |
| 795. | 67      | 38      | HARRINGTON BETTY    | LYNCHBURG VA       | 787 | 48:45 |
| 814  | 58:28   | 1:47:12 | 1:47:28             |                    |     |       |
| 796. | 196     | 47      | JAMIE DAVID         | MADISON HEIGHTS VA | 792 | 49:02 |
| 796  | 57:17   | 1:46:18 | 1:47:29             |                    |     |       |
| 797. | 1014    | 21      | AUSTIN PERRY        | NEWPORT NEWS VA    | 706 | 46:40 |
| 848  | 1:00:23 | 1:47:03 | 1:47:30             |                    |     |       |
| 798. | 671     | 51      | BRUCE REID          | CONCORD VA         | 798 | 49:19 |
| 793  | 57:07   | 1:46:25 | 1:47:34             |                    |     |       |
| 799. | 994     | 27      | LAUREN HOGGE        | BEDFORD VA         | 845 | 51:54 |
| 732  | 54:50   | 1:46:44 | 1:47:37             |                    |     |       |
| 800. | 995     |         | KYLE YOUNG          | LYNCHBURG VA       | 844 | 51:54 |
| 741  | 54:56   | 1:46:50 | 1:47:43             |                    |     |       |

|      |         |         |                     |               |     |       |
|------|---------|---------|---------------------|---------------|-----|-------|
| 801. | 4       | 27      | JENNIFER ABBOTT     | BEDFORD VA    | 843 | 51:54 |
| 743  | 54:58   | 1:46:51 | 1:47:44             |               |     |       |
| 802. | 98      | 36      | WENDY BROOKS        | LYNCHBURG VA  | 851 | 52:18 |
| 714  | 54:31   | 1:46:48 | 1:47:55             |               |     |       |
| 803. | 358     | 27      | MEREDITH HANSEN     | AMHERST VA    | 782 | 48:35 |
| 811  | 58:18   | 1:46:53 | 1:48:03             |               |     |       |
| 804. | 798     | 54      | CAROLE STONE        | FOREST VA     | 790 | 48:48 |
| 807  | 58:05   | 1:46:52 | 1:48:04             |               |     |       |
| 805. | 797     | 52      | BRYAN STONE         | FOREST VA     | 788 | 48:46 |
| 809  | 58:06   | 1:46:52 | 1:48:04             |               |     |       |
| 806. | 698     | 44      | AVA RUPERT          | FOREST VA     | 828 | 50:44 |
| 789  | 56:52   | 1:47:36 | 1:48:11             |               |     |       |
| 807. | 461     | 47      | DARREN KREEGER      | AMHERST VA    | 803 | 49:27 |
| 799  | 57:33   | 1:47:00 | 1:48:13             |               |     |       |
| 808. | 202     | 63      | ROSEMARY DAWSON     | LYNCHBURG VA  | 826 | 50:33 |
| 794  | 57:09   | 1:47:41 | 1:48:14             |               |     |       |
| 809. | 566     | 36      | STEPHANIE MIEAR     | LYNCHBURG VA  | 852 | 52:19 |
| 750  | 55:12   | 1:47:30 | 1:48:22             |               |     |       |
| 810. | 814     | 49      | KATHERINE SUPER     | LYNCHBURG VA  | 789 | 48:47 |
| 815  | 58:30   | 1:47:17 | 1:48:23             |               |     |       |
| 811. | 407     | 30      | CHIP HUGHES         | APPOMATTOX VA | 784 | 48:38 |
| 821  | 58:49   | 1:47:27 | 1:48:28             |               |     |       |
| 812. | 408     | 27      | KRISTEN HUGHES      | APPOMATTOX VA | 783 | 48:37 |
| 823  | 58:51   | 1:47:27 | 1:48:28             |               |     |       |
| 813. | 380     | 44      | WILLIAM HICKS       | GREENSBORO NC | 813 | 49:54 |
| 800  | 57:34   | 1:47:27 | 1:48:29             |               |     |       |
| 814. | 793     | 27      | JULES STERLING      | LYNCHBURG VA  | 770 | 48:13 |
| 834  | 59:23   | 1:47:36 | 1:48:44             |               |     |       |
| 815. | 252     | 46      | MICHAEL ENDERSON    | FOREST VA     | 688 | 46:18 |
| 869  | 1:02:00 | 1:48:17 | 1:48:47             |               |     |       |
| 816. | 878     | 48      | RANDY WARNER        | WAXHAW NC     | 122 | 33:33 |
| 913  | 1:15:10 | 1:48:42 | 1:48:49             |               |     |       |
| 817. | 923     | 22      | SIMONE WOJTASZEK    | RESTON VA     | 849 | 52:12 |
| 772  | 55:57   | 1:48:08 | 1:48:52             |               |     |       |
| 818. | 643     | 20      | GABRIELA PIATKOWSKI | RESTON VA     | 848 | 52:11 |
| 773  | 55:58   | 1:48:09 | 1:48:52             |               |     |       |
| 819. | 875     | 36      | JENNIFER WALTON     | PAMPLIN VA    | 756 | 47:54 |
| 847  | 1:00:20 | 1:48:14 | 1:48:54             |               |     |       |
| 820. | 854     | 45      | LESLIE TURNER       | EDEN NC       | 808 | 49:38 |
| 820  | 58:47   | 1:48:25 | 1:49:00             |               |     |       |
| 821. | 920     | 45      | EDDIE WITT          | GOODE VA      | 745 | 47:42 |
| 858  | 1:00:58 | 1:48:40 | 1:49:03             |               |     |       |



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|------|---------|---------|-------------------|---------------|-----|-------|
| 822. | 146     | 43      | SUSAN COALSON     | LYNCHBURG VA  | 818 | 50:18 |
| 810  | 58:14   | 1:48:31 | 1:49:06           |               |     |       |
| 823. | 131     | 45      | ALDO CARVELLI     | LYNCHBURG VA  | 771 | 48:17 |
| 855  | 1:00:47 | 1:49:04 | 1:49:18           |               |     |       |
| 824. | 895     | 59      | PATTY WEST        | LYNCHBURG VA  | 836 | 51:21 |
| 787  | 56:50   | 1:48:11 | 1:49:20           |               |     |       |
| 825. | 688     | 41      | JILL ROBERTS      | LYNCHBURG VA  | 811 | 49:49 |
| 822  | 58:51   | 1:48:39 | 1:49:21           |               |     |       |
| 826. | 438     | 25      | JOSHUA KEITH      | LYNCHBURG VA  | 763 | 48:06 |
| 854  | 1:00:46 | 1:48:52 | 1:49:34           |               |     |       |
| 827. | 939     | 29      | CANDACE YODER     | FARMVILLE VA  | 810 | 49:39 |
| 816  | 58:42   | 1:48:21 | 1:49:35           |               |     |       |
| 828. | 111     | 50      | SARA LLOYD BRYANT | LYNCHBURG VA  | 833 | 51:03 |
| 813  | 58:18   | 1:49:20 | 1:49:37           |               |     |       |
| 829. | 478     | 46      | DENNIS LAYNE      | FOREST VA     | 814 | 49:57 |
| 836  | 59:23   | 1:49:20 | 1:49:45           |               |     |       |
| 830. | 749     | 47      | KYLE SHORT        | FOREST VA     | 815 | 49:57 |
| 835  | 59:23   | 1:49:20 | 1:49:45           |               |     |       |
| 831. | 794     | 43      | WENDY STERNE      | FOREST VA     | 827 | 50:40 |
| 829  | 59:03   | 1:49:43 | 1:49:57           |               |     |       |
| 832. | 398     | 34      | BARBARA HUBBARD   | LYNCHBURG VA  | 799 | 49:19 |
| 838  | 59:30   | 1:48:49 | 1:50:01           |               |     |       |
| 833. | 445     | 38      | MALIA KING        | LYNCHBURG VA  | 834 | 51:03 |
| 812  | 58:18   | 1:49:21 | 1:50:06           |               |     |       |
| 834. | 276     | 39      | TAMMY FISCHER     | CUMMING GA    | 821 | 50:24 |
| 841  | 59:37   | 1:50:01 | 1:50:16           |               |     |       |
| 835. | 598     | 44      | SUSAN NELSON      | TROY VA       | 859 | 52:49 |
| 786  | 56:50   | 1:49:39 | 1:50:27           |               |     |       |
| 836. | 53      | 36      | LEANN BAUER       | CROZET VA     | 858 | 52:49 |
| 788  | 56:51   | 1:49:40 | 1:50:27           |               |     |       |
| 837. | 720     | 25      | LINDSAY SCHALLMO  | FOREST VA     | 838 | 51:23 |
| 819  | 58:47   | 1:50:09 | 1:50:39           |               |     |       |
| 838. | 79      | 48      | MARY JO BOONE     | BEDFORD VA    | 823 | 50:28 |
| 825  | 58:54   | 1:49:22 | 1:50:40           |               |     |       |
| 839. | 336     | 36      | KRISTEN GRAHAM    | BEDFORD VA    | 824 | 50:29 |
| 826  | 58:55   | 1:49:24 | 1:50:40           |               |     |       |
| 840. | 179     | 33      | ELIZABETH CREASY  | BEDFORD VA    | 825 | 50:30 |
| 824  | 58:54   | 1:49:23 | 1:50:40           |               |     |       |
| 841. | 596     | 22      | ANN NELSON        | ARLINGTON VA  | 806 | 49:33 |
| 845  | 1:00:11 | 1:49:43 | 1:50:48           |               |     |       |
| 842. | 61      | 50      | KENT BENFIELD     | GREENSBORO NC | 812 | 49:51 |

|      |         |         |                  |                    |     |       |
|------|---------|---------|------------------|--------------------|-----|-------|
| 849  | 1:00:24 | 1:50:15 | 1:51:11          |                    |     |       |
| 843. | 417     | 28      | BETH JACKSON     | LYNCHBURG VA       | 830 | 50:58 |
| 831  | 59:06   | 1:50:03 | 1:51:17          |                    |     |       |
| 844. | 927     | 12      | LUCY WOOLDRIDGE  | EVINGTON VA        | 802 | 49:26 |
| 871  | 1:02:09 | 1:51:34 | 1:51:36          |                    |     |       |
| 845. | 383     | 59      | SUSAN HILL       | ROANOKE VA         | 865 | 53:00 |
| 804  | 57:59   | 1:50:58 | 1:52:00          |                    |     |       |
| 846. | 784     | 42      | JENNY STADHEIM   | FOREST VA          | 831 | 50:59 |
| 846  | 1:00:18 | 1:51:16 | 1:52:06          |                    |     |       |
| 847. | 114     | 48      | DEDE BUHLER      | LYNCHBURG VA       | 822 | 50:25 |
| 859  | 1:01:16 | 1:51:40 | 1:52:06          |                    |     |       |
| 848. | 545     | 55      | RUSSELL MCMAHON  | CINCINNATI OH      | 870 | 53:37 |
| 802  | 57:53   | 1:51:29 | 1:52:19          |                    |     |       |
| 849. | 945     | 45      | GINNY ZIRKLE     | AMHERST VA         | 840 | 51:44 |
| 842  | 59:38   | 1:51:21 | 1:52:23          |                    |     |       |
| 850. | 180     | 40      | ALISON CREHORE   | MADISON HEIGHTS VA | 841 | 51:46 |
| 840  | 59:36   | 1:51:22 | 1:52:24          |                    |     |       |
| 851. | 554     | 44      | CAROLINE MEGAHAN | TROY VA            | 856 | 52:27 |
| 830  | 59:04   | 1:51:31 | 1:52:35          |                    |     |       |
| 852. | 163     | 27      | SHERRY CONRAD    | LYNCHBURG VA       | 886 | 55:16 |
| 785  | 56:47   | 1:52:02 | 1:52:48          |                    |     |       |
| 853. | 800     | 22      | KERI STONE       | LYNCHBURG VA       | 847 | 51:57 |
| 856  | 1:00:51 | 1:52:48 | 1:53:12          |                    |     |       |
| 854. | 65      | 30      | JEN BERRY        | MADISON HEIGHTS VA | 846 | 51:56 |
| 857  | 1:00:51 | 1:52:47 | 1:53:13          |                    |     |       |
| 855. | 863     | 29      | CHELSIE VIAR     | LYNCHBURG VA       | 861 | 52:53 |
| 839  | 59:32   | 1:52:24 | 1:53:17          |                    |     |       |
| 856. | 471     | 41      | MELODY LAPRADE   | FOREST VA          | 855 | 52:25 |
| 850  | 1:00:43 | 1:53:07 | 1:53:22          |                    |     |       |
| 857. | 18      | 58      | JOEY ALLEN       | LYNCHBURG VA       | 867 | 53:18 |
| 843  | 59:39   | 1:52:57 | 1:53:30          |                    |     |       |
| 858. | 251     | 32      | PATRICIA EMMERT  | MADISON HEIGHTS VA | 842 | 51:53 |
| 864  | 1:01:36 | 1:53:28 | 1:53:53          |                    |     |       |
| 859. | 448     | 24      | CARRIE KNAPP     | LYNCHBURG VA       | 817 | 50:16 |
| 875  | 1:02:58 | 1:53:13 | 1:53:58          |                    |     |       |
| 860. | 426     | 21      | HOLLY JOHNSON    | EVINGTON VA        | 850 | 52:15 |
| 862  | 1:01:25 | 1:53:40 | 1:54:11          |                    |     |       |
| 861. | 889     | 26      | ANDREA WEBB      | LYNCHBURG VA       | 839 | 51:31 |
| 863  | 1:01:31 | 1:53:01 | 1:54:15          |                    |     |       |
| 862. | 40      | 60      | DIANA BALDWIN    | LYNCHBURG VA       | 862 | 52:56 |
| 851  | 1:00:43 | 1:53:38 | 1:54:27          |                    |     |       |

|      |         |    |                    |                   |     |       |
|------|---------|----|--------------------|-------------------|-----|-------|
| 863. | 728     | 29 | JODI SCHROEDER     | DESHLER OH        | 890 | 55:26 |
| 805  | 58:03   |    | 1:53:28 1:54:32    |                   |     |       |
| 864. | 332     | 28 | MIKE GOSSLER       | FOREST VA         | 853 | 52:19 |
| 861  | 1:01:24 |    | 1:53:43 1:54:44    |                   |     |       |
| 865. | 766     | 21 | CHRISTINA SMITH    | LYNCHBURG VA      | 864 | 52:59 |
| 860  | 1:01:19 |    | 1:54:18 1:55:08    |                   |     |       |
| 866. | 898     | 38 | DARYL WHIPKEY      | FOREST VA         | 883 | 55:01 |
| 852  | 1:00:44 |    | 1:55:44 1:56:12    |                   |     |       |
| 867. | 846     | 35 | JAMIE TRENT        | EVINGTON VA       | 877 | 54:13 |
| 865  | 1:01:44 |    | 1:55:56 1:56:21    |                   |     |       |
| 868. | 400     | 63 | WILLIAM HUBBARD    | FOREST VA         | 866 | 53:11 |
| 876  | 1:02:59 |    | 1:56:10 1:56:25    |                   |     |       |
| 869. | 14      | 24 | RENEE' ADKINS      | LYNCHBURG VA      | 885 | 55:08 |
| 853  | 1:00:46 |    | 1:55:53 1:56:31    |                   |     |       |
| 870. | 155     | 16 | AMBER COMPTON      | EVINGTON VA       | 875 | 54:11 |
| 867  | 1:01:55 |    | 1:56:06 1:56:33    |                   |     |       |
| 871. | 662     | 26 | RACHEL PUNCHES     | BOWLING GREEN OH  | 888 | 55:25 |
| 844  | 1:00:06 |    | 1:55:30 1:56:34    |                   |     |       |
| 872. | 922     | 32 | MISTY WITT         | GOODE VA          | 873 | 54:00 |
| 872  | 1:02:39 |    | 1:56:39 1:57:02    |                   |     |       |
| 873. | 175     | 28 | KIMBERLY COX       | VIRGINIA BEACH VA | 878 | 54:17 |
| 866  | 1:01:51 |    | 1:56:08 1:57:10    |                   |     |       |
| 874. | 541     | 34 | KIELAND MCFARLAND  | DINWIDDIE VA      | 854 | 52:24 |
| 883  | 1:05:13 |    | 1:57:37 1:58:26    |                   |     |       |
| 875. | 947     | 37 | BRANDON ZUIDEMA    | FOREST VA         | 880 | 54:23 |
| 878  | 1:03:23 |    | 1:57:45 1:58:33    |                   |     |       |
| 876. | 948     | 39 | SPRING ZUIDEMA     | FOREST VA         | 879 | 54:23 |
| 879  | 1:03:23 |    | 1:57:46 1:58:33    |                   |     |       |
| 877. | 637     | 39 | BROOKE PETTYJOHN   | LYNCHBURG VA      | 884 | 55:05 |
| 874  | 1:02:57 |    | 1:58:02 1:58:34    |                   |     |       |
| 878. | 483     | 36 | TONDA LEE          | FOREST VA         | 894 | 55:59 |
| 868  | 1:01:57 |    | 1:57:56 1:58:34    |                   |     |       |
| 879. | 666     | 40 | SHARON RAMSEY      | FOREST VA         | 876 | 54:13 |
| 880  | 1:03:46 |    | 1:57:58 1:59:18    |                   |     |       |
| 880. | 489     | 37 | JENNIFER LINDSEY   | CUMMING GA        | 869 | 53:25 |
| 887  | 1:05:51 |    | 1:59:16 1:59:30    |                   |     |       |
| 881. | 41      | 34 | JON BALLARD        | GREER SC          | 868 | 53:24 |
| 888  | 1:05:52 |    | 1:59:16 1:59:30    |                   |     |       |
| 882. | 207     | 21 | MICHAEL DEJARNETTE | RADFORD VA        | 872 | 53:53 |
| 890  | 1:06:05 |    | 1:59:57 2:00:30    |                   |     |       |
| 883. | 1024    | 20 | HEATHER ZAKRZEWSKI | BLACKSBURG VA     | 871 | 53:51 |
| 891  | 1:06:06 |    | 1:59:56 2:00:30    |                   |     |       |

|      |         |    |                   |                    |     |         |
|------|---------|----|-------------------|--------------------|-----|---------|
| 884. | 235     | 64 | JAMES DUNLAP      | BLACKSBURG VA      | 863 | 52:58   |
| 896  | 1:06:58 |    | 1:59:56           |                    |     |         |
| 885. | 43      | 27 | JOSHUA BANKS      | LYNCHBURG VA       | 897 | 56:38   |
| 881  | 1:03:48 |    | 2:00:25 2:01:01   |                    |     |         |
| 886. | 432     | 62 | DAVID JORDAN      | MONROE VA          | 874 | 54:04   |
| 893  | 1:06:25 |    | 2:00:28 2:01:29   |                    |     |         |
| 887. | 506     | 24 | AMANDA MAHAFFEY   | LYNCHBURG VA       | 887 | 55:24   |
| 882  | 1:04:54 |    | 2:00:18 2:01:30   |                    |     |         |
| 888. | 756     | 47 | DEBBY SINGLETON   | SYLVA NC           | 899 | 57:36   |
| 877  | 1:03:08 |    | 2:00:43 2:01:42   |                    |     |         |
| 889. | 581     | 25 | JUSTIN MOORE      | LYNCHBURG VA       | 857 | 52:40   |
| 901  | 1:08:32 |    | 2:01:11 2:01:44   |                    |     |         |
| 890. | 799     | 31 | JOSHUA STONE      | RICHMOND VA        | 881 | 54:26   |
| 894  | 1:06:46 |    | 2:01:11 2:02:17   |                    |     |         |
| 891. | 856     | 55 | STEPHENS TURNER   | EDEN NC            | 891 | 55:45   |
| 889  | 1:06:02 |    | 2:01:47 2:02:21   |                    |     |         |
| 892. | 30      | 28 | NILESH APSINGEKAR | LYNCHBURG VA       | 901 | 59:19   |
| 870  | 1:02:01 |    | 2:01:20 2:02:32   |                    |     |         |
| 893. | 82      | 26 | KIMBERLY BORLAND  | RICHMOND VA        | 898 | 57:28   |
| 886  | 1:05:20 |    | 2:02:48 2:04:01   |                    |     |         |
| 894. | 964     | 26 | JANE THOMAS       | APPOMATTOX VA      | 892 | 55:51   |
| 897  | 1:07:10 |    | 2:03:00 2:04:15   |                    |     |         |
| 895. | 193     | 30 | TONY ANCY         | CHRISTIANSBURG VA  | 889 | 55:25   |
| 9    | 1:08:18 |    | 2:03:42 2:04:22   |                    |     | 89      |
| 896. | 965     | 0  | JACK DOE III      |                    | 906 | 1:01:23 |
| 873  | 1:02:44 |    | 2:04:07 2:04:47   |                    |     |         |
| 897. | 685     | 53 | MARY RISER        | LYNCHBURG VA       | 900 | 57:52   |
| 892  | 1:06:12 |    | 2:04:03 2:04:51   |                    |     |         |
| 898. | 1000    | 46 | CHERYL NOEGEL     | LYNCHBURG VA       | 895 | 56:16   |
| 900  | 1:08:22 |    | 2:04:38 2:05:50   |                    |     |         |
| 899. | 69      | 72 | JOHN BILLINGSLEA  | LYNCHBURG VA       | 893 | 55:58   |
| 906  | 1:09:51 |    | 2:05:49 2:06:24   |                    |     |         |
| 900. | 172     | 63 | LAURIE COTULLA    | LODI CA            | 907 | 1:01:24 |
| 884  | 1:05:19 |    | 2:06:42 2:07:17   |                    |     |         |
| 901. | 173     | 40 | SHANNON COTULLA   | LYNCHBURG VA       | 905 | 1:01:23 |
| 885  | 1:05:20 |    | 2:06:43 2:07:18   |                    |     |         |
| 902. | 1025    | 22 | ADA RAMEY         | LYNCHBURG VA       | 882 | 54:30   |
| 912  | 1:14:00 |    | 2:08:30 2:08:33   |                    |     |         |
| 903. | 255     | 70 | JOHN EROS         | CHARLOTTESVILLE VA | 904 | 1:01:16 |
| 895  | 1:06:52 |    | 2:08:08 2:09:08   |                    |     |         |
| 904. | 85      | 26 | AMANDA BOWLING    | LYNCHBURG VA       | 896 | 56:20   |

|      |         |         |                    |                  |             |
|------|---------|---------|--------------------|------------------|-------------|
| 909  | 1:12:59 | 2:09:19 | 2:10:28            |                  |             |
| 905. | 401     | 21      | ALEX HUDDLESTON    | FOREST VA        | 903 1:00:29 |
| 904  | 1:09:15 | 2:09:43 | 2:10:51            |                  |             |
| 906. | 219     | 27      | KIT DONALD         | FOREST VA        | 902 1:00:27 |
| 905  | 1:09:16 | 2:09:43 | 2:10:51            |                  |             |
| 907. | 499     | 38      | MAGGIE MACE        | LYNCHBURG VA     | 909 1:02:09 |
| 898  | 1:08:14 | 2:10:22 | 2:11:12            |                  |             |
| 908. | 369     | 57      | DENNIS HATCHER     | RANSON WV        | 910 1:02:15 |
| 902  | 1:08:55 | 2:11:10 | 2:12:13            |                  |             |
| 909. | 227     | 81      | WILLIAM C. DRAPER  | BASKING RIDGE NJ | 914 1:03:42 |
| 903  | 1:09:06 | 2:12:48 | 2:12:58            |                  |             |
| 910. | 115     | 35      | KENNETH BUNCH      | AMHERST VA       | 911 1:03:31 |
| 908  | 1:10:40 | 2:14:11 | 2:15:08            |                  |             |
| 911. | 491     | 34      | JODI LIPSCOMB      | FOREST VA        | 912 1:03:32 |
| 907  | 1:10:40 | 2:14:11 | 2:15:08            |                  |             |
| 912. | 802     | 35      | WENDY STOREY       | LYNCHBURG VA     | 915 1:03:57 |
| 911  | 1:13:47 | 2:17:43 | 2:18:57            |                  |             |
| 913. | 785     | 48      | BILL STAFFORD      | LYNCHBURG VA     | 908 1:01:30 |
| 918  | 1:18:07 | 2:19:37 | 2:20:42            |                  |             |
| 914. | 140     | 37      | HEATHER CHILDRESS  | FOREST VA        | 913 1:03:40 |
| 914  | 1:16:24 | 2:20:04 | 2:21:00            |                  |             |
| 915. | 15      | 59      | DEBORAH ALLEN      | LYNCHBURG VA     | 922 1:07:44 |
| 910  | 1:13:21 | 2:21:04 | 2:21:41            |                  |             |
| 916. | 142     | 59      | ANTHONY CICCARELLO | AMHERST VA       | 916 1:04:03 |
| 915  | 1:17:10 | 2:21:13 | 2:21:59            |                  |             |
| 917. | 58      | 61      | CAROLYN BECKHAM    | LOCUST GROVE VA  | 921 1:05:46 |
| 916  | 1:17:21 | 2:23:07 | 2:24:41            |                  |             |
| 918. | 59      | 66      | RANDOLPH BECKHAM   | LOCUST GROVE VA  | 920 1:05:45 |
| 917  | 1:17:23 | 2:23:07 | 2:24:42            |                  |             |
| 919. | 197     | 44      | ANTOINETTE DAVIS   | LYNCHBURG VA     | 917 1:04:15 |
| 919  | 1:23:26 | 2:27:40 | 2:27:58            |                  |             |
| 920. | 578     | 75      | JIM MONTGOMERY     | DAYTONA BEACH FL | 918 1:04:38 |
| 921  | 1:26:17 | 2:30:54 | 2:31:04            |                  |             |
| 921. | 536     | 37      | MELANIE MCCLURE    | LYNCHBURG VA     | 919 1:04:56 |
| 922  | 1:27:32 | 2:32:27 | 2:33:40            |                  |             |
| 922. | 614     | 38      | ANGELIA PAGE       | LYNCHBURG VA     | 923 1:14:35 |
| 920  | 1:24:21 | 2:38:56 | 2:40:09            |                  |             |
| 923. | 239     | 47      | SUSAN EARLES       | WYTHEVILLE VA    |             |
| 924. | 1027    | 41      | PAUL MWANOI        |                  | 13 25:32    |

Sep-26-2009 1:28:07pm

2009 The Virginia 10-Miler  
Lynchburg, VA 09/26/2009 8:00am

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TOP 6 OVERALL MALES  
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| Place<br>ank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME   | GUN<br>TIME | CITY/STATE         | Rank | RUN5M | R |
|--------------|------------|-------------|----------------|-------------|--------------------|------|-------|---|
| 1.           | 455        | 24          | JULIUS KOGO    | 48:38       | CHAPEL HILL NC     | 8    | 24:18 |   |
| 1            | 24:21      |             | 48:38          | 48:40       |                    |      |       |   |
| 2.           | 1028       | 30          | ELIJAH NYABUTI | 49:44       | HEBRON KY          | 1    | 21:37 |   |
| 3            | 28:08      |             | 49:44          | 49:46       |                    |      |       |   |
| 3.           | 447        | 27          | KIPYEGON KIRUI | 49:51       | CHAPEL HILL NC     | 2    | 21:46 |   |
| 2            | 28:06      |             | 49:51          | 49:52       |                    |      |       |   |
| 4.           | 500        | 24          | BOBBY MACK     | 50:34       | RALEIGH NC         | 3    | 21:56 |   |
| 4            | 28:39      |             | 50:34          | 50:35       |                    |      |       |   |
| 5.           | 139        | 29          | DAVID CHEROMEI | 53:45       | MARION VA          | 5    | 22:49 |   |
| 8            | 30:57      |             | 53:45          | 53:47       |                    |      |       |   |
| 6.           | 424        | 22          | ANDREW JESIEN  | 54:00       | CHARLOTTESVILLE VA | 9    | 24:18 |   |
| 5            | 29:43      |             | 54:00          | 54:02       |                    |      |       |   |

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TOP 1 OVERALL MASTERS MALES  
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| Place<br>ank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME    | GUN<br>TIME | CITY/STATE   | Rank | RUN5M | R |
|--------------|------------|-------------|-----------------|-------------|--------------|------|-------|---|
| 1.           | 133        | 41          | GREGG CAVALIERE |             | LYNCHBURG VA | 2    | 27:18 |   |

1 32:01 59:18 59:21

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TOP 1 OVERALL GRANDMASTERS MALES  
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| Place<br>ank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME  | GUN<br>TIME | CITY/STATE | Rank | RUN5M<br>R |
|--------------|------------|-------------|---------------|-------------|------------|------|------------|
| 1.           | 160        | 52          | BRIAN CONNIFF |             | RADFORD VA | 1    | 28:17      |
| 1            | 34:17      | 1:02:33     | 1:02:35       |             |            |      |            |

2009 The Virginia 10-Miler  
Lynchburg, VA 09/26/2009 8:00am  
Age Group Results - Male

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MALE AGE GROUP: 1 - 17 (200)  
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| Place<br>ank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME     | GUN<br>TIME | CITY/STATE   | Rank | RUN5M<br>R |
|--------------|------------|-------------|------------------|-------------|--------------|------|------------|
| 1.           | 335        | 16          | THOMAS GRABASKAS |             | LYNCHBURG VA | 2    | 31:07      |
| 1            | 35:05      | 1:06:12     | 1:06:21          |             |              |      |            |
| 2.           | 959        | 16          | STEFAN MOSCALN   |             | LYNCHBURG VA | 1    | 30:55      |
| 3            | 36:06      | 1:07:01     | 1:07:08          |             |              |      |            |
| 3.           | 624        | 16          | ERIC PAULSON     |             | RUSTBURG VA  | 3    | 31:09      |
| 2            | 35:57      | 1:07:06     | 1:07:13          |             |              |      |            |
| 4.           | 466        | 16          | GABE LAMARTINA   |             | FOREST VA    | 4    | 31:21      |
| 4            | 36:46      | 1:08:06     | 1:08:11          |             |              |      |            |
| 5.           | 452        | 15          | ZACH KNIGHT      |             | LYNCHBURG VA | 6    | 33:08      |
| 6            | 39:44      | 1:12:51     | 1:12:58          |             |              |      |            |
| 6.           | 873        | 17          | AUSTIN WALKER    |             | LYNCHBURG VA | 5    | 33:07      |
| 8            | 39:44      | 1:12:51     | 1:12:58          |             |              |      |            |
| 7.           | 811        | 15          | PATRICK SULLIVAN |             | LYNCHBURG VA | 7    | 33:08      |

|     |       |         |                    |                    |    |       |
|-----|-------|---------|--------------------|--------------------|----|-------|
| 7   | 39:44 | 1:12:52 | 1:12:59            |                    |    |       |
| 8.  | 782   | 17      | PATRICK SPENCER    | FOREST VA          | 8  | 33:25 |
| 9   | 39:46 | 1:13:10 | 1:13:18            |                    |    |       |
| 9.  | 165   | 17      | STEVEN COOKE       | MADISON HEIGHTS VA | 11 | 34:25 |
| 10  | 39:57 | 1:14:22 | 1:14:43            |                    |    |       |
| 10. | 505   | 17      | TYLER MAGANN       | LYNCHBURG VA       | 13 | 35:10 |
| 5   | 39:28 | 1:14:38 | 1:14:46            |                    |    |       |
| 11. | 539   | 17      | MAX MCCRARY        | LYNCHBURG VA       | 10 | 34:09 |
| 12  | 40:50 | 1:14:58 | 1:15:01            |                    |    |       |
| 12. | 220   | 17      | BRANDON DORR       | MONROE VA          | 9  | 33:47 |
| 14  | 41:16 | 1:15:03 | 1:15:13            |                    |    |       |
| 13. | 524   | 15      | JEREMY MASON       | LYNCHBURG VA       | 12 | 35:08 |
| 11  | 40:29 | 1:15:37 | 1:16:40            |                    |    |       |
| 14. | 186   | 13      | LANDON CURRY       | EVINGTON VA        | 16 | 36:35 |
| 15  | 42:54 | 1:19:28 | 1:19:43            |                    |    |       |
| 15. | 97    | 15      | REGAN BROOKS       | FOREST VA          | 15 | 36:15 |
| 17  | 43:52 | 1:20:07 | 1:20:25            |                    |    |       |
| 16. | 372   | 16      | JONATHAN HENDERSON | EVINGTON VA        | 14 | 35:57 |
| 18  | 44:22 | 1:20:19 | 1:20:38            |                    |    |       |
| 17. | 119   | 15      | CHAD CALVERT       | LYNCHBURG VA       | 20 | 39:06 |
| 13  | 40:56 | 1:20:02 | 1:20:57            |                    |    |       |
| 18. | 502   | 13      | BLANE MADDOX       | FOREST VA          | 17 | 37:00 |
| 16  | 42:59 | 1:19:59 | 1:21:05            |                    |    |       |
| 19. | 626   | 17      | BEN PAYNE          | AMHERST VA         | 19 | 37:20 |
| 19  | 45:11 | 1:22:31 | 1:23:12            |                    |    |       |
| 20. | 952   | 16      | GABRIEL BOSEN      | LYNCHBURG VA       | 18 | 37:10 |
| 20  | 47:02 | 1:24:11 | 1:24:22            |                    |    |       |
| 21. | 465   | 16      | DREW LAMARTINA     | LYNCHBURG VA       | 21 | 40:13 |
| 21  | 48:34 | 1:28:47 | 1:28:56            |                    |    |       |
| 22. | 222   | 10      | RYAN DORR          | MONROE VA          | 22 | 42:38 |
| 22  | 51:15 | 1:33:52 | 1:34:03            |                    |    |       |
| 23. | 100   | 11      | JASON BROWN        | FOREST VA          | 23 | 45:52 |
| 23  | 54:01 | 1:39:52 | 1:40:06            |                    |    |       |
| 24. | 850   | 13      | BRETT TURNER       | FOREST VA          | 24 | 49:30 |
| 24  | 57:09 | 1:46:39 | 1:46:55            |                    |    |       |

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MALE AGE GROUP: 18 - 24 (200)

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| Place | Bib | Age | NAME | CITY/STATE | Rank | RUN5M R |
|-------|-----|-----|------|------------|------|---------|
|-------|-----|-----|------|------------|------|---------|



ank RUN CHIP TIME GUN TIME

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|    |       |    |                 |              |   |       |
|----|-------|----|-----------------|--------------|---|-------|
| 1. | 420   | 23 | JARVIS JELEN    | LYNCHBURG VA | 1 | 22:41 |
| 1  | 30:08 |    | 52:49 54:09     |              |   |       |
| 2. | 900   | 20 | JORDAN WHITLOCK | LYNCHBURG VA | 2 | 25:30 |
| 5  | 32:47 |    | 58:17 58:18     |              |   |       |
| 3. | 176   | 19 | RYAN COX        | LYNCHBURG VA | 4 | 26:30 |
| 2  | 31:58 |    | 58:27 58:29     |              |   |       |
| 4. | 241   | 18 | PETER EDMONDS   | LYNCHBURG VA | 5 | 26:31 |
| 3  | 32:09 |    | 58:40 58:41     |              |   |       |
| 5. | 981   | 21 | GEOPHERY MILLS  | LEXINGTON VA | 3 | 26:25 |
| 4  | 32:30 |    | 58:54 59:01     |              |   |       |

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 MALE AGE GROUP: 18 - 24 (200)  
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| Place<br>ank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME                  | GUN<br>TIME | CITY/STATE        | Rank  | RUN5M<br>R |
|--------------|------------|-------------|-------------------------------|-------------|-------------------|-------|------------|
| =====        | =====      | =====       | =====                         | =====       | =====             | ===== | =====      |
| 6.<br>6      | 1015       | 22          | GEORGE HEESCHEN<br>59:28      | 59:32       | EARLTSVILLE VA    | 6     | 26:34      |
| 7.<br>7      | 587        | 23          | CHRIS MOTTA<br>1:01:32        | 1:01:35     | HENRICO VA        | 8     | 27:56      |
| 8.<br>8      | 450        | 19          | JOSH KNIGHT<br>1:03:48        | 1:03:49     | LYNCHBURG VA      | 9     | 29:08      |
| 9.<br>9      | 228        | 20          | NICK DRESVYANNIKOV<br>1:02:52 | 1:04:12     | PLAIN CITY OH     | 7     | 27:30      |
| 10.<br>11    | 71         | 23          | JOHN BINGHAM<br>1:05:43       | 1:05:47     | LYNCHBURG VA      | 12    | 30:06      |
| 11.<br>10    | 182        | 24          | ZACHARY CRUMP<br>1:05:50      | 1:06:50     | MECHANICSVILLE VA | 13    | 30:19      |
| 12.<br>12    | 739        | 24          | AUSTIN SHELDON<br>1:06:52     | 1:06:55     | LYNCHBURG VA      | 14    | 30:20      |
| 13.<br>14    | 718        | 24          | PAUL SCANLON<br>1:07:53       | 1:07:55     | RICHMOND VA       | 11    | 30:05      |
| 14.<br>18    | 817        | 21          | BRENTON SWYERS<br>1:08:13     | 1:08:17     | LYNCHBURG VA      | 10    | 29:15      |
| 15.<br>13    | 980        | 20          | ERIC TYSON<br>1:10:40         | 1:10:46     | LEXINGTON VA      | 20    | 33:03      |
| 16.<br>16    | 611        | 20          | R. PAUL OVERSTREET<br>1:10:36 | 1:11:01     | LYNCHBURG VA      | 19    | 32:05      |
| 17.<br>17    | 982        | 20          | NICK MCFARLAND<br>1:10:28     | 1:11:06     | LEXINGTON VA      | 18    | 31:54      |
| 18.<br>20    | 979        | 20          | JAMIE BOST<br>1:11:01         | 1:11:40     | AMHERST VA        | 17    | 31:48      |
| 19.<br>24    | 732        | 21          | DREW SETLIFF<br>1:11:43       | 1:11:47     | LYNCHBURG VA      | 15    | 31:13      |
| 20.<br>25    | 519        | 18          | TRAVIS MARSHALL<br>1:12:16    | 1:12:17     | LYNCHBURG VA      | 16    | 31:46      |
| 21.<br>21    | 931        | 24          | ADAM WRIGHT<br>1:13:12        | 1:13:23     | LYNCHBURG VA      | 22    | 33:52      |

|     |       |         |                   |                     |    |       |
|-----|-------|---------|-------------------|---------------------|----|-------|
| 22. | 194   | 21      | SAM DANGC         | LYNCHBURG VA        | 21 | 33:36 |
| 19  | 39:03 | 1:12:39 | 1:13:38           |                     |    |       |
| 23. | 103   | 19      | KENDALL BROWN     | LYNCHBURG VA        | 23 | 33:57 |
| 23  | 40:26 | 1:14:22 | 1:15:28           |                     |    |       |
| 24. | 974   | 22      | BENJAMIN BERRY    | BEDFORD VA          | 29 | 36:09 |
| 15  | 38:26 | 1:14:35 | 1:15:52           |                     |    |       |
| 25. | 474   | 19      | ERIC LAUGHLIN     | LYNCHBURG VA        | 30 | 36:09 |
| 22  | 40:10 | 1:16:19 | 1:16:21           |                     |    |       |
| 26. | 124   | 22      | JAKE CARLSON      | LYNCHBURG VA        | 24 | 34:28 |
| 32  | 42:01 | 1:16:29 | 1:17:17           |                     |    |       |
| 27. | 558   | 22      | JARED MELOT       | LYNCHBURG VA        | 25 | 35:24 |
| 30  | 41:50 | 1:17:13 | 1:17:50           |                     |    |       |
| 28. | 986   | 20      | BENJAMIN WARREN   | LYNCHBURG VA        | 27 | 35:56 |
| 29  | 41:48 | 1:17:44 | 1:17:53           |                     |    |       |
| 29. | 108   | 20      | MATTHEW BRYANT    | LYNCHBURG VA        | 26 | 35:39 |
| 28  | 41:39 | 1:17:17 | 1:18:17           |                     |    |       |
| 30. | 978   | 20      | ROBERT STRASKULIE | WELLESLEY MA        | 31 | 36:37 |
| 31  | 41:56 | 1:18:32 | 1:19:10           |                     |    |       |
| 31. | 821   | 21      | BENJAMIN TAYLOR   | GAINESVILLE VA      | 32 | 37:30 |
| 26  | 40:59 | 1:18:28 | 1:19:18           |                     |    |       |
| 32. | 191   | 23      | BRIAN DAMEWOOD    | LYNCHBURG VA        | 33 | 38:07 |
| 34  | 43:35 | 1:21:41 | 1:22:21           |                     |    |       |
| 33. | 92    | 21      | RICK BRIGHTWELL   | MADISON HEIGHTS VA  | 39 | 40:04 |
| 27  | 41:15 | 1:21:18 | 1:22:29           |                     |    |       |
| 34. | 387   | 24      | WILLIAM HIX       | LYNCHBURG VA        | 36 | 38:54 |
| 36  | 44:27 | 1:23:21 | 1:23:45           |                     |    |       |
| 35. | 1016  | 24      | JASON MARSTON     | LYNCHBURG VA        | 38 | 40:00 |
| 33  | 42:43 | 1:22:42 | 1:23:55           |                     |    |       |
| 36. | 648   | 19      | DREW POCILUYKO    | BLACKSBURG VA       | 35 | 38:21 |
| 39  | 46:04 | 1:24:24 | 1:24:39           |                     |    |       |
| 37. | 709   | 19      | ADAM SAIENNI      | HOCKESSIN DE        | 28 | 35:56 |
| 45  | 49:16 | 1:25:12 | 1:25:23           |                     |    |       |
| 38. | 1023  | 19      | COLE ERICHSON     | CLIFTON VA          | 34 | 38:11 |
| 43  | 48:46 | 1:26:57 | 1:26:58           |                     |    |       |
| 39. | 763   | 22      | RYAN SMALL        | COLONIAL HEIGHTS VA | 44 | 42:44 |
| 35  | 44:21 | 1:27:05 | 1:27:53           |                     |    |       |
| 40. | 621   | 23      | ANDREW PATTERSON  | LYNCHBURG VA        | 42 | 41:42 |
| 38  | 45:54 | 1:27:36 | 1:27:58           |                     |    |       |
| 41. | 237   | 24      | MIKE EAMES        | MADISON HEIGHTS VA  | 41 | 40:30 |
| 41  | 47:37 | 1:28:06 | 1:29:01           |                     |    |       |
| 42. | 910   | 21      | MATTHEW WILLIAMS  | LYNCHBURG VA        | 46 | 43:42 |
| 37  | 44:32 | 1:28:14 | 1:29:25           |                     |    |       |

|     |         |         |                    |                    |    |       |
|-----|---------|---------|--------------------|--------------------|----|-------|
| 43. | 68      | 20      | TIM BEUERLE JR.    | LYNCHBURG VA       | 40 | 40:12 |
| 47  | 49:33   | 1:29:45 | 1:30:12            |                    |    |       |
| 44. | 1029    | 18      | ROBERT ELKINS      | CONCORD VA         | 37 | 39:53 |
| 49  | 50:32   | 1:30:25 | 1:30:49            |                    |    |       |
| 45. | 157     | 20      | ISAAC CONDE        | LYNCHBURG VA       | 43 | 41:51 |
| 42  | 47:43   | 1:29:33 | 1:31:41            |                    |    |       |
| 46. | 153     | 22      | JORDAN COLVILLE    | MADISON HEIGHTS VA | 50 | 46:34 |
| 40  | 46:09   | 1:32:43 | 1:33:29            |                    |    |       |
| 47. | 881     | 20      | MATTHEW WARWICK    | LYNCHBURG VA       | 49 | 44:07 |
| 44  | 48:57   | 1:33:04 | 1:33:33            |                    |    |       |
| 48. | 628     | 22      | TRAVIS PEARL       | AMHERST VA         | 48 | 43:56 |
| 46  | 49:20   | 1:33:15 | 1:34:27            |                    |    |       |
| 49. | 49      | 24      | EVAN BARNHART      | LYNCHBURG VA       | 47 | 43:44 |
| 48  | 50:26   | 1:34:10 | 1:35:05            |                    |    |       |
| 50. | 260     | 23      | DEAN EVANS         | MOORESTOWN VA      | 45 | 42:50 |
| 50  | 52:40   | 1:35:29 | 1:35:47            |                    |    |       |
| 51. | 737     | 20      | MALCOLM SHEALER    | LYNCHBURGH VA      | 52 | 47:50 |
| 51  | 52:46   | 1:40:36 | 1:41:47            |                    |    |       |
| 52. | 1014    | 21      | AUSTIN PERRY       | NEWPORT NEWS VA    | 51 | 46:40 |
| 52  | 1:00:23 | 1:47:03 | 1:47:30            |                    |    |       |
| 53. | 207     | 21      | MICHAEL DEJARNETTE | RADFORD VA         | 53 | 53:53 |
| 53  | 1:06:05 | 1:59:57 | 2:00:30            |                    |    |       |

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MALE AGE GROUP: 25 - 29 (200)

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| Place | Bib   | Age     | NAME                   | CITY/STATE         | Rank | RUN5M | R |
|-------|-------|---------|------------------------|--------------------|------|-------|---|
| ank   |       |         | RUN CHIP TIME GUN TIME |                    |      |       |   |
| 1.    | 285   | 26      | BRIAN FLYNN            | GREENSBORO NC      | 2    | 24:17 |   |
| 1     | 30:22 | 54:39   | 54:40                  |                    |      |       |   |
| 2.    | 905   | 25      | KALIB WILKINSON        | LYNCHBURG VA       | 1    | 24:03 |   |
| 2     | 30:57 | 55:00   | 55:40                  |                    |      |       |   |
| 3.    | 727   | 28      | ANDREW SCHROEDER       | CHARLOTTESVILLE VA | 3    | 25:45 |   |
| 3     | 31:45 | 57:29   | 57:31                  |                    |      |       |   |
| 4.    | 1021  | 25      | JESSIE DALTON          | GRETNA VA          | 4    | 25:54 |   |
| 4     | 32:47 | 58:40   | 58:43                  |                    |      |       |   |
| 5.    | 200   | 25      | JOHN DAVIS             | HUNTINGTON WV      | 5    | 27:06 |   |
| 8     | 35:49 | 1:02:55 | 1:02:57                |                    |      |       |   |

|     |       |         |                |               |    |       |
|-----|-------|---------|----------------|---------------|----|-------|
| 6.  | 473   | 26      | JOHN LAUFFER   | LYNCHBURG VA  | 7  | 29:48 |
| 5   | 34:24 | 1:04:11 | 1:04:15        |               |    |       |
| 7.  | 385   | 26      | AUSTIN HINKSON | LYNCHBURG VA  | 6  | 29:38 |
| 6   | 35:26 | 1:05:03 | 1:05:04        |               |    |       |
| 8.  | 597   | 29      | ERIC NELSON    | FOREST VA     | 8  | 30:14 |
| 7   | 35:32 | 1:05:45 | 1:05:48        |               |    |       |
| 9.  | 190   | 25      | MATT DAMERON   | ROANOKE VA    | 9  | 30:25 |
| 9   | 36:31 | 1:06:55 | 1:07:49        |               |    |       |
| 10. | 74    | 27      | CHAD BLANTON   | WAYNESBORO VA | 10 | 30:43 |
| 10  | 37:43 | 1:08:25 | 1:08:29        |               |    |       |

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 MALE AGE GROUP: 25 - 29 (200)  
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| Place<br>ank | Bib<br>RUN   | Age<br>CHIP   | NAME<br>TIME                 | GUN<br>TIME | CITY/STATE         | Rank | RUN5M<br>R |
|--------------|--------------|---------------|------------------------------|-------------|--------------------|------|------------|
| ====         | ====         | ====          | =====                        | =====       | =====              | ==== | =====      |
| 11.<br>13    | 830<br>38:09 | 27<br>1:09:31 | DOUGLAS THOMASEY<br>1:09:36  |             | LYNCHBURG VA       | 11   | 31:23      |
| 12.<br>11    | 379<br>37:48 | 25<br>1:09:42 | JEFFREY HESSON<br>1:10:11    |             | LYNCHBURG VA       | 13   | 31:54      |
| 13.<br>15    | 143<br>38:27 | 26<br>1:10:08 | PHILIP CICCARELLO<br>1:10:11 |             | CHARLOTTE NC       | 12   | 31:41      |
| 14.<br>12    | 654<br>37:56 | 27<br>1:11:14 | DANIEL PREUSSER<br>1:11:18   |             | LYNCHBURG VA       | 15   | 33:19      |
| 15.<br>14    | 147<br>38:21 | 25<br>1:11:16 | DENNIS COAN<br>1:11:20       |             | LYNCHBURG VA       | 14   | 32:56      |
| 16.<br>16    | 151<br>38:30 | 27<br>1:12:52 | BRYAN COLLIER<br>1:13:13     |             | PALMYRA VA         | 20   | 34:23      |
| 17.<br>18    | 242<br>40:22 | 26<br>1:13:51 | BLAKE EDMONDSON<br>1:14:00   |             | LYNCHBURG VA       | 16   | 33:30      |
| 18.<br>17    | 250<br>40:17 | 28<br>1:13:47 | DAVID EMMERT<br>1:14:11      |             | MADISON HEIGHTS VA | 17   | 33:31      |
| 19.<br>19    | 935<br>40:45 | 29<br>1:14:54 | WALKER WRIGHT<br>1:15:16     |             | BEDFORD VA         | 19   | 34:09      |
| 20.<br>26    | 127<br>42:07 | 27<br>1:16:06 | PAUL CARMANY<br>1:16:10      |             | LYNCHBURG VA       | 18   | 34:00      |
| 21.<br>22    | 865<br>41:36 | 29<br>1:16:41 | FRANKIE VIAR<br>1:17:09      |             | LYNCHBURG VA       | 21   | 35:06      |
| 22.<br>27    | 538<br>42:15 | 29<br>1:17:53 | TIMOTHY MCCORMICK<br>1:18:18 |             | STERLING VA        | 23   | 35:39      |
| 23.<br>28    | 683<br>43:01 | 28<br>1:18:15 | JOEL RILEY<br>1:18:24        |             | LYNCHBURG VA       | 22   | 35:14      |
| 24.<br>21    | 212<br>41:07 | 26<br>1:18:28 | ROBERT DERISE<br>1:18:48     |             | LYNCHBURG VA       | 29   | 37:22      |
| 25.<br>29    | 885<br>43:02 | 26<br>1:18:58 | JONATHAN WASHBURN<br>1:19:02 |             | LYNCHBURG VA       | 25   | 35:56      |
| 26.<br>31    | 277<br>43:15 | 28<br>1:19:03 | JEREMIAH FISH<br>1:19:30     |             | AFTON VA           | 24   | 35:49      |

|     |       |         |                    |                     |    |       |
|-----|-------|---------|--------------------|---------------------|----|-------|
| 27. | 608   | 26      | KEVIN OLSZYK       | FALLS CHURCH VA     | 27 | 36:23 |
| 32  | 43:15 | 1:19:38 | 1:19:52            |                     |    |       |
| 28. | 45    | 25      | JAMES BARNES       | LYNCHBURG VA        | 31 | 38:37 |
| 23  | 41:44 | 1:20:20 | 1:20:50            |                     |    |       |
| 29. | 355   | 28      | ERIC HANSEN        | AMHERST VA          | 28 | 37:22 |
| 30  | 43:05 | 1:20:26 | 1:21:31            |                     |    |       |
| 30. | 184   | 29      | DEREK CULP         | RALEIGH NC          | 33 | 39:32 |
| 24  | 41:50 | 1:21:22 | 1:21:46            |                     |    |       |
| 31. | 206   | 29      | JOSEPH DECIANTIS   | LYNCHBURG VA        | 40 | 40:58 |
| 25  | 42:05 | 1:23:03 | 1:23:23            |                     |    |       |
| 32. | 540   | 26      | DAVID MCDONALD     | LYNCHBURG VA        | 46 | 42:07 |
| 20  | 41:06 | 1:23:12 | 1:23:35            |                     |    |       |
| 33. | 808   | 29      | DAVID STUMP        | OLMSTED TOWNSHIP OH | 30 | 37:32 |
| 35  | 46:02 | 1:23:34 | 1:23:47            |                     |    |       |
| 34. | 223   | 25      | COLIN DOUCETTE     | WOODBIDGE VA        | 26 | 36:21 |
| 43  | 47:53 | 1:24:14 | 1:24:26            |                     |    |       |
| 35. | 296   | 26      | MARK FURLER        | LYNCHBURG VA        | 39 | 40:56 |
| 34  | 45:10 | 1:26:06 | 1:26:27            |                     |    |       |
| 36. | 297   | 25      | PHILIPP GABATHULER | LYNCHBURG VA        | 45 | 42:02 |
| 33  | 45:04 | 1:27:05 | 1:28:08            |                     |    |       |
| 37. | 859   | 25      | BRIAN VAUGHAN      | SOUTH BOSTON VA     | 34 | 39:35 |
| 44  | 47:55 | 1:27:30 | 1:28:10            |                     |    |       |
| 38. | 374   | 27      | PETER HENRY        | FOREST VA           | 41 | 41:08 |
| 37  | 46:44 | 1:27:51 | 1:28:50            |                     |    |       |
| 39. | 669   | 28      | SHAUN REDGATE      | CHARLOTTESVILLE VA  | 43 | 41:45 |
| 36  | 46:24 | 1:28:09 | 1:28:53            |                     |    |       |
| 40. | 641   | 28      | JEREMY PHILLIPS    | LYNCHBURG VA        | 37 | 40:45 |
| 40  | 47:37 | 1:28:21 | 1:28:57            |                     |    |       |
| 41. | 921   | 28      | J.T. WITT          | LYNCHBURG VA        | 38 | 40:46 |
| 41  | 47:37 | 1:28:22 | 1:28:58            |                     |    |       |
| 42. | 892   | 25      | PHILIP WEIZENECKER | LYNCHBURG VA        | 48 | 42:19 |
| 38  | 46:57 | 1:29:16 | 1:29:39            |                     |    |       |
| 43. | 159   | 27      | MATTHEW CONNER     | LYNCHBURG VA        | 32 | 38:57 |
| 49  | 50:44 | 1:29:40 | 1:29:56            |                     |    |       |
| 44. | 773   | 29      | CLELL SMYTH        | LYNCHBURG VA        | 36 | 40:39 |
| 39  | 47:22 | 1:28:01 | 1:30:01            |                     |    |       |
| 45. | 559   | 26      | AARON MENG         | LYNCHBURG VA        | 35 | 40:22 |
| 47  | 49:42 | 1:30:04 | 1:30:14            |                     |    |       |
| 46. | 508   | 25      | MATTHEW MALLORY    | LYNCHBURG VA        | 50 | 42:30 |
| 45  | 48:33 | 1:31:03 | 1:31:28            |                     |    |       |
| 47. | 240   | 27      | ROB EDELSON        | CHARLOTTESVILLE VA  | 44 | 41:59 |
| 46  | 48:57 | 1:30:55 | 1:31:45            |                     |    |       |

|     |         |         |                   |                    |    |       |
|-----|---------|---------|-------------------|--------------------|----|-------|
| 48. | 544     | 25      | BRIAN MCMAHON     | CINCINNATI OH      | 52 | 44:55 |
| 42  | 47:42   | 1:32:36 | 1:33:28           |                    |    |       |
| 49. | 713     | 28      | BIJAY SAMANT      | LYNCHBURG VA       | 47 | 42:19 |
| 53  | 52:20   | 1:34:38 | 1:35:41           |                    |    |       |
| 50. | 205     | 28      | OLIVER D'COSTA    | LYNCHBURG VA       | 42 | 41:29 |
| 57  | 53:28   | 1:34:56 | 1:35:59           |                    |    |       |
| 51. | 442     | 27      | DON KIDD          | FOREST VA          | 51 | 44:43 |
| 50  | 51:24   | 1:36:07 | 1:37:04           |                    |    |       |
| 52. | 254     | 26      | ANDREW EPPES      | FOREST VA          | 49 | 42:20 |
| 58  | 53:43   | 1:36:03 | 1:37:17           |                    |    |       |
| 53. | 894     | 25      | JIMMY WESLEY      | LYNCHBURG VA       | 53 | 45:03 |
| 51  | 51:48   | 1:36:51 | 1:37:45           |                    |    |       |
| 54. | 777     | 25      | SEAN SOPER        | DILLWYN VA         | 54 | 45:03 |
| 54  | 52:30   | 1:37:33 | 1:38:09           |                    |    |       |
| 55. | 488     | 27      | TODD LIBEAU       | LYNCHBURG VA       | 55 | 45:19 |
| 52  | 52:12   | 1:37:30 | 1:38:21           |                    |    |       |
| 56. | 590     | 28      | JIMMY MURPHY      | FOREST VA          | 56 | 46:03 |
| 55  | 52:31   | 1:38:34 | 1:39:01           |                    |    |       |
| 57. | 456     | 25      | STEPHEN KONYNDYK  | LYNCHBURG VA       | 60 | 48:12 |
| 48  | 50:26   | 1:38:38 | 1:39:24           |                    |    |       |
| 58. | 347     | 28      | GIDEON HALE       | APPOMATTOX VA      | 57 | 46:18 |
| 56  | 53:02   | 1:39:20 | 1:39:59           |                    |    |       |
| 59. | 880     | 29      | PAUL WARNICK      | CHARLOTTESVILLE VA | 58 | 46:25 |
| 61  | 54:10   | 1:40:35 | 1:40:41           |                    |    |       |
| 60. | 215     | 29      | AARON DIGLORIA    | LYNCHBURG VA       | 61 | 48:26 |
| 59  | 53:59   | 1:42:24 | 1:43:11           |                    |    |       |
| 61. | 938     | 28      | BRANDON YODER     | FARMVILLE VA       | 62 | 49:39 |
| 60  | 54:08   | 1:43:47 | 1:45:01           |                    |    |       |
| 62. | 438     | 25      | JOSHUA KEITH      | LYNCHBURG VA       | 59 | 48:06 |
| 62  | 1:00:46 | 1:48:52 | 1:49:34           |                    |    |       |
| 63. | 332     | 28      | MIKE GOSSLER      | FOREST VA          | 63 | 52:19 |
| 63  | 1:01:24 | 1:53:43 | 1:54:44           |                    |    |       |
| 64. | 43      | 27      | JOSHUA BANKS      | LYNCHBURG VA       | 65 | 56:38 |
| 65  | 1:03:48 | 2:00:25 | 2:01:01           |                    |    |       |
| 65. | 581     | 25      | JUSTIN MOORE      | LYNCHBURG VA       | 64 | 52:40 |
| 66  | 1:08:32 | 2:01:11 | 2:01:44           |                    |    |       |
| 66. | 30      | 28      | NILESH APSINGEKAR | LYNCHBURG VA       | 66 | 59:19 |
| 64  | 1:02:01 | 2:01:20 | 2:02:32           |                    |    |       |

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MALE AGE GROUP: 30 - 34 (200)

| Place<br>Rank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME  | GUN<br>TIME | CITY/STATE   | Rank | RUN5M<br>R |
|---------------|------------|-------------|---------------|-------------|--------------|------|------------|
| 1.            | 896        | 31          | RYAN WHEELER  |             | LYNCHBURG VA | 1    | 25:22      |
| 1             | 31:10      |             | 56:31         | 56:33       |              |      |            |
| 2.            | 392        | 33          | NATHAN HOTTLE |             | LYNCHBURG VA | 3    | 27:19      |
| 2             | 34:05      |             | 1:01:23       | 1:01:25     |              |      |            |

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 MALE AGE GROUP: 30 - 34 (200)  
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| Place<br>rank | Bib<br>RUN   | Age<br>CHIP | NAME<br>TIME                | GUN<br>TIME | CITY/STATE         | Rank  | RUN5M<br>R |
|---------------|--------------|-------------|-----------------------------|-------------|--------------------|-------|------------|
| =====         | =====        | =====       | =====                       | =====       | =====              | ===== | =====      |
| 3.<br>4       | 890<br>34:33 | 30          | RYAN WEBB<br>1:01:40        | 1:01:42     | LYNCHBURG VA       | 2     | 27:07      |
| 4.<br>3       | 963<br>34:29 | 34          | CHET WHITE<br>1:02:32       | 1:02:33     | LYNCHBURG VA       | 4     | 28:04      |
| 5.<br>5       | 123<br>34:46 | 32          | JASON CAPTAIN<br>1:04:33    | 1:04:36     | LYNCHBURG VA       | 7     | 29:47      |
| 6.<br>6       | 606<br>34:58 | 34          | SEAN O'FLAHERTY<br>1:04:46  | 1:04:50     | SMYRNA GA          | 8     | 29:49      |
| 7.<br>8       | 507<br>37:25 | 32          | ERIK MAKUS<br>1:07:01       | 1:07:03     | NEWBERRY FL        | 6     | 29:36      |
| 8.<br>10      | 521<br>38:24 | 31          | THOMAS MARTIN<br>1:06:28    | 1:07:28     | LYNCHBURG VA       | 5     | 28:05      |
| 9.<br>7       | 278<br>36:56 | 31          | DWAYNE FITTS<br>1:07:26     | 1:07:30     | LYNCHBURG VA       | 9     | 30:30      |
| 10.<br>11     | 72<br>38:29  | 31          | RANDY BIRNSCHEIN<br>1:10:51 | 1:10:58     | EVINGTON VA        | 10    | 32:23      |
| 11.<br>9      | 851<br>37:37 | 33          | JOHN TURNER<br>1:11:11      | 1:11:36     | LYNCHBURG VA       | 12    | 33:34      |
| 12.<br>14     | 511<br>40:57 | 33          | DARRELL MANNING<br>1:14:21  | 1:14:33     | LYNCHBURG VA       | 11    | 33:25      |
| 13.<br>12     | 579<br>39:34 | 30          | CHAD MOONEY<br>1:14:45      | 1:14:55     | MADISON HEIGHTS VA | 17    | 35:11      |
| 14.<br>13     | 623<br>39:40 | 31          | JONATHAN PAUL<br>1:14:44    | 1:15:26     | FOREST VA          | 16    | 35:04      |
| 15.<br>17     | 55<br>42:09  | 32          | MAURICE BECERRA<br>1:16:23  | 1:16:25     | LYNCHBURG VA       | 13    | 34:15      |
| 16.<br>18     | 337<br>42:15 | 30          | JAMES GRANT<br>1:16:39      | 1:16:47     | LYNCHBURG VA       | 14    | 34:24      |
| 17.<br>15     | 348<br>41:16 | 32          | CHUCK HALL<br>1:18:05       | 1:19:07     | FISHERSVILLE VA    | 20    | 36:49      |
| 18.<br>16     | 363<br>42:02 | 33          | JAMES HARRINGTON<br>1:19:25 | 1:19:48     | FOREST VA          | 21    | 37:24      |

|     |       |         |                   |                    |    |       |
|-----|-------|---------|-------------------|--------------------|----|-------|
| 19. | 81    | 30      | DANIEL BORLAND    | RICHMOND VA        | 27 | 38:18 |
| 20  | 43:21 | 1:21:39 | 1:22:03           |                    |    |       |
| 20. | 804   | 30      | JAMES STRONZA     | LYNCHBURG VA       | 28 | 38:21 |
| 21  | 43:32 | 1:21:52 | 1:22:11           |                    |    |       |
| 21. | 170   | 32      | MICHAEL CORLEY    | LYNCHBURG VA       | 22 | 37:35 |
| 25  | 44:26 | 1:22:00 | 1:22:19           |                    |    |       |
| 22. | 783   | 34      | PAUL SPIGGLE      | APPOMATTOX VA      | 26 | 38:14 |
| 23  | 44:09 | 1:22:22 | 1:22:42           |                    |    |       |
| 23. | 1010  | 33      | JEFF COPE         | MADISON HEIGHTS VA | 15 | 34:58 |
| 42  | 47:40 | 1:22:38 | 1:22:42           |                    |    |       |
| 24. | 210   | 31      | NICHOLAS DERENZIS | LYNCHBURG VA       | 24 | 37:50 |
| 28  | 44:53 | 1:22:42 | 1:22:44           |                    |    |       |
| 25. | 307   | 33      | THOMAS GARDNER    | FOREST VA          | 32 | 39:01 |
| 22  | 43:44 | 1:22:45 | 1:23:19           |                    |    |       |
| 26. | 245   | 31      | KENT EDWARDS      | NEW YORK NY        | 18 | 36:17 |
| 37  | 46:57 | 1:23:14 | 1:23:26           |                    |    |       |
| 27. | 66    | 31      | KEVIN BERRY       | MADISON HEIGHTS VA | 25 | 38:10 |
| 30  | 45:06 | 1:23:16 | 1:23:29           |                    |    |       |
| 28. | 34    | 30      | RYAN AYRES        | LYNCHBURG VA       | 19 | 36:30 |
| 39  | 47:18 | 1:23:47 | 1:23:58           |                    |    |       |
| 29. | 185   | 32      | JEFF CUNNINGHAM   | FOREST VA          | 33 | 39:05 |
| 27  | 44:47 | 1:23:52 | 1:24:08           |                    |    |       |
| 30. | 697   | 30      | KYLE RUDMAN       | CHARLOTTESVILLE VA | 40 | 40:24 |
| 19  | 43:12 | 1:23:36 | 1:24:48           |                    |    |       |
| 31. | 204   | 30      | MATTHEW DAY       | LYNCHBURG VA       | 29 | 38:44 |
| 35  | 46:05 | 1:24:48 | 1:25:04           |                    |    |       |
| 32. | 249   | 32      | ROSS ELLIS        | LYNCHBURG VA       | 23 | 37:39 |
| 38  | 47:14 | 1:24:53 | 1:25:10           |                    |    |       |
| 33. | 961   | 34      | KEMP HOUCK        | LYNCHBURG VA       | 39 | 39:57 |
| 29  | 45:04 | 1:25:00 | 1:25:13           |                    |    |       |
| 34. | 831   | 33      | KEITH THOMPSON    | BEDFORD VA         | 36 | 39:28 |
| 32  | 45:41 | 1:25:09 | 1:25:34           |                    |    |       |
| 35. | 468   | 34      | JASON LANDES      | LYNCHBURG VA       | 31 | 38:50 |
| 31  | 45:25 | 1:24:15 | 1:25:35           |                    |    |       |
| 36. | 760   | 32      | MICHAEL SLOAN     | LYNCHBURG VA       | 34 | 39:08 |
| 36  | 46:20 | 1:25:27 | 1:25:38           |                    |    |       |
| 37. | 625   | 32      | JASON PAVEY       | LYNCHBURG VA       | 43 | 40:50 |
| 24  | 44:12 | 1:25:01 | 1:26:02           |                    |    |       |
| 38. | 475   | 34      | RODNEY LAUGHON    | LYNCHBURG VA       | 37 | 39:43 |
| 33  | 45:58 | 1:25:41 | 1:26:34           |                    |    |       |
| 39. | 714   | 33      | JEREMIAH SANOM    | DANVILLE VA        | 41 | 40:46 |
| 26  | 44:44 | 1:25:30 | 1:26:36           |                    |    |       |

|     |         |    |                   |                    |    |       |
|-----|---------|----|-------------------|--------------------|----|-------|
| 40. | 396     | 33 | JOHN HOWARD       | LYNCHBURG VA       | 35 | 39:17 |
| 40  | 47:26   |    | 1:26:43 1:27:36   |                    |    |       |
| 41. | 1019    | 31 | STEPHEN LAMANNA   | FOREST VA          | 38 | 39:49 |
| 44  | 48:26   |    | 1:28:14 1:29:28   |                    |    |       |
| 42. | 446     | 33 | SCOTT KIRKWOOD    | LYNCHBURG VA       | 44 | 40:56 |
| 43  | 48:01   |    | 1:28:57 1:29:31   |                    |    |       |
| 43. | 574     | 30 | MATTHEW MITCHELL  | BEDFORD VA         | 42 | 40:46 |
| 41  | 47:39   |    | 1:28:24 1:29:43   |                    |    |       |
| 44. | 234     | 32 | GEOFF DUNCKLEE    | MARTINEZ GA        | 30 | 38:47 |
| 50  | 50:48   |    | 1:29:34 1:29:51   |                    |    |       |
| 45. | 845     | 34 | SUNDAY TOWLES     | FOREST VA          | 49 | 42:32 |
| 45  | 48:56   |    | 1:31:28 1:31:48   |                    |    |       |
| 46. | 562     | 30 | ROSS MEYER        | LYNCHBURG VA       | 54 | 44:58 |
| 34  | 45:59   |    | 1:30:57 1:31:55   |                    |    |       |
| 47. | 658     | 30 | SAM PRICE         | LYNCHBURG VA       | 45 | 41:20 |
| 47  | 50:05   |    | 1:31:25 1:32:01   |                    |    |       |
| 48. | 402     | 33 | CRAIG HUDSON      | BASKERVILLE VA     | 46 | 41:43 |
| 49  | 50:23   |    | 1:32:06 1:32:20   |                    |    |       |
| 49. | 294     | 33 | JONATHAN FULLER   | RICHMOND VA        | 51 | 44:25 |
| 46  | 49:53   |    | 1:34:17 1:34:29   |                    |    |       |
| 50. | 167     | 34 | WILL COOPER       | CHARLOTTE NC       | 47 | 42:11 |
| 54  | 51:58   |    | 1:34:08 1:34:37   |                    |    |       |
| 51. | 999     | 31 | JOHN SAKOLOSKY    | LYNCHBURG VA       | 52 | 44:28 |
| 48  | 50:06   |    | 1:34:34 1:34:45   |                    |    |       |
| 52. | 860     | 32 | CASEY VENTERS     | FOREST VA          | 48 | 42:22 |
| 53  | 51:48   |    | 1:34:09 1:35:04   |                    |    |       |
| 53. | 610     | 31 | JASON OSBORNE     | LYNCHBURG VA       | 50 | 42:41 |
| 55  | 52:45   |    | 1:35:26 1:35:31   |                    |    |       |
| 54. | 514     | 32 | JASON MARCHESE    | MADISON HEIGHTS VA | 55 | 45:02 |
| 51  | 51:20   |    | 1:36:22 1:37:00   |                    |    |       |
| 55. | 829     | 34 | TODD THOMAS       | EVINGTON VA        | 53 | 44:36 |
| 52  | 51:31   |    | 1:36:07 1:37:19   |                    |    |       |
| 56. | 789     | 31 | JONATHAN STEPHENS | FOREST VA          | 56 | 47:33 |
| 56  | 54:06   |    | 1:41:38 1:41:57   |                    |    |       |
| 57. | 407     | 30 | CHIP HUGHES       | APPOMATTOX VA      | 57 | 48:38 |
| 57  | 58:49   |    | 1:47:27 1:48:28   |                    |    |       |
| 58. | 251     | 32 | PATRICIA EMMERT   | MADISON HEIGHTS VA | 58 | 51:53 |
| 58  | 1:01:36 |    | 1:53:28 1:53:53   |                    |    |       |
| 59. | 41      | 34 | JON BALLARD       | GREER SC           | 59 | 53:24 |
| 59  | 1:05:52 |    | 1:59:16 1:59:30   |                    |    |       |
| 60. | 799     | 31 | JOSHUA STONE      | RICHMOND VA        | 60 | 54:26 |

60 1:06:46 2:01:11 2:02:17

61. 193 30 TON煩ANCY  
1 1:08:18 2:03:42 2:04:22

CHRISTIANSBURG VA

61 55:25 6

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 MALE AGE GROUP: 35 - 39 (200)  
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| Place<br>ank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME       | GUN<br>TIME | CITY/STATE         | Rank  | RUN5M<br>R |
|--------------|------------|-------------|--------------------|-------------|--------------------|-------|------------|
| =====        | =====      | =====       | =====              | =====       | =====              | ===== | =====      |
| 1.           | 364        | 39          | JEFF HARRINGTON    |             | LYNCHBURG VA       | 1     | 25:58      |
| 1            | 32:03      |             | 58:01              | 58:03       |                    |       |            |
| 2.           | 36         | 38          | PHILIP BAETCKE     |             | FALLS CHURCH VA    | 2     | 28:21      |
| 2            | 34:10      |             | 1:02:30            | 1:02:35     |                    |       |            |
| 3.           | 874        | 37          | JOEL WALLSCHLAEGER |             | LYNCHBURG VA       | 3     | 29:46      |
| 5            | 35:43      |             | 1:05:28            | 1:05:31     |                    |       |            |
| 4.           | 887        | 37          | CHAD WATERWORTH    |             | LYNCHBURG VA       | 6     | 30:16      |
| 6            | 36:27      |             | 1:06:43            | 1:06:47     |                    |       |            |
| 5.           | 550        | 36          | MICHAEL MCPHATTER  |             | MADISON HEIGHTS VA | 4     | 30:13      |
| 7            | 36:33      |             | 1:06:46            | 1:06:49     |                    |       |            |
| 6.           | 932        | 36          | MARCUS WRIGHT      |             | LYNCHBURG VA       | 5     | 30:15      |
| 10           | 36:56      |             | 1:07:10            | 1:07:16     |                    |       |            |
| 7.           | 530        | 36          | JIM MAY            |             | FOREST VA          | 7     | 30:28      |
| 8            | 36:44      |             | 1:07:12            | 1:07:19     |                    |       |            |
| 8.           | 487        | 37          | CHRIS LEWIS M.D.   |             | LYNCHBURG VA       | 8     | 30:59      |
| 9            | 36:53      |             | 1:07:51            | 1:07:56     |                    |       |            |
| 9.           | 1020       | 38          | HARDY BRYANT       |             | BENT MT. VA        | 11    | 32:36      |
| 4            | 35:06      |             | 1:07:42            | 1:08:42     |                    |       |            |
| 10.          | 616        | 39          | KEVIN PAINCHAUD    |             | BEDFORD VA         | 10    | 31:52      |
| 11           | 38:01      |             | 1:09:52            | 1:09:55     |                    |       |            |
| 11.          | 376        | 37          | DOUG HERNANDEZ     |             | LYNCHBURG VA       | 16    | 34:59      |
| 3            | 34:59      |             | 1:09:57            | 1:09:59     |                    |       |            |
| 12.          | 315        | 37          | ALEX GEORGE        |             | JACKSON MS         | 13    | 34:01      |
| 14           | 39:57      |             | 1:13:58            | 1:13:59     |                    |       |            |
| 13.          | 573        | 39          | RICHARD MILLER     |             | LYNCHBURG VA       | 9     | 31:47      |
| 23           | 42:03      |             | 1:13:50            | 1:14:00     |                    |       |            |
| 14.          | 195        | 38          | TONY DANIEL        |             | ATLANTA GA         | 17    | 35:03      |
| 12           | 38:29      |             | 1:13:32            | 1:14:36     |                    |       |            |
| 15.          | 17         | 37          | JEREMY ALLEN       |             | CENTENNIAL CO      | 15    | 34:27      |
| 15           | 40:30      |             | 1:14:56            | 1:15:07     |                    |       |            |
| 16.          | 563        | 38          | THOMAS MEYER M.D.  |             | LYNCHBURG VA       | 14    | 34:24      |
| 16           | 40:40      |             | 1:15:03            | 1:15:08     |                    |       |            |

|     |       |         |                  |                |    |       |
|-----|-------|---------|------------------|----------------|----|-------|
| 17. | 292   | 35      | MARK FREEMAN     | RESTON VA      | 12 | 34:00 |
| 18  | 41:20 | 1:15:20 | 1:15:25          |                |    |       |
| 18. | 827   | 35      | JONATHAN THOMAS  | LYNCHBURG VA   | 22 | 35:39 |
| 13  | 39:38 | 1:15:17 | 1:15:38          |                |    |       |
| 19. | 281   | 39      | JACK FLIPPIN     | LYNCHBURG VA   | 18 | 35:11 |
| 20  | 41:29 | 1:16:40 | 1:16:53          |                |    |       |
| 20. | 289   | 38      | TODD FOSTER      | LYNCHBURG VA   | 20 | 35:20 |
| 17  | 41:05 | 1:16:25 | 1:16:53          |                |    |       |
| 21. | 126   | 35      | CAVAN CARLTON    | LYNCHBURG VA   | 21 | 35:31 |
| 22  | 41:48 | 1:17:18 | 1:17:32          |                |    |       |
| 22. | 638   | 39      | CLUNET PETTYJOHN | LYNCHBURG VA   | 24 | 36:07 |
| 19  | 41:22 | 1:17:29 | 1:18:13          |                |    |       |
| 23. | 362   | 37      | EDWARD HARPER    | ROANOKE VA     | 19 | 35:13 |
| 30  | 43:47 | 1:19:00 | 1:19:05          |                |    |       |
| 24. | 350   | 39      | AUBREY HALL III  | RUSTBURG VA    | 26 | 36:49 |
| 21  | 41:34 | 1:18:22 | 1:19:06          |                |    |       |
| 25. | 470   | 38      | JAMES LAPRADE    | FOREST VA      | 29 | 37:24 |
| 24  | 42:17 | 1:19:40 | 1:19:46          |                |    |       |
| 26. | 640   | 38      | DAVID PHILLIPS   | RUSTBURG VA    | 25 | 36:22 |
| 25  | 42:56 | 1:19:18 | 1:20:00          |                |    |       |
| 27. | 231   | 37      | CHAD DUFF        | LYNCHBURG VA   | 23 | 36:02 |
| 31  | 44:25 | 1:20:26 | 1:20:35          |                |    |       |
| 28. | 1004  | 38      | LANCE COLLINS    | LYNCHBURG VA   | 27 | 37:06 |
| 28  | 43:31 | 1:20:37 | 1:21:46          |                |    |       |
| 29. | 936   | 37      | BRIAN YATES      | LYNCHBURG VA   | 30 | 37:35 |
| 32  | 44:26 | 1:22:00 | 1:22:19          |                |    |       |
| 30. | 91    | 36      | RONALD BRIGGS    | EVINGTON VA    | 34 | 38:25 |
| 26  | 43:11 | 1:21:36 | 1:22:32          |                |    |       |
| 31. | 399   | 39      | JEFF HUBBARD     | BEDFORD VA     | 28 | 37:15 |
| 34  | 45:09 | 1:22:23 | 1:23:34          |                |    |       |
| 32. | 73    | 37      | DANIEL BLACK     | SCOTTSVILLE VA | 31 | 37:36 |
| 36  | 45:31 | 1:23:07 | 1:23:49          |                |    |       |
| 33. | 909   | 35      | JEFF WILLIAMS    | LYNCHBURG VA   | 35 | 38:45 |
| 33  | 44:37 | 1:23:22 | 1:23:56          |                |    |       |
| 34. | 356   | 38      | KEVIN HANSEN     | MONROE VA      | 32 | 37:47 |
| 35  | 45:18 | 1:23:05 | 1:24:07          |                |    |       |
| 35. | 634   | 36      | BRAD PENNINGTON  | LYNCHBURG VA   | 45 | 40:42 |
| 27  | 43:17 | 1:23:59 | 1:25:15          |                |    |       |
| 36. | 479   | 39      | C.K. LEAMON      | LYNCHBURG VA   | 33 | 37:48 |
| 49  | 48:22 | 1:26:10 | 1:26:24          |                |    |       |
| 37. | 842   | 36      | GREG TOONE       | LYNCHBURG VA   | 39 | 39:33 |
| 39  | 47:04 | 1:26:37 | 1:26:39          |                |    |       |

|     |       |         |                  |                 |    |       |
|-----|-------|---------|------------------|-----------------|----|-------|
| 38. | 104   | 37      | NATHAN BROWN     | HILLSBOROUGH NC | 54 | 42:42 |
| 29  | 43:42 | 1:26:24 | 1:26:54          |                 |    |       |
| 39. | 903   | 37      | DUSTIN WILHOIT   | APPOMATTOX VA   | 37 | 39:23 |
| 38  | 47:00 | 1:26:22 | 1:27:14          |                 |    |       |
| 40. | 221   | 38      | MARK DORR        | MONROE VA       | 51 | 41:31 |
| 37  | 45:33 | 1:27:03 | 1:27:15          |                 |    |       |
| 41. | 458   | 39      | SCOTT KOWALSKI   | LYNCHBURG VA    | 38 | 39:25 |
| 45  | 47:37 | 1:27:02 | 1:27:46          |                 |    |       |
| 42. | 790   | 37      | MARK STEPHENS    | EVINGTON VA     | 40 | 39:40 |
| 46  | 48:18 | 1:27:57 | 1:28:02          |                 |    |       |
| 43. | 39    | 35      | ZACH BALDRIDGE   | RUSTBURG VA     | 43 | 40:21 |
| 43  | 47:23 | 1:27:44 | 1:28:04          |                 |    |       |
| 44. | 806   | 38      | KEVIN STRUBLE    | LYNCHBURG VA    | 44 | 40:42 |
| 40  | 47:07 | 1:27:49 | 1:28:10          |                 |    |       |
| 45. | 8     | 35      | MATT ADAMO       | BLACKSBURG VA   | 36 | 38:52 |
| 57  | 50:12 | 1:29:04 | 1:29:16          |                 |    |       |
| 46. | 813   | 37      | JEREMY SUMPMAN   | LYNCHBURG VA    | 42 | 39:51 |
| 50  | 48:23 | 1:28:14 | 1:29:27          |                 |    |       |
| 47. | 354   | 35      | CHRIS HANSEN     | FOREST VA       | 48 | 40:56 |
| 44  | 47:29 | 1:28:25 | 1:29:28          |                 |    |       |
| 48. | 993   | 38      | JEFF COLEMAN     | FOREST VA       | 49 | 41:03 |
| 48  | 48:21 | 1:29:23 | 1:29:37          |                 |    |       |
| 49. | 687   | 38      | DAVID ROBERTS    | LYNCHBURG VA    | 41 | 39:43 |
| 56  | 49:49 | 1:29:31 | 1:30:13          |                 |    |       |
| 50. | 481   | 37      | GEORGE LEE       | LYNCHBURG VA    | 46 | 40:48 |
| 51  | 48:27 | 1:29:15 | 1:30:18          |                 |    |       |
| 51. | 425   | 38      | CHRIS E. JOHNSON | CONCORD VA      | 53 | 41:59 |
| 42  | 47:17 | 1:29:16 | 1:30:19          |                 |    |       |
| 52. | 853   | 38      | KENNETH TURNER   | FOREST VA       | 50 | 41:28 |
| 53  | 48:46 | 1:30:14 | 1:30:29          |                 |    |       |
| 53. | 340   | 37      | KERRI GROVE      | LYNCHBURG VA    | 47 | 40:56 |
| 59  | 51:02 | 1:31:58 | 1:32:03          |                 |    |       |
| 54. | 464   | 38      | BRIAN LAFRATTA   | LYNCHBURG VA    | 59 | 44:44 |
| 41  | 47:16 | 1:32:00 | 1:32:13          |                 |    |       |
| 55. | 397   | 39      | DANIEL HOWELL    | HUDDLESTON VA   | 56 | 43:37 |
| 52  | 48:44 | 1:32:21 | 1:33:06          |                 |    |       |
| 56. | 968   | 35      | MICHAEL DURHAM   | FOREST VA       | 55 | 42:48 |
| 58  | 50:37 | 1:33:25 | 1:33:28          |                 |    |       |
| 57. | 741   | 37      | BEN SHENK        | LOUISVILLE KY   | 52 | 41:55 |
| 60  | 51:22 | 1:33:16 | 1:33:38          |                 |    |       |
| 58. | 282   | 39      | MARK FLORES      | LYNCHBURG VA    | 58 | 44:10 |



|     |         |         |                 |                    |    |         |
|-----|---------|---------|-----------------|--------------------|----|---------|
| 55  | 49:45   | 1:33:55 | 1:34:14         |                    |    |         |
| 59. | 822     | 37      | DAVID TAYLOR    | CHARLOTTESVILLE VA | 57 | 44:02   |
| 54  | 49:28   | 1:33:30 | 1:34:17         |                    |    |         |
| 60. | 600     | 37      | BRANDON NICHOLS | BRISTOL VA         | 62 | 47:32   |
| 47  | 48:19   | 1:35:50 | 1:36:14         |                    |    |         |
| 61. | 181     | 39      | DAVE CROPCO     | FOREST VA          | 61 | 46:24   |
| 61  | 52:06   | 1:38:29 | 1:38:45         |                    |    |         |
| 62. | 615     | 36      | PETE PAGE       | LYNCHBURG VA       | 60 | 45:57   |
| 64  | 54:29   | 1:40:26 | 1:41:22         |                    |    |         |
| 63. | 496     | 35      | THANH LU        | CHICAGO IL         | 64 | 48:33   |
| 62  | 53:04   | 1:41:36 | 1:41:46         |                    |    |         |
| 64. | 516     | 38      | DAVE MARMION    | WINSTON-SALEM NC   | 65 | 49:15   |
| 63  | 53:05   | 1:42:20 | 1:43:19         |                    |    |         |
| 65. | 632     | 37      | BRIAN PEELER    | ALEXANDRIA VA      | 63 | 48:09   |
| 65  | 54:55   | 1:43:04 | 1:43:35         |                    |    |         |
| 66. | 898     | 38      | DARYL WHIPKEY   | FOREST VA          | 68 | 55:01   |
| 66  | 1:00:44 | 1:55:44 | 1:56:12         |                    |    |         |
| 67. | 846     | 35      | JAMIE TRENT     | EVINGTON VA        | 66 | 54:13   |
| 67  | 1:01:44 | 1:55:56 | 1:56:21         |                    |    |         |
| 68. | 947     | 37      | BRANDON ZUIDEMA | FOREST VA          | 67 | 54:23   |
| 68  | 1:03:23 | 1:57:45 | 1:58:33         |                    |    |         |
| 69. | 115     | 35      | KENNETH BUNCH   | AMHERST VA         | 69 | 1:03:31 |
| 69  | 1:10:40 | 2:14:11 | 2:15:08         |                    |    |         |

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MALE AGE GROUP: 40 - 44 (200)

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| Place<br>ank | Bib   | Age     | NAME                   | CITY/STATE    | Rank | RUN5M R |
|--------------|-------|---------|------------------------|---------------|------|---------|
|              |       |         | RUN CHIP TIME GUN TIME |               |      |         |
| 1.           | 740   | 42      | PETER SHELDON          | LYNCHBURG VA  | 2    | 28:27   |
| 2            | 35:09 | 1:03:35 | 1:03:38                |               |      |         |
| 2.           | 439   | 42      | BRIAN KELLEHER         | LYNCHBURG VA  | 5    | 30:13   |
| 1            | 34:33 | 1:04:46 | 1:04:48                |               |      |         |
| 3.           | 825   | 44      | TERRY THIEM            | MIDLOTHIAN VA | 3    | 29:16   |
| 3            | 37:35 | 1:06:50 | 1:06:51                |               |      |         |
| 4.           | 877   | 41      | DARRELL WARGO          | LYNCHBURG VA  | 4    | 29:56   |
| 6            | 38:31 | 1:08:27 | 1:08:30                |               |      |         |
| 5.           | 551   | 43      | JAMES MEADOWS          | LYNCHBURG VA  | 6    | 31:13   |

|     |       |         |                  |                  |    |       |
|-----|-------|---------|------------------|------------------|----|-------|
| 4   | 37:55 | 1:09:07 | 1:09:12          |                  |    |       |
| 6.  | 484   | 43      | MICHAEL LEIGH    | ROANOKE VA       | 7  | 31:35 |
| 10  | 38:56 | 1:10:31 | 1:10:35          |                  |    |       |
| 7.  | 607   | 42      | DAVID OLICHNEY   | LYNCHBURG VA     | 8  | 31:46 |
| 8   | 38:44 | 1:10:30 | 1:10:38          |                  |    |       |
| 8.  | 412   | 43      | DAVID HUTCHESON  | FOREST VA        | 9  | 32:24 |
| 9   | 38:48 | 1:11:12 | 1:11:32          |                  |    |       |
| 9.  | 164   | 43      | GEORGE COOK      | LYNCHBURG VA     | 12 | 33:14 |
| 7   | 38:32 | 1:11:45 | 1:11:51          |                  |    |       |
| 10. | 441   | 42      | ALEX KESSINGER   | COVINGTON VA     | 10 | 33:00 |
| 11  | 39:28 | 1:12:28 | 1:12:33          |                  |    |       |
| 11. | 370   | 43      | MIKE HEARD       | RICHMOND VA      | 13 | 33:33 |
| 5   | 38:30 | 1:12:02 | 1:12:36          |                  |    |       |
| 12. | 309   | 40      | CHRIS GASSLER    | LYNCHBURG VA     | 14 | 33:33 |
| 13  | 39:37 | 1:13:10 | 1:13:18          |                  |    |       |
| 13. | 171   | 43      | CODY COTULLA     | SAN FRANCISCO CA | 11 | 33:08 |
| 14  | 40:19 | 1:13:26 | 1:13:32          |                  |    |       |
| 14. | 253   | 43      | SCOTT ENGLUND    | LYNCHBURG VA     | 15 | 34:16 |
| 12  | 39:29 | 1:13:45 | 1:14:28          |                  |    |       |
| 15. | 586   | 40      | STEPHEN MORRIS   | LYNCHBURG VA     | 16 | 34:24 |
| 15  | 41:08 | 1:15:31 | 1:15:37          |                  |    |       |
| 16. | 293   | 40      | JIM FRENCHIK     | LYNCHBURG VA     | 17 | 35:19 |
| 17  | 42:02 | 1:17:20 | 1:17:24          |                  |    |       |
| 17. | 353   | 43      | SEAN HANEY       | PALMYRA VA       | 20 | 35:50 |
| 16  | 41:21 | 1:17:10 | 1:17:26          |                  |    |       |
| 18. | 941   | 42      | MARK ZADELL      | LYNCHBURG VA     | 19 | 35:47 |
| 19  | 42:06 | 1:17:53 | 1:18:03          |                  |    |       |
| 19. | 54    | 40      | RODNEY BEALE     | LYNCHBURG VA     | 24 | 36:12 |
| 18  | 42:03 | 1:18:15 | 1:18:33          |                  |    |       |
| 20. | 976   | 40      | WAYNE PATTON     | LYNCHBURG VA     | 21 | 35:53 |
| 21  | 42:37 | 1:18:29 | 1:18:37          |                  |    |       |
| 21. | 655   | 44      | BOB PRICE        | FOREST VA        | 18 | 35:44 |
| 24  | 42:51 | 1:18:35 | 1:18:46          |                  |    |       |
| 22. | 748   | 43      | WILLIAM SHIRLEY  | BROADLANDS VA    | 22 | 35:54 |
| 23  | 42:51 | 1:18:45 | 1:18:58          |                  |    |       |
| 23. | 672   | 41      | ROBERT REID      | FOREST VA        | 26 | 36:46 |
| 22  | 42:40 | 1:19:26 | 1:19:34          |                  |    |       |
| 24. | 271   | 41      | DAMON FENSTERMAN | FOREST VA        | 23 | 36:12 |
| 25  | 42:52 | 1:19:03 | 1:20:04          |                  |    |       |
| 25. | 803   | 44      | RIC STRATTON     | LYNCHBURG VA     | 25 | 36:41 |
| 31  | 45:37 | 1:22:17 | 1:22:39          |                  |    |       |

|     |       |         |                  |                   |    |       |
|-----|-------|---------|------------------|-------------------|----|-------|
| 26. | 501   | 42      | ANDREW MADDOX    | FOREST VA         | 43 | 40:09 |
| 20  | 42:19 | 1:22:27 | 1:23:34          |                   |    |       |
| 27. | 706   | 43      | BRUCE SADLER     | CHESTERFIELD VA   | 28 | 37:22 |
| 30  | 45:30 | 1:22:51 | 1:23:58          |                   |    |       |
| 28. | 818   | 44      | REX TALBOTT      | LYNCHBURG VA      | 35 | 38:53 |
| 28  | 45:23 | 1:24:16 | 1:24:22          |                   |    |       |
| 29. | 601   | 43      | STEVE NICOLOSO   | MORRISTOWN NJ     | 27 | 37:02 |
| 39  | 46:59 | 1:24:00 | 1:24:32          |                   |    |       |
| 30. | 512   | 40      | DAVID MANNING    | LYNCHBURG VA      | 33 | 38:49 |
| 33  | 46:05 | 1:24:54 | 1:25:07          |                   |    |       |
| 31. | 522   | 44      | TODD MARTIN      | PALMYRA VA        | 41 | 39:51 |
| 29  | 45:24 | 1:25:14 | 1:25:16          |                   |    |       |
| 32. | 652   | 40      | DECLAN PRATT     | LYNCHBURG VA      | 32 | 38:48 |
| 27  | 45:09 | 1:23:56 | 1:25:21          |                   |    |       |
| 33. | 31    | 40      | JEFF AULTICE     | LYNCHBURG VA      | 37 | 39:17 |
| 32  | 45:57 | 1:25:14 | 1:25:28          |                   |    |       |
| 34. | 267   | 40      | MICHAEL FARMER   | ADAMSTOWN MD      | 30 | 38:30 |
| 44  | 47:22 | 1:25:51 | 1:26:05          |                   |    |       |
| 35. | 351   | 40      | KYLE HAMMERSMITH | LYNCHBURG VA      | 31 | 38:36 |
| 41  | 47:09 | 1:25:44 | 1:26:15          |                   |    |       |
| 36. | 778   | 43      | TOM SPANGENBERG  | FOREST VA         | 39 | 39:49 |
| 35  | 46:15 | 1:26:04 | 1:26:25          |                   |    |       |
| 37. | 88    | 40      | DAVID BRANDT     | CHICAGO IL        | 36 | 39:14 |
| 40  | 47:04 | 1:26:18 | 1:26:28          |                   |    |       |
| 38. | 937   | 42      | SAM YEATTS       | LYNCHBURG VA      | 38 | 39:43 |
| 42  | 47:10 | 1:26:52 | 1:27:06          |                   |    |       |
| 39. | 560   | 40      | MICHAEL MERHOLZ  | LYNCHBURG VA      | 46 | 40:44 |
| 34  | 46:08 | 1:26:51 | 1:27:10          |                   |    |       |
| 40. | 738   | 43      | MARK SHEEHAN     | LYNCHBURG VA      | 44 | 40:34 |
| 37  | 46:24 | 1:26:57 | 1:27:37          |                   |    |       |
| 41. | 835   | 42      | CRAIG TILLER     | FOREST VA         | 29 | 37:40 |
| 58  | 49:28 | 1:27:07 | 1:27:42          |                   |    |       |
| 42. | 753   | 41      | RICHARD C. SHUPE | FOREST VA         | 45 | 40:39 |
| 38  | 46:50 | 1:27:28 | 1:27:43          |                   |    |       |
| 43. | 312   | 40      | GARRY GELLERT    | LYNCHBURG VA      | 64 | 43:40 |
| 26  | 44:15 | 1:27:54 | 1:28:10          |                   |    |       |
| 44. | 112   | 40      | MIKE BUEHRER     | CHRISTIANSBURG VA | 34 | 38:51 |
| 59  | 49:33 | 1:28:24 | 1:28:36          |                   |    |       |
| 45. | 764   | 42      | ANTHONY SMITH    | BEDFORD VA        | 42 | 40:01 |
| 45  | 47:43 | 1:27:44 | 1:28:44          |                   |    |       |
| 46. | 523   | 40      | TONY MARTIN      | APPOMATTOX VA     | 51 | 41:16 |
| 43  | 47:11 | 1:28:26 | 1:29:19          |                   |    |       |

|     |       |         |                      |                   |    |       |
|-----|-------|---------|----------------------|-------------------|----|-------|
| 47. | 618   | 40      | JAY PARKER           | LYNCHBURG VA      | 49 | 40:58 |
| 50  | 48:36 | 1:29:34 | 1:29:41              |                   |    |       |
| 48. | 64    | 44      | ROBERT BERREY        | MADISON VA        | 40 | 39:49 |
| 57  | 49:21 | 1:29:10 | 1:29:57              |                   |    |       |
| 49. | 266   | 44      | GREGORY FARMER       | LYNCHBURG VA      | 48 | 40:50 |
| 52  | 48:47 | 1:29:36 | 1:29:58              |                   |    |       |
| 50. | 144   | 42      | CHRISTOPHER CLEMMONS | CHAPEL HILL NC    | 53 | 41:32 |
| 47  | 48:04 | 1:29:36 | 1:30:06              |                   |    |       |
| 51. | 344   | 40      | PATRICK GUZIK        | MECHANICSVILLE VA | 47 | 40:48 |
| 51  | 48:47 | 1:29:34 | 1:30:09              |                   |    |       |
| 52. | 201   | 40      | DAVID DAWSON         | LYNCHBURG VA      | 52 | 41:29 |
| 46  | 47:54 | 1:29:22 | 1:30:16              |                   |    |       |
| 53. | 972   | 44      | ANDY ASHCOFT         | LYNCHBURG VA      | 50 | 41:12 |
| 49  | 48:34 | 1:29:46 | 1:30:40              |                   |    |       |

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 MALE AGE GROUP: 40 - 44 (200)  
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| Place<br>ank | Bib<br>RUN    | Age<br>CHIP | NAME<br>TIME                | GUN<br>TIME | CITY/STATE    | Rank  | RUN5M<br>R |
|--------------|---------------|-------------|-----------------------------|-------------|---------------|-------|------------|
| =====        | =====         | =====       | =====                       | =====       | =====         | ===== | =====      |
| 54.<br>48    | 653<br>48:31  | 44          | JOE PRESTON<br>1:31:00      | 1:31:18     | RALEIGH NC    | 57    | 42:29      |
| 55.<br>55    | 209<br>49:14  | 43          | TOM DELOREY<br>1:31:00      | 1:31:21     | LYNCHBURG VA  | 54    | 41:47      |
| 56.<br>56    | 152<br>49:17  | 40          | KENT COLLING<br>1:31:12     | 1:31:34     | FOREST VA     | 55    | 41:55      |
| 57.<br>36    | 858<br>46:18  | 43          | TIM VAN VOORHIS<br>1:31:29  | 1:32:03     | LYNCHBURG VA  | 66    | 45:12      |
| 58.<br>54    | 696<br>49:11  | 41          | BILL RUDELIS<br>1:31:12     | 1:32:32     | LYNCHBURG VA  | 56    | 42:01      |
| 59.<br>61    | 571<br>51:12  | 42          | JAMES MILLER<br>1:33:58     | 1:34:07     | LYNCHBURG VA  | 61    | 42:46      |
| 60.<br>62    | 572<br>51:54  | 43          | MALCOLM MILLER<br>1:34:25   | 1:34:34     | LYNCHBURG VA  | 58    | 42:32      |
| 61.<br>53    | 547<br>48:52  | 40          | BRAD MCNEILL<br>1:33:57     | 1:34:40     | FOREST VA     | 65    | 45:06      |
| 62.<br>66    | 218<br>54:18  | 43          | FREDERIC DIONISI<br>1:37:10 | 1:37:20     | LYNCHBURG VA  | 63    | 42:52      |
| 63.<br>65    | 520<br>53:49  | 40          | BRETT MARTIN<br>1:36:32     | 1:37:50     | FOREST VA     | 60    | 42:44      |
| 64.<br>75    | 788<br>55:13  | 40          | JESSE STEM<br>1:38:03       | 1:38:45     | LYNCHBURG VA  | 62    | 42:50      |
| 65.<br>78    | 118<br>55:20  | 44          | PAUL CALLAND<br>1:38:03     | 1:38:46     | LYNCHBURG VA  | 59    | 42:43      |
| 66.<br>60    | 691<br>50:50  | 42          | THOMAS ROGERS<br>1:38:35    | 1:39:41     | LYNCHBURG VA  | 77    | 47:46      |
| 67.<br>63    | 832<br>52:56  | 42          | JAMES THOMSON<br>1:39:11    | 1:40:12     | GREENSBORO NC | 74    | 46:15      |
| 68.<br>67    | 1003<br>54:22 | 44          | TIM BURNETTE<br>1:40:20     | 1:40:58     | LYNCHBURG VA  | 73    | 45:58      |
| 69.<br>74    | 225<br>54:56  | 44          | PAT DRANEY<br>1:40:25       | 1:41:22     | FOREST VA     | 67    | 45:29      |

|     |         |         |                 |               |    |         |
|-----|---------|---------|-----------------|---------------|----|---------|
| 70. | 149     | 40      | ROBERT COLE     | FOREST VA     | 70 | 45:55   |
| 71  | 54:32   | 1:40:26 | 1:41:23         |               |    |         |
| 71. | 848     | 44      | PAUL TRISKA     | LYNCHBURG VA  | 69 | 45:54   |
| 70  | 54:31   | 1:40:25 | 1:41:23         |               |    |         |
| 72. | 908     | 44      | CHRIS WILLIAMS  | LYNCHBURG VA  | 71 | 45:56   |
| 68  | 54:30   | 1:40:25 | 1:41:23         |               |    |         |
| 73. | 651     | 43      | BRIAN POWERS    | BEDFORD VA    | 72 | 45:57   |
| 69  | 54:30   | 1:40:27 | 1:41:23         |               |    |         |
| 74. | 323     | 44      | BRANNON GODFREY | WINCHESTER VA | 76 | 47:19   |
| 64  | 53:49   | 1:41:08 | 1:41:45         |               |    |         |
| 75. | 101     | 42      | JAY BROWN       | RALEIGH NC    | 75 | 47:01   |
| 72  | 54:52   | 1:41:52 | 1:42:22         |               |    |         |
| 76. | 154     | 41      | LARRY COMERFORD | LYNCHBURG VA  | 78 | 47:50   |
| 77  | 55:17   | 1:43:07 | 1:43:20         |               |    |         |
| 77. | 631     | 42      | ANTHONY PEELER  | LYNCHBURG VA  | 79 | 48:08   |
| 73  | 54:55   | 1:43:03 | 1:43:35         |               |    |         |
| 78. | 428     | 41      | LINZIE JOHNSON  | LYNCHBURG VA  | 80 | 48:23   |
| 76  | 55:14   | 1:43:36 | 1:44:02         |               |    |         |
| 79. | 705     | 44      | BRIAN SADLER    | ATLANTA GA    | 68 | 45:39   |
| 80  | 59:28   | 1:45:06 | 1:46:11         |               |    |         |
| 80. | 380     | 44      | WILLIAM HICKS   | GREENSBORO NC | 81 | 49:54   |
| 79  | 57:34   | 1:47:27 | 1:48:29         |               |    |         |
| 81. | 173     | 40      | SHANNON COTULLA | LYNCHBURG VA  | 82 | 1:01:23 |
| 81  | 1:05:20 | 2:06:43 | 2:07:18         |               |    |         |
| 82. | 1027    | 41      | PAUL MWANOI     |               | 1  | 25:32   |

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MALE AGE GROUP: 45 - 49 (200)

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| Place<br>ank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME   | GUN<br>TIME | CITY/STATE    | Rank | RUN5M<br>R |
|--------------|------------|-------------|----------------|-------------|---------------|------|------------|
| 1.           | 305        | 47          | HERNAN GARBINI |             | WAYNESBORO VA | 1    | 28:15      |
| 1            | 34:27      | 1:02:41     | 1:02:43        |             |               |      |            |
| 2.           | 44         | 49          | LEN BARKER     |             | LYNCHBURG VA  | 2    | 29:00      |
| 2            | 34:54      | 1:03:53     | 1:03:56        |             |               |      |            |
| 3.           | 824        | 48          | HAROLD TERRY   |             | BAHAMA NC     | 3    | 31:03      |
| 3            | 38:21      | 1:09:23     | 1:09:28        |             |               |      |            |

|     |       |         |                      |                    |    |       |
|-----|-------|---------|----------------------|--------------------|----|-------|
| 4.  | 893   | 49      | NORRIS WELFARE       | MONROE VA          | 4  | 32:11 |
| 4   | 38:46 | 1:10:57 | 1:11:08              |                    |    |       |
| 5.  | 751   | 48      | KEVIN SHROYER        | GOODE VA           | 5  | 33:05 |
| 6   | 40:39 | 1:13:44 | 1:13:52              |                    |    |       |
| 6.  | 47    | 48      | DAVID BARNEY SR.     | LYNCHBURG VA       | 7  | 35:33 |
| 5   | 39:48 | 1:15:21 | 1:15:26              |                    |    |       |
| 7.  | 602   | 45      | RANDY NIXON          | LYNCHBURG VA       | 8  | 35:33 |
| 7   | 42:31 | 1:18:04 | 1:18:09              |                    |    |       |
| 8.  | 280   | 49      | WILLIAM FLINT        | LYNCHBURG VA       | 9  | 36:00 |
| 8   | 42:48 | 1:18:48 | 1:19:04              |                    |    |       |
| 9.  | 509   | 46      | JOE MALLOY           | LYNCHBURG VA       |    |       |
| 25  | 45:47 |         | 1:19:12              |                    |    |       |
| 10. | 510   | 45      | LARRY MANCINI        | STUARTS DRAFT VA   | 10 | 36:35 |
| 12  | 43:41 | 1:20:15 | 1:20:56              |                    |    |       |
| 11. | 322   | 49      | CLIFFORD GLICKMAN    | LYNCHBURG VA       | 13 | 37:41 |
| 9   | 42:59 | 1:20:39 | 1:21:00              |                    |    |       |
| 12. | 303   | 46      | GRATTAN GARBEE       | LYNCHBURG VA       | 11 | 37:05 |
| 15  | 44:17 | 1:21:21 | 1:22:01              |                    |    |       |
| 13. | 1005  | 49      | JOE MORGAN           | WILLIAMSBURG VA    | 15 | 38:12 |
| 13  | 43:47 | 1:21:59 | 1:22:08              |                    |    |       |
| 14. | 486   | 49      | STEVE LETTERMAN      | APPOMATTOX VA      | 16 | 38:15 |
| 11  | 43:40 | 1:21:54 | 1:22:14              |                    |    |       |
| 15. | 138   | 45      | MATT CHAVEZ          | LYNCHBURG VA       | 17 | 38:20 |
| 10  | 43:33 | 1:21:52 | 1:22:16              |                    |    |       |
| 16. | 726   | 47      | JEFFREY SCHRAGER     | NEW YORK NY        | 12 | 37:15 |
| 16  | 44:24 | 1:21:38 | 1:22:24              |                    |    |       |
| 17. | 384   | 45      | MATTHEW HILLMER      | COVINGTON VA       | 14 | 38:01 |
| 21  | 44:57 | 1:22:57 | 1:23:01              |                    |    |       |
| 18. | 504   | 45      | KENNETH MADY         | CHARLOTTESVILLE VA | 22 | 39:17 |
| 14  | 44:00 | 1:23:17 | 1:23:39              |                    |    |       |
| 19. | 394   | 49      | JON HOUSE            | FOREST VA          | 19 | 38:49 |
| 19  | 44:47 | 1:23:36 | 1:23:46              |                    |    |       |
| 20. | 695   | 46      | JIMMY ROUX           | LYNCHBURG VA       | 20 | 38:55 |
| 18  | 44:47 | 1:23:41 | 1:23:57              |                    |    |       |
| 21. | 168   | 48      | DAVID CORADAZZI      | LYNCHBURG VA       | 23 | 39:27 |
| 22  | 45:09 | 1:24:36 | 1:25:07              |                    |    |       |
| 22. | 497   | 48      | GEORGE HOPE I LUPTON | LYNCHBURG VA       | 18 | 38:41 |
| 26  | 46:19 | 1:25:00 | 1:25:16              |                    |    |       |
| 23. | 298   | 48      | GEORGE GAINES        | VICTORIA VA        | 30 | 41:07 |
| 20  | 44:48 | 1:25:54 | 1:26:09              |                    |    |       |
| 24. | 962   | 48      | CAREY BAGDASSARIAN   | WILLIAMSBURG VA    | 31 | 41:13 |
| 17  | 44:46 | 1:25:58 | 1:26:16              |                    |    |       |

|     |       |         |                  |                       |    |       |
|-----|-------|---------|------------------|-----------------------|----|-------|
| 25. | 93    | 48      | BILL BRINCEFIELD | BAHAMA NC             | 21 | 39:05 |
| 28  | 47:07 | 1:26:11 | 1:26:29          |                       |    |       |
| 26. | 684   | 45      | DOUGLAS RINGLER  | MONTGOMERY VILLAGE MD | 28 | 40:54 |
| 23  | 45:11 | 1:26:04 | 1:26:33          |                       |    |       |
| 27. | 747   | 46      | STEVE SHIELDS    | FOREST VA             | 26 | 40:15 |
| 30  | 47:24 | 1:27:38 | 1:28:04          |                       |    |       |
| 28. | 480   | 49      | CHARLES LEE      | FOREST VA             | 32 | 41:18 |
| 27  | 46:33 | 1:27:51 | 1:28:28          |                       |    |       |
| 29. | 274   | 48      | MICHAEL FERGUSON | BRONX NY              | 27 | 40:53 |
| 29  | 47:19 | 1:28:12 | 1:28:59          |                       |    |       |



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 MALE AGE GROUP: 45 - 49 (200)  
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| Place<br>ank | Bib<br>RUN    | Age<br>CHIP | NAME<br>TIME              | GUN<br>TIME | CITY/STATE         | Rank  | RUN5M<br>R |
|--------------|---------------|-------------|---------------------------|-------------|--------------------|-------|------------|
| =====        | =====         | =====       | =====                     | =====       | =====              | ===== | =====      |
| 30.<br>24    | 973<br>45:40  | 47          | DAVID GARDNER<br>1:28:49  | 1:29:55     | FOREST VA          | 41    | 43:09      |
| 31.<br>36    | 117<br>48:52  | 48          | MORRIS BYRAM<br>1:29:03   | 1:29:57     | FOREST VA          | 24    | 40:11      |
| 32.<br>39    | 992<br>49:36  | 47          | DICKIE BEALE<br>1:29:50   | 1:30:03     | FOREST VA          | 25    | 40:15      |
| 33.<br>34    | 1002<br>48:38 | 46          | BRUCE ROYER<br>1:30:25    | 1:30:59     | LYNCHBURG VA       | 35    | 41:48      |
| 34.<br>37    | 918<br>48:53  | 45          | ALEX WINSTEAD<br>1:30:28  | 1:31:03     | LYNCHBURG VA       | 33    | 41:36      |
| 35.<br>31    | 715<br>48:24  | 46          | JOHN SARVER<br>1:30:27    | 1:31:05     | AMHERST VA         | 37    | 42:03      |
| 36.<br>40    | 1017<br>50:04 | 46          | YESLT KHANNA<br>1:31:01   | 1:31:21     | FOREST VA          | 29    | 40:57      |
| 37.<br>35    | 476<br>48:47  | 49          | DAVID LAW<br>1:31:31      | 1:32:01     | HARRISONBURG VA    | 39    | 42:44      |
| 38.<br>41    | 29<br>50:05   | 47          | VICTOR ANGELL<br>1:31:49  | 1:32:04     | LYNCHBURG VA       | 34    | 41:44      |
| 39.<br>32    | 765<br>48:31  | 47          | CHAD SMITH<br>1:32:07     | 1:32:24     | BEDFORD VA         | 43    | 43:37      |
| 40.<br>33    | 841<br>48:33  | 48          | HOOVER TOM<br>1:33:00     | 1:33:48     | CHARLOTTESVILLE VA | 47    | 44:27      |
| 41.<br>46    | 985<br>51:35  | 48          | CHARLES WARREN<br>1:33:41 | 1:34:16     | LYNCHBURG VA       | 38    | 42:06      |
| 42.<br>43    | 393<br>50:42  | 48          | KEVIN HOUR<br>1:34:07     | 1:34:21     | LYNCHBURG VA       | 42    | 43:25      |
| 43.<br>38    | 199<br>49:29  | 46          | JIMMY DAVIS<br>1:34:03    | 1:34:30     | LYNCHBURG VA       | 48    | 44:34      |
| 44.<br>48    | 342<br>51:44  | 48          | GREG GUNTER<br>1:33:45    | 1:34:37     | LYNCHBURG VA       | 36    | 42:02      |
| 45.<br>44    | 761<br>51:11  | 46          | MARK SLOMAN<br>1:34:55    | 1:35:11     | LYNCHBURG VA       | 44    | 43:45      |

|     |       |         |                   |                  |    |       |
|-----|-------|---------|-------------------|------------------|----|-------|
| 46. | 656   | 47      | JERRY PRICE       | LYNCHBURG VA     | 45 | 43:53 |
| 42  | 50:29 | 1:34:21 | 1:35:23           |                  |    |       |
| 47. | 477   | 47      | DOUG LAWRENCE     | LYNCHBURG VA     | 40 | 42:57 |
| 50  | 52:17 | 1:35:14 | 1:35:55           |                  |    |       |
| 48. | 745   | 47      | GEORGE SHERMAN    | AMHERST VA       | 46 | 44:05 |
| 47  | 51:36 | 1:35:40 | 1:36:40           |                  |    |       |
| 49. | 7     | 49      | RON ACORN         | STUARTS DRAFT VA | 49 | 44:35 |
| 45  | 51:35 | 1:36:09 | 1:36:50           |                  |    |       |
| 50. | 568   | 49      | DAVID MILES       | FOREST VA        | 51 | 44:52 |
| 49  | 52:00 | 1:36:52 | 1:37:36           |                  |    |       |
| 51. | 620   | 47      | JONATHAN PASCADLO | FOREST VA        | 57 | 46:09 |
| 51  | 52:25 | 1:38:33 | 1:38:54           |                  |    |       |
| 52. | 823   | 49      | MALCOLM TAYLOR    | RICHMOND VA      | 61 | 46:16 |
| 53  | 52:42 | 1:38:58 | 1:39:17           |                  |    |       |
| 53. | 460   | 49      | ROBERT KREBS      | BROOKNEAL VA     | 54 | 45:52 |
| 52  | 52:35 | 1:38:27 | 1:39:30           |                  |    |       |
| 54. | 1001  | 48      | BRIAN NOEGEL      | LYNCHBURG VA     | 52 | 45:08 |
| 55  | 53:33 | 1:38:40 | 1:39:52           |                  |    |       |
| 55. | 290   | 46      | PAUL FRANCIS      | BROOKNEAL VA     | 58 | 46:09 |
| 54  | 53:21 | 1:39:30 | 1:40:27           |                  |    |       |
| 56. | 767   | 49      | DON SMITH         | FOREST VA        | 59 | 46:10 |
| 56  | 53:49 | 1:39:58 | 1:40:52           |                  |    |       |
| 57. | 299   | 48      | DARREN GALE       | LYNCHBURG VA     | 53 | 45:52 |
| 58  | 54:34 | 1:40:25 | 1:41:22           |                  |    |       |
| 58. | 949   | 46      | JOE ZWETOLITZ     | LYNCHBURG VA     | 55 | 45:54 |
| 59  | 54:34 | 1:40:27 | 1:41:23           |                  |    |       |
| 59. | 517   | 46      | DWAYNE MARSHALL   | LYNCHBURG VA     | 50 | 44:49 |
| 66  | 56:36 | 1:41:25 | 1:41:33           |                  |    |       |
| 60. | 414   | 46      | ROY ILCH          | FOREST VA        | 64 | 46:45 |
| 60  | 54:58 | 1:41:43 | 1:42:04           |                  |    |       |
| 61. | 649   | 48      | JOSEPH POCILUYKO  | FOREST VA        | 63 | 46:35 |
| 61  | 55:24 | 1:41:58 | 1:42:26           |                  |    |       |
| 62. | 1018  | 45      | STEPHEN BROOKS    | FOREST VA        | 56 | 46:08 |
| 63  | 55:51 | 1:41:58 | 1:42:48           |                  |    |       |
| 63. | 327   | 45      | SCOTT GOODMAN     | GOODE VA         | 60 | 46:15 |
| 65  | 56:22 | 1:42:37 | 1:43:21           |                  |    |       |
| 64. | 433   | 48      | KENNY JORDAN      | RUSTBURG VA      | 65 | 47:01 |
| 64  | 56:13 | 1:43:14 | 1:44:05           |                  |    |       |
| 65. | 815   | 45      | ARMENIO SUZANO    | RUSTBURG VA      | 67 | 47:13 |
| 62  | 55:46 | 1:42:58 | 1:44:32           |                  |    |       |
| 66. | 555   | 47      | SCOTT MEGAHAN     | TROY VA          | 74 | 51:13 |
| 57  | 53:58 | 1:45:11 | 1:46:13           |                  |    |       |

|     |         |         |                  |               |    |         |
|-----|---------|---------|------------------|---------------|----|---------|
| 67. | 192     | 47      | PHIL DANAHER     | FOREST VA     | 69 | 47:47   |
| 68  | 58:45   | 1:46:31 | 1:47:22          |               |    |         |
| 68. | 844     | 46      | RALPH TOTTY      | APPOMATTOX VA | 66 | 47:10   |
| 69  | 59:18   | 1:46:28 | 1:47:28          |               |    |         |
| 69. | 461     | 47      | DARREN KREEGER   | AMHERST VA    | 71 | 49:27   |
| 67  | 57:33   | 1:47:00 | 1:48:13          |               |    |         |
| 70. | 252     | 46      | MICHAEL ENDERSON | FOREST VA     | 62 | 46:18   |
| 74  | 1:02:00 | 1:48:17 | 1:48:47          |               |    |         |
| 71. | 878     | 48      | RANDY WARNER     | WAXHAW NC     | 6  | 33:33   |
| 75  | 1:15:10 | 1:48:42 | 1:48:49          |               |    |         |
| 72. | 920     | 45      | EDDIE WITT       | GOODE VA      | 68 | 47:42   |
| 73  | 1:00:58 | 1:48:40 | 1:49:03          |               |    |         |
| 73. | 131     | 45      | ALDO CARVELLI    | LYNCHBURG VA  | 70 | 48:17   |
| 72  | 1:00:47 | 1:49:04 | 1:49:18          |               |    |         |
| 74. | 478     | 46      | DENNIS LAYNE     | FOREST VA     | 72 | 49:57   |
| 71  | 59:23   | 1:49:20 | 1:49:45          |               |    |         |
| 75. | 749     | 47      | KYLE SHORT       | FOREST VA     | 73 | 49:57   |
| 70  | 59:23   | 1:49:20 | 1:49:45          |               |    |         |
| 76. | 785     | 48      | BILL STAFFORD    | LYNCHBURG VA  | 75 | 1:01:30 |
| 76  | 1:18:07 | 2:19:37 | 2:20:42          |               |    |         |

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MALE AGE GROUP: 50 - 54 (200)

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| Place<br>ank | Bib   | Age     | NAME                   | CITY/STATE         | Rank | RUN5M R |
|--------------|-------|---------|------------------------|--------------------|------|---------|
|              |       |         | RUN CHIP TIME GUN TIME |                    |      |         |
| 1.           | 261   | 53      | PRESTON EVANS          | MADISON HEIGHTS VA | 1    | 30:45   |
| 2            | 36:26 | 1:07:10 | 1:07:17                |                    |      |         |
| 2.           | 629   | 50      | BILLY PEARLMAN         | ROANOKE VA         | 5    | 31:53   |
| 1            | 35:28 | 1:07:21 | 1:07:26                |                    |      |         |
| 3.           | 567   | 50      | CALVIN MILAM           | LYNCHBURG VA       | 2    | 31:05   |
| 3            | 37:47 | 1:08:52 | 1:08:57                |                    |      |         |
| 4.           | 130   | 51      | R B CARTER             | LYNCHBURG VA       | 4    | 31:12   |
| 4            | 37:52 | 1:09:04 | 1:09:08                |                    |      |         |
| 5.           | 77    | 50      | BRET BOMAN             | FOREST VA          | 3    | 31:12   |
| 5            | 37:55 | 1:09:07 | 1:09:10                |                    |      |         |
| 6.           | 444   | 51      | JACK KING              | RICHMOND VA        | 6    | 31:56   |
| 6            | 38:09 | 1:10:04 | 1:10:16                |                    |      |         |

|     |       |         |                  |                 |    |       |
|-----|-------|---------|------------------|-----------------|----|-------|
| 7.  | 1013  | 51      | ED DAVIS         | HUNTINGTON WV   | 7  | 32:31 |
| 7   | 38:12 | 1:10:43 | 1:11:02          |                 |    |       |
| 8.  | 796   | 53      | GREG STICK       | SALEM VA        | 8  | 32:46 |
| 8   | 38:22 | 1:11:08 | 1:11:17          |                 |    |       |
| 9.  | 52    | 50      | TED BATT         | LYNCHBURG VA    | 9  | 34:02 |
| 9   | 40:08 | 1:14:09 | 1:14:14          |                 |    |       |
| 10. | 156   | 53      | LARRY COMSTOCK   | CHESTERFIELD VA | 11 | 34:44 |
| 10  | 40:16 | 1:15:00 | 1:15:09          |                 |    |       |
| 11. | 575   | 53      | MICHAEL MITCHELL | LYNCHBURG VA    | 10 | 34:44 |
| 12  | 41:33 | 1:16:17 | 1:16:25          |                 |    |       |

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 MALE AGE GROUP: 50 - 54 (200)  
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| Place<br>ank | Bib<br>RUN   | Age<br>CHIP | NAME<br>TIME               | GUN<br>TIME | CITY/STATE         | Rank  | RUN5M<br>R |
|--------------|--------------|-------------|----------------------------|-------------|--------------------|-------|------------|
| =====        | =====        | =====       | =====                      | =====       | =====              | ===== | =====      |
| 12.<br>11    | 665<br>41:22 | 51          | ROBERT RAMSEY<br>1:16:45   | 1:16:50     | MARTINSVILLE VA    | 12    | 35:24      |
| 13.<br>13    | 390<br>41:58 | 51          | WILBERT HOOPER<br>1:17:29  | 1:17:50     | FOREST VA          | 13    | 35:31      |
| 14.<br>17    | 324<br>42:38 | 51          | MIKE GOETZ<br>1:18:14      | 1:18:20     | FOREST VA          | 15    | 35:37      |
| 15.<br>15    | 418<br>42:21 | 51          | LARRY JACKSON<br>1:18:19   | 1:18:39     | FOREST VA          | 16    | 35:58      |
| 16.<br>16    | 451<br>42:27 | 53          | LANCE KNIGHT<br>1:18:48    | 1:19:27     | LYNCHBURG VA       | 18    | 36:21      |
| 17.<br>18    | 457<br>43:43 | 53          | GREG KOSOWSKI<br>1:19:15   | 1:19:29     | LYNCHBURG VA       | 14    | 35:32      |
| 18.<br>23    | 57<br>44:38  | 51          | RICHARD BECK<br>1:20:55    | 1:21:05     | SPARKS MD          | 17    | 36:18      |
| 19.<br>19    | 283<br>43:44 | 54          | KELVIN FLOWERS<br>1:20:48  | 1:21:09     | LYNCHBURG VA       | 21    | 37:04      |
| 20.<br>14    | 188<br>42:10 | 52          | TIM DAILEY<br>1:20:42      | 1:21:35     | FOREST VA          | 28    | 38:32      |
| 21.<br>21    | 518<br>44:20 | 50          | HUNTER MARSHALL<br>1:21:26 | 1:21:46     | SPOUT SPRING VA    | 22    | 37:06      |
| 22.<br>24    | 593<br>44:45 | 53          | HUNTER NASH<br>1:21:48     | 1:22:10     | MADISON HEIGHTS VA | 20    | 37:03      |
| 23.<br>22    | 313<br>44:29 | 50          | MARC GELY<br>1:22:02       | 1:22:13     | LYNCHBURG VA       | 25    | 37:34      |
| 24.<br>26    | 930<br>45:10 | 53          | BLAIN WRENCH<br>1:22:40    | 1:22:44     | WINSTON SALEM NC   | 24    | 37:30      |
| 25.<br>28    | 116<br>45:24 | 53          | MARK BUSHING<br>1:22:41    | 1:22:52     | LYNCHBURG VA       | 23    | 37:18      |
| 26.<br>35    | 906<br>46:58 | 52          | MICHAEL WILL<br>1:23:52    | 1:24:03     | LYNCHBURG VA       | 19    | 36:54      |
| 27.<br>31    | 361<br>46:04 | 50          | RICKY HARGIS<br>1:23:50    | 1:24:07     | ROXBORO NC         | 26    | 37:47      |

|     |       |         |                  |                    |    |       |
|-----|-------|---------|------------------|--------------------|----|-------|
| 28. | 76    | 51      | JOHN BOGGESS     | CINCINNATI OH      | 27 | 38:32 |
| 25  | 44:53 | 1:23:24 | 1:24:10          |                    |    |       |
| 29. | 270   | 53      | ANDY FAULCONER   | MADISON HEIGHTS VA | 30 | 39:31 |
| 29  | 45:38 | 1:25:09 | 1:25:14          |                    |    |       |
| 30. | 527   | 50      | MICHAEL MAURER   | ROANOKE VA         | 35 | 40:26 |
| 20  | 44:11 | 1:24:36 | 1:25:15          |                    |    |       |
| 31. | 810   | 52      | GREGORY SULLIVAN | LYNCHBURG VA       | 32 | 39:50 |
| 27  | 45:20 | 1:25:09 | 1:25:28          |                    |    |       |
| 32. | 136   | 54      | BILL CHAPIN      | LYNCHBURG VA       | 29 | 39:13 |
| 32  | 46:05 | 1:25:17 | 1:25:39          |                    |    |       |
| 33. | 857   | 54      | JOHN VADNAL      | FOREST VA          | 36 | 40:45 |
| 30  | 46:00 | 1:26:44 | 1:27:04          |                    |    |       |
| 34. | 109   | 51      | PAUL BRYANT      | FOREST VA          | 33 | 39:57 |
| 39  | 47:53 | 1:27:50 | 1:28:12          |                    |    |       |
| 35. | 911   | 53      | MIKE WILLIAMS    | ROANOKE VA         | 31 | 39:50 |
| 38  | 47:36 | 1:27:26 | 1:28:32          |                    |    |       |
| 36. | 301   | 50      | SKIP GALT        | RUSTBURG VA        | 38 | 41:12 |
| 37  | 47:28 | 1:28:39 | 1:29:09          |                    |    |       |
| 37. | 644   | 50      | ROBERT PIERCE    | LYNCHBURG VA       | 39 | 42:02 |
| 33  | 46:54 | 1:28:56 | 1:29:24          |                    |    |       |
| 38. | 960   | 54      | WIN IMRON        | FOREST VA          | 34 | 40:11 |
| 42  | 48:56 | 1:29:07 | 1:29:32          |                    |    |       |
| 39. | 569   | 53      | CAUDILL MILLER   | MONTGOMERY AL      | 40 | 42:20 |
| 34  | 46:56 | 1:29:16 | 1:29:39          |                    |    |       |
| 40. | 776   | 51      | KENNETH SOO      | DURHAM NC          | 41 | 42:52 |
| 44  | 49:18 | 1:32:10 | 1:32:49          |                    |    |       |
| 41. | 661   | 51      | THOM PROVENZOLA  | LYNCHBURG VA       | 37 | 40:54 |
| 47  | 51:39 | 1:32:33 | 1:33:20          |                    |    |       |
| 42. | 493   | 53      | CAREY LOCKHART   | MIDLOTHIAN VA      | 42 | 43:06 |
| 45  | 49:59 | 1:33:04 | 1:33:22          |                    |    |       |
| 43. | 928   | 52      | WILLIAM WORSHAM  | CHARLOTTESVILLE VA | 45 | 44:00 |
| 43  | 49:11 | 1:33:11 | 1:33:46          |                    |    |       |
| 44. | 145   | 53      | KEITH COALSON    | LYNCHBURG VA       | 46 | 44:40 |
| 41  | 48:38 | 1:33:18 | 1:33:58          |                    |    |       |
| 45. | 958   | 52      | MARK LANDRY      | APPOMATTOX VA      | 48 | 45:02 |
| 46  | 50:22 | 1:35:24 | 1:35:38          |                    |    |       |
| 46. | 33    | 53      | SAMUEL AUSTIN    | EVINGTON VA        | 54 | 47:42 |
| 36  | 47:01 | 1:34:43 | 1:35:43          |                    |    |       |
| 47. | 1022  | 54      | JOE WILSON       | LYNCHBURG VA       | 53 | 47:13 |
| 40  | 48:05 | 1:35:17 | 1:35:44          |                    |    |       |
| 48. | 263   | 51      | DAVE FAIDLEY     | MONROE VA          | 43 | 43:44 |
| 48  | 51:58 | 1:35:42 | 1:36:17          |                    |    |       |

|     |         |         |                 |                 |    |       |
|-----|---------|---------|-----------------|-----------------|----|-------|
| 49. | 42      | 53      | DON BANKER      | LYNCHBURG VA    | 44 | 43:55 |
| 49  | 52:08   | 1:36:03 | 1:37:20         |                 |    |       |
| 50. | 529     | 53      | JACK MAY        | GORDONSVILLE VA | 47 | 44:46 |
| 52  | 53:00   | 1:37:46 | 1:37:56         |                 |    |       |
| 51. | 472     | 52      | DANIEL LASLIE   | LYNCHBURG VA    | 49 | 45:27 |
| 50  | 52:29   | 1:37:55 | 1:38:05         |                 |    |       |
| 52. | 334     | 53      | JOE GRABASKAS   | LYNCHBURG VA    | 51 | 46:04 |
| 51  | 52:37   | 1:38:40 | 1:39:21         |                 |    |       |
| 53. | 102     | 53      | JEFFREY BROWN   | FOREST VA       | 50 | 45:52 |
| 53  | 53:18   | 1:39:09 | 1:39:23         |                 |    |       |
| 54. | 404     | 50      | MARK HUDSON     | FOREST VA       | 52 | 47:08 |
| 54  | 53:19   | 1:40:26 | 1:41:25         |                 |    |       |
| 55. | 1       | 53      | DICK BEARDSLEY  | AUSTIN TX       | 55 | 47:48 |
| 55  | 55:13   | 1:43:00 | 1:43:09         |                 |    |       |
| 56. | 121     | 50      | JON CANNON      | LYNCHBURG VA    | 59 | 49:28 |
| 56  | 55:50   | 1:45:18 | 1:45:28         |                 |    |       |
| 57. | 750     | 51      | STEVE SHOWALTER | HILLSBOROUGH NC | 57 | 48:55 |
| 58  | 57:57   | 1:46:51 | 1:46:59         |                 |    |       |
| 58. | 671     | 51      | BRUCE REID      | CONCORD VA      | 58 | 49:19 |
| 57  | 57:07   | 1:46:25 | 1:47:34         |                 |    |       |
| 59. | 797     | 52      | BRYAN STONE     | FOREST VA       | 56 | 48:46 |
| 59  | 58:06   | 1:46:52 | 1:48:04         |                 |    |       |
| 60. | 61      | 50      | KENT BENFIELD   | GREENSBORO NC   | 60 | 49:51 |
| 60  | 1:00:24 | 1:50:15 | 1:51:11         |                 |    |       |
| 61. | 561     | 53      | GLENN MEYER     | LYNCHBURG VA    | 61 | 52:52 |

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 MALE AGE GROUP: 55 - 59 (200)  
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| Place<br>ank | Bib<br>RUN   | Age<br>CHIP | NAME<br>TIME              | GUN<br>TIME | CITY/STATE         | Rank  | RUN5M<br>R |
|--------------|--------------|-------------|---------------------------|-------------|--------------------|-------|------------|
| =====        | =====        | =====       | =====                     | =====       | =====              | ===== | =====      |
| 1.<br>1      | 13<br>38:41  | 59          | GARY ADKINS<br>1:10:11    | 1:10:15     | SALEM VA           | 1     | 31:31      |
| 2.<br>6      | 805<br>41:06 | 58          | GARY STROUD<br>1:13:52    | 1:13:55     | LYNCHBURG VA       | 2     | 32:47      |
| 3.<br>2      | 454<br>40:33 | 55          | ROGER KOEHLER<br>1:14:16  | 1:14:20     | LEXINGTON VA       | 3     | 33:43      |
| 4.<br>4      | 899<br>40:52 | 59          | MARK WHISLER<br>1:14:40   | 1:14:45     | SALEM VA           | 4     | 33:49      |
| 5.<br>3      | 311<br>40:36 | 55          | DAVE GEARHART<br>1:15:20  | 1:15:42     | WINCHESTER VA      | 5     | 34:44      |
| 6.<br>5      | 724<br>40:57 | 55          | ROBERT SCHMIDT<br>1:16:55 | 1:17:14     | LOGAN UT           | 7     | 35:58      |
| 7.<br>7      | 570<br>41:43 | 56          | CRAIG MILLER<br>1:16:45   | 1:18:05     | LYNCHBURG VA       | 6     | 35:03      |
| 8.<br>8      | 148<br>42:07 | 57          | DAVE COCHRAN<br>1:19:24   | 1:19:37     | DANVILLE VA        | 8     | 37:17      |
| 9.<br>9      | 462<br>43:08 | 55          | ROBERT LADD<br>1:20:26    | 1:20:43     | LYNCHBURG VA       | 10    | 37:19      |
| 10.<br>10    | 876<br>43:58 | 56          | RICHARD WALTON<br>1:21:16 | 1:22:29     | POWHATAN VA        | 9     | 37:19      |
| 11.<br>11    | 584<br>45:13 | 57          | PEYTON MORGAN<br>1:24:41  | 1:25:14     | LYNCHBURG VA       | 13    | 39:28      |
| 12.<br>14    | 525<br>48:44 | 58          | HAROLD MASSIE<br>1:26:04  | 1:26:10     | MADISON HEIGHTS VA | 11    | 37:21      |
| 13.<br>15    | 668<br>48:45 | 56          | MARC RASKIN<br>1:27:55    | 1:28:09     | PAMPLIN VA         | 12    | 39:11      |
| 14.<br>12    | 997<br>46:05 | 58          | GLENN MEADOWS<br>1:27:42  | 1:28:23     | LYNCHBURG VA       | 14    | 41:38      |
| 15.<br>13    | 722<br>46:25 | 58          | STEVE SCHEWEL<br>1:28:04  | 1:28:45     | DURHAM NC          | 15    | 41:40      |
| 16.<br>16    | 681<br>49:27 | 59          | EDWIN RIDOUT<br>1:31:53   | 1:32:19     | STAFFORD VA        | 19    | 42:27      |



|     |         |         |                   |                    |    |         |
|-----|---------|---------|-------------------|--------------------|----|---------|
| 17. | 774     | 58      | BARRY SNEAD       | DANVILLE VA        | 16 | 42:12   |
| 20  | 50:30   | 1:32:42 | 1:32:51           |                    |    |         |
| 18. | 663     | 57      | NATHAN PUTNEY     | APPOMATTOX VA      | 18 | 42:15   |
| 22  | 51:22   | 1:33:37 | 1:33:49           |                    |    |         |
| 19. | 583     | 56      | GEORGE MORGAN     | BLACKSBURG VA      | 17 | 42:14   |
| 27  | 52:44   | 1:34:57 | 1:35:20           |                    |    |         |
| 20. | 377     | 56      | CHARLIE HESSE     | LYNCHBURG VA       | 20 | 43:24   |
| 23  | 52:03   | 1:35:26 | 1:35:36           |                    |    |         |
| 21. | 256     | 58      | WALTER ERWIN      | LYNCHBURG VA       | 22 | 45:16   |
| 18  | 49:52   | 1:35:07 | 1:35:56           |                    |    |         |
| 22. | 786     | 58      | BAXTER STARNES    | WAXHAW NC          | 24 | 45:55   |
| 19  | 50:13   | 1:36:08 | 1:36:44           |                    |    |         |
| 23. | 901     | 58      | WILLIAM WHITMORE  | DURHAM NC          | 21 | 44:07   |
| 24  | 52:07   | 1:36:13 | 1:37:06           |                    |    |         |
| 24. | 676     | 58      | DON REYNOLDS      | ROANOKE VA         | 27 | 46:40   |
| 17  | 49:48   | 1:36:27 | 1:37:34           |                    |    |         |
| 25. | 840     | 59      | BRANT TOLSMA      | LYNCHBURG VA       | 23 | 45:40   |
| 28  | 52:51   | 1:38:31 | 1:38:38           |                    |    |         |
| 26. | 867     | 55      | FRANK VILLA       | FOREST VA          | 26 | 46:08   |
| 26  | 52:28   | 1:38:35 | 1:39:01           |                    |    |         |
| 27. | 284     | 56      | BILL FLYNN        | LYNCHBURG VA       | 30 | 47:17   |
| 21  | 51:14   | 1:38:31 | 1:39:16           |                    |    |         |
| 28. | 443     | 55      | DAVID KIMBLE      | FOREST HEIGHTS MD  | 29 | 47:02   |
| 25  | 52:22   | 1:39:24 | 1:40:29           |                    |    |         |
| 29. | 940     | 57      | PETER YORK        | CHARLOTTESVILLE VA | 28 | 46:47   |
| 29  | 53:31   | 1:40:17 | 1:41:04           |                    |    |         |
| 30. | 723     | 57      | DAN SCHLADER      | FOREST VA          | 25 | 45:57   |
| 30  | 54:30   | 1:40:27 | 1:41:24           |                    |    |         |
| 31. | 382     | 58      | STEPHEN HILL      | ROANOKE VA         | 32 | 48:33   |
| 32  | 55:45   | 1:44:17 | 1:44:24           |                    |    |         |
| 32. | 734     | 59      | FARSHID SHAHROKHI | LYNCHBURG VA       | 31 | 48:19   |
| 33  | 57:19   | 1:45:38 | 1:46:14           |                    |    |         |
| 33. | 712     | 56      | DANIEL SALOTTOLO  | WILMINGTON NC      | 33 | 50:23   |
| 31  | 55:01   | 1:45:23 | 1:46:29           |                    |    |         |
| 34. | 545     | 55      | RUSSELL MCMAHON   | CINCINNATI OH      | 35 | 53:37   |
| 34  | 57:53   | 1:51:29 | 1:52:19           |                    |    |         |
| 35. | 18      | 58      | JOEY ALLEN        | LYNCHBURG VA       | 34 | 53:18   |
| 35  | 59:39   | 1:52:57 | 1:53:30           |                    |    |         |
| 36. | 856     | 55      | STEPHENS TURNER   | EDEN NC            | 36 | 55:45   |
| 36  | 1:06:02 | 2:01:47 | 2:02:21           |                    |    |         |
| 37. | 369     | 57      | DENNIS HATCHER    | RANSON WV          | 37 | 1:02:15 |
| 37  | 1:08:55 | 2:11:10 | 2:12:13           |                    |    |         |

38. 142 59 ANTHONY CICCARELLO  
38 1:17:10 2:21:13 2:21:59

AMHERST VA

38 1:04:03

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MALE AGE GROUP: 60 - 64 (200)  
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| Place<br>Rank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME    | GUN<br>TIME | CITY/STATE    | Rank | RUN5M<br>R |
|---------------|------------|-------------|-----------------|-------------|---------------|------|------------|
| 1.            | 19         | 61          | WALTER ALLEN    |             | LYNCHBURG VA  | 1    | 34:11      |
| 1             | 41:49      |             | 1:15:59         | 1:16:03     |               |      |            |
| 2.            | 565        | 63          | MICKY MIEAR     |             | RUSTBURG VA   | 3    | 35:55      |
| 2             | 42:24      |             | 1:18:18         | 1:18:21     |               |      |            |
| 3.            | 16         | 62          | ED ALLEN        |             | TROUTVILLE VA | 2    | 35:29      |
| 3             | 42:59      |             | 1:18:27         | 1:18:38     |               |      |            |
| 4.            | 916        | 64          | JOHN WILT       |             | DANVILLE VA   | 4    | 40:31      |
| 5             | 47:22      |             | 1:27:53         | 1:28:00     |               |      |            |
| 5.            | 975        | 62          | PHIL FORCEY     |             | LYNCHBURG VA  | 8    | 44:45      |
| 4             | 45:36      |             | 1:30:21         | 1:30:46     |               |      |            |
| 6.            | 699        | 60          | BILL RUSSELL    |             | LYNCHBURG VA  | 5    | 41:42      |
| 9             | 51:30      |             | 1:33:11         | 1:33:27     |               |      |            |
| 7.            | 295        | 61          | SAM FULLER      |             | LYNCHBURG VA  | 7    | 44:25      |
| 6             | 49:52      |             | 1:34:17         | 1:34:29     |               |      |            |
| 8.            | 120        | 61          | DAVID CANNON    |             | LYNCHBURG VA  | 6    | 43:29      |
| 10            | 51:51      |             | 1:35:19         | 1:35:57     |               |      |            |
| 9.            | 956        | 62          | CHIP CLEMENTS   |             | LYNCHBURG VA  | 10   | 45:27      |
| 7             | 50:03      |             | 1:35:30         | 1:36:06     |               |      |            |
| 10.           | 809        | 64          | PHIL STUMP      |             | LYNCHBURG VA  | 9    | 44:56      |
| 8             | 50:51      |             | 1:35:47         | 1:36:14     |               |      |            |
| 11.           | 801        | 62          | RICHARD STONE   |             | LYNCHBURG VA  | 11   | 45:56      |
| 11            | 54:31      |             | 1:40:26         | 1:41:22     |               |      |            |
| 12.           | 891        | 62          | JIM WEIMER      |             | MONETA VA     | 12   | 45:56      |
| 12            | 54:31      |             | 1:40:27         | 1:41:23     |               |      |            |
| 13.           | 86         | 63          | STEVE BOZEMAN   |             | LYNCHBURG VA  | 13   | 45:57      |
| 13            | 54:32      |             | 1:40:29         | 1:41:24     |               |      |            |
| 14.           | 400        | 63          | WILLIAM HUBBARD |             | FOREST VA     | 15   | 53:11      |
| 14            | 1:02:59    |             | 1:56:10         | 1:56:25     |               |      |            |
| 15.           | 235        | 64          | JAMES DUNLAP    |             | BLACKSBURG VA | 14   | 52:58      |
| 16            | 1:06:58    |             | 1:59:56         | 2:00:48     |               |      |            |

16. 432 62 DAVID JORDAN  
15 1:06:25 2:00:28 2:01:29

MONROE VA

16 54:04

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 MALE AGE GROUP: 65 - 69 (200)  
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| Place<br>ank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME     | GUN<br>TIME | CITY/STATE      | Rank  | RUN5M<br>R |
|--------------|------------|-------------|------------------|-------------|-----------------|-------|------------|
| =====        | =====      | =====       | =====            | =====       | =====           | ===== | =====      |
| 1.           | 792        | 65          | DAVE STEPHENSON  |             | MONETA VA       | 1     | 35:40      |
| 1            | 41:37      |             | 1:17:17          | 1:17:40     |                 |       |            |
| 2.           | 781        | 66          | BOBBY SPENCER    |             | DALEVILLE VA    | 2     | 36:30      |
| 2            | 44:51      |             | 1:21:21          | 1:21:28     |                 |       |            |
| 3.           | 11         | 66          | JULIAN ADAMS     |             | LYNCHBURG VA    | 3     | 38:39      |
| 7            | 50:19      |             | 1:28:57          | 1:29:09     |                 |       |            |
| 4.           | 90         | 65          | BEN BRENNEMAN    |             | LYNCHBURG VA    | 4     | 39:46      |
| 3            | 48:44      |             | 1:28:30          | 1:29:31     |                 |       |            |
| 5.           | 268        | 66          | GIRVIS FARRAR    |             | BASKERVILLE VA  | 6     | 42:15      |
| 6            | 49:32      |             | 1:31:47          | 1:31:56     |                 |       |            |
| 6.           | 494        | 68          | TERRY LOGAN      |             | LYNCHBURG VA    | 7     | 42:55      |
| 5            | 49:04      |             | 1:31:59          | 1:32:53     |                 |       |            |
| 7.           | 238        | 65          | WALTER EANES     |             | ROANOKE VA      | 8     | 43:03      |
| 4            | 48:46      |             | 1:31:49          | 1:33:09     |                 |       |            |
| 8.           | 933        | 68          | RONNIE WRIGHT    |             | RUSTBURG VA     | 5     | 42:14      |
| 11           | 52:56      |             | 1:35:10          | 1:35:24     |                 |       |            |
| 9.           | 5          | 65          | TED ABERNETHY    |             | MONETA VA       | 9     | 43:49      |
| 9            | 51:05      |             | 1:34:53          | 1:35:29     |                 |       |            |
| 10.          | 310        | 67          | JIMMY GATES      |             | FARMVILLE VA    | 10    | 45:05      |
| 8            | 50:45      |             | 1:35:50          | 1:36:26     |                 |       |            |
| 11.          | 837        | 65          | BERNIE TIPTON    |             | HUDDLESTON VA   | 13    | 46:08      |
| 10           | 51:06      |             | 1:37:13          | 1:38:01     |                 |       |            |
| 12.          | 744        | 65          | PAUL SHERBURNE   |             | LYNCHBURG VA    | 11    | 45:26      |
| 12           | 53:24      |             | 1:38:50          | 1:39:14     |                 |       |            |
| 13.          | 248        | 67          | HORACE ELLIS     |             | HUDDLESTON VA   | 12    | 45:54      |
| 13           | 54:32      |             | 1:40:26          | 1:41:22     |                 |       |            |
| 14.          | 434        | 66          | KING JORDAN      |             | WEST RIVER MD   | 14    | 47:50      |
| 14           | 55:18      |             | 1:43:08          | 1:43:21     |                 |       |            |
| 15.          | 381        | 66          | FRANK HILL       |             | ROANOKE VA      | 15    | 48:22      |
| 15           | 56:16      |             | 1:44:38          | 1:45:23     |                 |       |            |
| 16.          | 59         | 66          | RANDOLPH BECKHAM |             | LOCUST GROVE VA | 16    | 1:05:45    |
| 16           | 1:17:23    |             | 2:23:07          | 2:24:42     |                 |       |            |

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 MALE AGE GROUP: 70 - 79 (200)  
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| Place<br>ank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME     | GUN<br>TIME | CITY/STATE         | Rank | RUN5M   | R |
|--------------|------------|-------------|------------------|-------------|--------------------|------|---------|---|
| 1.           | 366        | 70          | TOMMY HARRIS     |             | LYNCHBURG VA       | 1    | 41:46   |   |
| 1            | 47:07      |             | 1:28:53          | 1:29:32     |                    |      |         |   |
| 2.           | 326        | 70          | WALLY GOODE      |             | SHIPMAN VA         | 2    | 44:58   |   |
| 2            | 51:25      |             | 1:36:23          | 1:36:55     |                    |      |         |   |
| 3.           | 577        | 70          | ALLEN MONTGOMERY |             | COLUMBIA SC        | 4    | 46:10   |   |
| 3            | 52:25      |             | 1:38:35          | 1:38:48     |                    |      |         |   |
| 4.           | 269        | 72          | BILL FASTABEND   |             | LYNCHBURG VA       | 3    | 45:22   |   |
| 4            | 53:06      |             | 1:38:28          | 1:39:26     |                    |      |         |   |
| 5.           | 971        | 72          | BERNIE DAVIS     |             | LYNCHBURG VA       | 5    | 46:25   |   |
| 5            | 56:06      |             | 1:42:31          | 1:43:03     |                    |      |         |   |
| 6.           | 69         | 72          | JOHN BILLINGSLEA |             | LYNCHBURG VA       | 6    | 55:58   |   |
| 7            | 1:09:51    |             | 2:05:49          | 2:06:24     |                    |      |         |   |
| 7.           | 255        | 70          | JOHN EROS        |             | CHARLOTTESVILLE VA | 7    | 1:01:16 |   |
| 6            | 1:06:52    |             | 2:08:08          | 2:09:08     |                    |      |         |   |
| 8.           | 578        | 75          | JIM MONTGOMERY   |             | DAYTONA BEACH FL   | 8    | 1:04:38 |   |
| 8            | 1:26:17    |             | 2:30:54          | 2:31:04     |                    |      |         |   |

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 MALE AGE GROUP: 80 - 99 (200)  
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| Place<br>ank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME      | GUN<br>TIME | CITY/STATE       | Rank | RUN5M   | R |
|--------------|------------|-------------|-------------------|-------------|------------------|------|---------|---|
| 1.           | 227        | 81          | WILLIAM C. DRAPER |             | BASKING RIDGE NJ | 1    | 1:03:42 |   |
| 1            | 1:09:06    |             | 2:12:48           | 2:12:58     |                  |      |         |   |

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 TOP 6 OVERALL FEMALES  
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| Place<br>rank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME       | GUN<br>TIME | CITY/STATE         | Rank | RUN5M<br>R |
|---------------|------------|-------------|--------------------|-------------|--------------------|------|------------|
| 1.            | 421        | 27          | HELLEN JEMUTAI     | 56:40       | CHAPEL HILL NC     | 1    | 25:22      |
| 1             | 31:18      |             | 56:41              |             |                    |      |            |
| 2.            | 977        | 24          | MARIA BUSIENEI     | 58:22       | CHARLESTON WV      | 2    | 25:51      |
| 3             | 32:32      |             | 58:24              |             |                    |      |            |
| 3.            | 743        | 23          | NATALIE SHERBAK    | 59:32       | BLACKSBURG VA      | 3    | 27:02      |
| 2             | 32:31      |             | 59:34              |             |                    |      |            |
| 4.            | 453        | 24          | LOUISE KNUDSON     | 1:03:31     | CHARLOTTESVILLE VA | 5    | 28:46      |
| 6             | 34:46      |             | 1:03:32            |             |                    |      |            |
| 5.            | 717        | 25          | SHANNON SAUNDERS   | 1:03:36     | CHARLOTTESVILLE VA | 4    | 28:29      |
| 7             | 35:07      |             | 1:03:38            |             |                    |      |            |
| 6.            | 680        | 22          | REBEKAH RICKSECKER | 1:04:52     | LYNCHBURG VA       | 9    | 30:37      |
| 4             | 34:16      |             | 1:05:00            |             |                    |      |            |

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 TOP 1 OVERALL MASTERS FEMALES  
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| Place<br>rank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME  | GUN<br>TIME | CITY/STATE   | Rank | RUN5M<br>R |
|---------------|------------|-------------|---------------|-------------|--------------|------|------------|
| 1.            | 300        | 41          | AMY GALLAGHER | 1:15:50     | LYNCHBURG VA | 1    | 35:32      |
| 1             | 40:19      |             | 1:15:57       |             |              |      |            |

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 TOP 1 OVERALL GRANDMASTERS FEMALES  
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| Place<br>ank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME | GUN<br>TIME | CITY/STATE    | Rank | RUN5M<br>R |
|--------------|------------|-------------|--------------|-------------|---------------|------|------------|
| 1.           | 286        | 53          | DEBBIE FLYNN |             | CROSS HILL SC | 1    | 33:22      |
| 1            | 39:55      |             | 1:13:16      | 1:13:21     |               |      |            |

2009 The Virginia 10-Miler  
Sponsored by: Genworth Financial  
Lynchburg, VA 09/26/2009 8:00am  
Age Group Results - Female

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FEMALE AGE GROUP: 1 - 17 (99)  
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| Place<br>ank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME    | GUN<br>TIME | CITY/STATE   | Rank | RUN5M<br>R |
|--------------|------------|-------------|-----------------|-------------|--------------|------|------------|
| 1.           | 664        | 16          | SARAH QUIGG     |             | LYNCHBURG VA | 1    | 38:17      |
| 1            | 43:43      |             | 1:21:59         | 1:22:09     |              |      |            |
| 2.           | 150        | 16          | CRISTEN COLEMAN |             | EVINGTON VA  | 2    | 40:14      |
| 3            | 48:34      |             | 1:28:47         | 1:28:56     |              |      |            |
| 3.           | 485        | 16          | FIONA LEITCH    |             | LYNCHBURG VA | 3    | 41:13      |
| 2            | 48:33      |             | 1:29:45         | 1:30:40     |              |      |            |
| 4.           | 619        | 17          | JACKIE PARKS    |             | LYNCHBURG VA | 4    | 47:41      |
| 4            | 59:02      |             | 1:46:43         | 1:47:08     |              |      |            |
| 5.           | 927        | 12          | LUCY WOOLDRIDGE |             | EVINGTON VA  | 5    | 49:26      |
| 6            | 1:02:09    |             | 1:51:34         | 1:51:36     |              |      |            |
| 6.           | 155        | 16          | AMBER COMPTON   |             | EVINGTON VA  | 6    | 54:11      |
| 5            | 1:01:55    |             | 1:56:06         | 1:56:33     |              |      |            |

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FEMALE AGE GROUP: 18 - 24 (99)  
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| Place | Bib | Age | NAME | CITY/STATE | Rank | RUN5M R |
|-------|-----|-----|------|------------|------|---------|
|-------|-----|-----|------|------------|------|---------|

| ank | RUN   | CHIP    | TIME               | GUN             | TIME |       |  |
|-----|-------|---------|--------------------|-----------------|------|-------|--|
| 1.  | 609   | 22      | ASHLEY OSBORNE     | LYNCHBURG VA    | 1    | 30:37 |  |
| 1   | 34:16 | 1:04:52 | 1:05:00            |                 |      |       |  |
| 2.  | 585   | 24      | REBEKAH MORRIS     | LYNCHBURG VA    | 4    | 32:47 |  |
| 2   | 37:50 | 1:10:37 | 1:10:40            |                 |      |       |  |
| 3.  | 411   | 24      | HUMA HUSAIN        | SPRINGFIELD VA  | 3    | 32:35 |  |
| 3   | 39:42 | 1:12:17 | 1:12:27            |                 |      |       |  |
| 4.  | 589   | 23      | HAYLEY MULLINS     | LYNCHBURG VA    | 2    | 32:31 |  |
| 4   | 41:30 | 1:14:00 | 1:14:13            |                 |      |       |  |
| 5.  | 12    | 22      | ROSMOND ADAMS      | STATE ROAD NC   | 5    | 33:23 |  |
| 6   | 41:58 | 1:15:21 | 1:15:25            |                 |      |       |  |
| 6.  | 405   | 24      | CATE HUFF          | ROCKY MOUNT VA  | 6    | 35:58 |  |
| 7   | 42:21 | 1:18:19 | 1:18:39            |                 |      |       |  |
| 7.  | 272   | 19      | AUSTIN FERGUSON    | LYNCHBURG VA    | 9    | 37:07 |  |
| 5   | 41:42 | 1:18:49 | 1:19:09            |                 |      |       |  |
| 8.  | 99    | 24      | BRANDIE BROWN      | LYNCHBURG VA    | 8    | 36:50 |  |
| 8   | 43:11 | 1:20:00 | 1:21:06            |                 |      |       |  |
| 9.  | 187   | 23      | MEG DAILEY         | LYNCHBURG VA    | 12   | 38:28 |  |
| 9   | 43:19 | 1:21:46 | 1:22:40            |                 |      |       |  |
| 10. | 125   | 20      | MARYBETH CARLSON   | LYNCHBURG VA    | 7    | 36:37 |  |
| 17  | 45:34 | 1:22:11 | 1:22:49            |                 |      |       |  |
| 11. | 630   | 24      | LORI PEELE         | LYNCHBURG VA    | 14   | 38:58 |  |
| 10  | 43:41 | 1:22:39 | 1:22:50            |                 |      |       |  |
| 12. | 944   | 23      | DANA ZINN          | LYNCHBURG VA    | 11   | 37:58 |  |
| 12  | 45:07 | 1:23:04 | 1:23:17            |                 |      |       |  |
| 13. | 217   | 18      | ALISON DILWORTH    | LYNCHBURG VA    | 10   | 37:21 |  |
| 19  | 45:39 | 1:23:00 | 1:23:37            |                 |      |       |  |
| 14. | 646   | 21      | JENNIFER PITTMAN   | SURRY VA        | 16   | 39:25 |  |
| 11  | 43:55 | 1:23:20 | 1:24:24            |                 |      |       |  |
| 15. | 883   | 22      | LINDSAY WASHABAUGH | CHAMBERSBURG PA | 17   | 39:25 |  |
| 15  | 45:30 | 1:24:55 | 1:25:59            |                 |      |       |  |
| 16. | 807   | 24      | MEG STUBSTAD       | LYNCHBURG VA    | 13   | 38:37 |  |
| 24  | 47:07 | 1:25:43 | 1:26:00            |                 |      |       |  |
| 17. | 762   | 19      | SARA SLOMAN        | LYNCHBURG VA    | 25   | 40:37 |  |
| 13  | 45:20 | 1:25:57 | 1:26:13            |                 |      |       |  |
| 18. | 258   | 18      | BETHANY EUHUS      | LYNCHBURG VA    | 19   | 40:00 |  |
| 14  | 45:26 | 1:25:26 | 1:26:25            |                 |      |       |  |
| 19. | 754   | 21      | RACHEL SIBLEY      | LYNCHBURG VA    | 23   | 40:22 |  |
| 16  | 45:31 | 1:25:53 | 1:26:33            |                 |      |       |  |



|     |       |         |                   |                    |    |       |
|-----|-------|---------|-------------------|--------------------|----|-------|
| 20. | 10    | 24      | CATHERINE ADAMS   | LYNCHBURG VA       | 28 | 40:43 |
| 20  | 45:51 | 1:26:34 | 1:26:51           |                    |    |       |
| 21. | 329   | 19      | CARRIE GORDEN     | INDIANAPOLIS IN    | 15 | 39:03 |
| 26  | 48:45 | 1:27:48 | 1:27:58           |                    |    |       |
| 22. | 1008  | 24      | SARAH GRUBER      | CHARLOTTESVILLE VA | 24 | 40:27 |
| 18  | 45:39 | 1:26:05 | 1:28:05           |                    |    |       |
| 23. | 694   | 21      | BRITTANY ROTH     | LYNCHBURG VA       | 22 | 40:20 |
| 25  | 47:07 | 1:27:27 | 1:28:17           |                    |    |       |
| 24. | 75    | 24      | SARAH BLOOM       | DANVILLE VA        | 26 | 40:38 |
| 23  | 47:05 | 1:27:42 | 1:28:23           |                    |    |       |
| 25. | 230   | 19      | LAURA DRISCOLL    | SURRY ME           | 30 | 41:30 |
| 21  | 46:55 | 1:28:25 | 1:29:13           |                    |    |       |
| 26. | 50    | 24      | LIZ BARRY         | LYNCHBURG VA       | 20 | 40:03 |
| 28  | 49:03 | 1:29:06 | 1:29:48           |                    |    |       |
| 27. | 28    | 19      | EMILY ANGELL      | LYNCHBURG VA       | 29 | 40:50 |
| 27  | 48:52 | 1:29:41 | 1:29:56           |                    |    |       |
| 28. | 63    | 19      | MAGGIE BERREY     | MADISON VA         | 18 | 39:49 |
| 30  | 49:21 | 1:29:09 | 1:29:57           |                    |    |       |
| 29. | 996   | 23      | CATHERINE GALVAN  | LYNCHBURG VA       | 27 | 40:42 |
| 29  | 49:09 | 1:29:50 | 1:30:31           |                    |    |       |
| 30. | 647   | 19      | CARLY PLEINES     | LYNCHBURG VA       | 21 | 40:05 |
| 33  | 51:06 | 1:31:10 | 1:31:20           |                    |    |       |
| 31. | 526   | 19      | BRITTANY MATHESON | BRISTOL VA         | 34 | 43:38 |
| 22  | 47:01 | 1:30:38 | 1:31:26           |                    |    |       |
| 32. | 498   | 23      | RACHEL MABERY     | LYNCHBURG VA       | 31 | 42:17 |
| 34  | 51:45 | 1:34:01 | 1:34:17           |                    |    |       |
| 33. | 719   | 20      | ALICIA SCHAAP     | LYNCHBURG VA       | 36 | 43:44 |
| 32  | 50:26 | 1:34:10 | 1:35:04           |                    |    |       |
| 34. | 346   | 24      | AMBER HAGEY       | LYNCHBURG VA       | 41 | 44:57 |
| 31  | 49:44 | 1:34:41 | 1:35:41           |                    |    |       |
| 35. | 26    | 20      | KATIE ANFINDSEN   | LYNCHBURG VA       | 35 | 43:39 |
| 35  | 52:01 | 1:35:40 | 1:36:27           |                    |    |       |
| 36. | 37    | 21      | LESLIE BAKER      | LYNCHBURG VA       | 37 | 44:04 |
| 36  | 52:10 | 1:36:13 | 1:36:41           |                    |    |       |
| 37. | 757   | 19      | SVENJA SJOQUIST   | MARSHFIELD MA      | 32 | 42:46 |
| 42  | 54:19 | 1:37:05 | 1:37:22           |                    |    |       |
| 38. | 926   | 21      | LAUREN WOOLDRIDGE | LYNCHBURG VA       | 40 | 44:45 |
| 37  | 53:23 | 1:38:08 | 1:38:39           |                    |    |       |
| 39. | 316   | 23      | BRANDY GIBBS      | LYNCHBURG VA       | 33 | 42:54 |
| 46  | 55:11 | 1:38:05 | 1:38:57           |                    |    |       |
| 40. | 6     | 24      | GRACIE ABEYTA     | LYNCHBURG VA       | 38 | 44:39 |
| 45  | 54:55 | 1:39:33 | 1:40:13           |                    |    |       |

|     |         |         |                     |                    |    |         |
|-----|---------|---------|---------------------|--------------------|----|---------|
| 41. | 162     | 18      | SARAH CONOLLY       | LYNCHBURG VA       | 39 | 44:40   |
| 44  | 54:50   | 1:39:29 | 1:40:45             |                    |    |         |
| 42. | 966     | 21      | LINDSAY LARSON      | LYNCHBURG VA       | 43 | 45:50   |
| 43  | 54:32   | 1:40:22 | 1:40:47             |                    |    |         |
| 43. | 463     | 24      | FAYE LAFONTAINE     | CHARLOTTESVILLE VA | 44 | 46:46   |
| 41  | 54:01   | 1:40:46 | 1:41:39             |                    |    |         |
| 44. | 389     | 21      | CHRISTY HOMER       | LYNCHBURG VA       | 42 | 45:35   |
| 49  | 56:08   | 1:41:43 | 1:42:08             |                    |    |         |
| 45. | 339     | 20      | LINDE GROOVER       | CHARLOTTESVILLE VA | 46 | 47:21   |
| 38  | 53:39   | 1:40:59 | 1:42:08             |                    |    |         |
| 46. | 110     | 22      | SARA BRYANT         | LYNCHBURG VA       | 48 | 48:26   |
| 40  | 54:00   | 1:42:25 | 1:42:50             |                    |    |         |
| 47. | 852     | 22      | KENDA TURNER        | FOREST VA          | 47 | 48:25   |
| 39  | 53:59   | 1:42:24 | 1:43:11             |                    |    |         |
| 48. | 843     | 19      | JESSICA TOTTY       | APPOMATTOX VA      | 45 | 47:10   |
| 50  | 59:18   | 1:46:28 | 1:47:28             |                    |    |         |
| 49. | 923     | 22      | SIMONE WOJTASZEK    | RESTON VA          | 53 | 52:12   |
| 47  | 55:57   | 1:48:08 | 1:48:52             |                    |    |         |
| 50. | 643     | 20      | GABRIELA PIATKOWSKI | RESTON VA          | 52 | 52:11   |
| 48  | 55:58   | 1:48:09 | 1:48:52             |                    |    |         |
| 51. | 596     | 22      | ANN NELSON          | ARLINGTON VA       | 49 | 49:33   |
| 51  | 1:00:11 | 1:49:43 | 1:50:48             |                    |    |         |
| 52. | 800     | 22      | KERI STONE          | LYNCHBURG VA       | 51 | 51:57   |
| 53  | 1:00:51 | 1:52:48 | 1:53:12             |                    |    |         |
| 53. | 448     | 24      | CARRIE KNAPP        | LYNCHBURG VA       | 50 | 50:16   |
| 56  | 1:02:58 | 1:53:13 | 1:53:58             |                    |    |         |
| 54. | 426     | 21      | HOLLY JOHNSON       | EVINGTON VA        | 54 | 52:15   |
| 55  | 1:01:25 | 1:53:40 | 1:54:11             |                    |    |         |
| 55. | 766     | 21      | CHRISTINA SMITH     | LYNCHBURG VA       | 55 | 52:59   |
| 54  | 1:01:19 | 1:54:18 | 1:55:08             |                    |    |         |
| 56. | 14      | 24      | RENEE' ADKINS       | LYNCHBURG VA       | 58 | 55:08   |
| 52  | 1:00:46 | 1:55:53 | 1:56:31             |                    |    |         |
| 57. | 1024    | 20      | HEATHER ZAKRZEWSKI  | BLACKSBURG VA      | 56 | 53:51   |
| 58  | 1:06:06 | 1:59:56 | 2:00:30             |                    |    |         |
| 58. | 506     | 24      | AMANDA MAHAFFEY     | LYNCHBURG VA       | 59 | 55:24   |
| 57  | 1:04:54 | 2:00:18 | 2:01:30             |                    |    |         |
| 59. | 1025    | 22      | ADA RAMEY           | LYNCHBURG VA       | 57 | 54:30   |
| 60  | 1:14:00 | 2:08:30 | 2:08:33             |                    |    |         |
| 60. | 401     | 21      | ALEX HUDDLESTON     | FOREST VA          | 60 | 1:00:29 |
| 59  | 1:09:15 | 2:09:43 | 2:10:51             |                    |    |         |

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 FEMALE AGE GROUP: 25 - 29 (99)  
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| Place<br>ank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME      | GUN<br>TIME | CITY/STATE         | Rank  | RUN5M<br>R |
|--------------|------------|-------------|-------------------|-------------|--------------------|-------|------------|
| =====        | =====      | =====       | =====             | =====       | =====              | ===== | =====      |
| 1.           | 617        | 26          | ASHLEY PALMER     |             | LYNCHBURG VA       | 3     | 32:40      |
| 1            | 37:04      |             | 1:09:44           | 1:09:49     |                    |       |            |
| 2.           | 866        | 29          | STACEY VIDT       |             | BLACKSBURG VA      | 1     | 30:52      |
| 3            | 39:33      |             | 1:10:25           | 1:10:28     |                    |       |            |
| 3.           | 213        | 29          | AMBER DEWALD      |             | LYNCHBURG VA       | 2     | 31:37      |
| 2            | 39:21      |             | 1:10:57           | 1:11:02     |                    |       |            |
| 4.           | 35         | 27          | JOY BADILLO       |             | CHRISTIANSBURG VA  | 4     | 34:10      |
| 4            | 40:15      |             | 1:14:24           | 1:14:49     |                    |       |            |
| 5.           | 60         | 29          | STEPHANIE BEEM    |             | LYNCHBURG VA       | 5     | 35:57      |
| 5            | 41:18      |             | 1:17:15           | 1:17:31     |                    |       |            |
| 6.           | 580        | 29          | JULIE MOORE       |             | ROANOKE VA         | 7     | 37:28      |
| 7            | 43:13      |             | 1:20:41           | 1:20:58     |                    |       |            |
| 7.           | 1011       | 29          | AMANDA HALL       |             | AMHERST VA         | 6     | 37:24      |
| 8            | 44:17      |             | 1:21:40           | 1:21:54     |                    |       |            |
| 8.           | 430        | 25          | CHRISTIE JONES    |             | LYNCHBURG VA       | 9     | 37:37      |
| 11           | 45:59      |             | 1:23:36           | 1:24:05     |                    |       |            |
| 9.           | 950        | 26          | CALLIE SCUDDER    |             | MIDLOTHIAN VA      | 12    | 38:54      |
| 9            | 45:04      |             | 1:23:57           | 1:24:42     |                    |       |            |
| 10.          | 768        | 28          | GAYLE SMITH       |             | CHARLOTTESVILLE VA | 13    | 40:24      |
| 6            | 43:13      |             | 1:23:36           | 1:24:48     |                    |       |            |
| 11.          | 576        | 27          | SAMANTHA MITCHELL |             | BEDFORD VA         | 8     | 37:36      |
| 10           | 45:59      |             | 1:23:34           | 1:24:53     |                    |       |            |
| 12.          | 203        | 28          | ADRIA DAY         |             | LYNCHBURG VA       | 11    | 38:33      |
| 12           | 46:15      |             | 1:24:48           | 1:25:04     |                    |       |            |
| 13.          | 957        | 28          | SARA DAY          |             | GOODE VA           | 10    | 38:23      |
| 13           | 46:22      |             | 1:24:44           | 1:25:11     |                    |       |            |
| 14.          | 469        | 26          | JESSICA LANE INGE |             | LYNCHBURG VA       | 15    | 40:46      |
| 16           | 47:36      |             | 1:28:21           | 1:28:48     |                    |       |            |
| 15.          | 386        | 25          | HANNAH HINKSON    |             | FOREST VA          | 17    | 40:57      |
| 17           | 47:54      |             | 1:28:51           | 1:29:02     |                    |       |            |
| 16.          | 564        | 26          | KATHRYN MIDKIFF   |             | LYNCHBURG VA       | 16    | 40:48      |
| 19           | 48:21      |             | 1:29:09           | 1:29:35     |                    |       |            |
| 17.          | 48         | 29          | AMANDA BARNHART   |             | LYNCHBURG VA       | 22    | 41:56      |

|     |       |         |                     |                    |    |       |
|-----|-------|---------|---------------------|--------------------|----|-------|
| 14  | 46:37 | 1:28:33 | 1:29:41             |                    |    |       |
| 18. | 884   | 27      | JENNIFER WASHBURN   | LYNCHBURG VA       | 18 | 41:04 |
| 22  | 48:37 | 1:29:40 | 1:29:45             |                    |    |       |
| 19. | 553   | 27      | MICHELLE MEEKS      | LYNCHBURG VA       | 21 | 41:55 |
| 15  | 47:17 | 1:29:12 | 1:29:48             |                    |    |       |
| 20. | 700   | 25      | TONIA RUTHERFORD    | LYNCHBURG VA       | 14 | 40:24 |
| 27  | 50:03 | 1:30:26 | 1:31:01             |                    |    |       |
| 21. | 94    | 26      | ERIN BROMLEY        | APPOMATTOX VA      | 23 | 42:09 |
| 20  | 48:26 | 1:30:35 | 1:31:16             |                    |    |       |
| 22. | 869   | 27      | HEATHER VOZEL       | LYNCHBURG VA       | 20 | 41:36 |
| 26  | 49:33 | 1:31:09 | 1:31:28             |                    |    |       |
| 23. | 914   | 25      | COURTNEY WILLIAMSON | LYNCHBURG VA       | 19 | 41:16 |
| 28  | 50:19 | 1:31:34 | 1:31:51             |                    |    |       |
| 24. | 612   | 29      | SAMANTHA OVERSTREET | LYNCHBURG VA       | 25 | 42:24 |
| 23  | 48:58 | 1:31:21 | 1:32:03             |                    |    |       |
| 25. | 702   | 28      | SARA RYNDERS        | CROZET VA          | 27 | 43:46 |
| 21  | 48:34 | 1:32:20 | 1:33:06             |                    |    |       |
| 26. | 582   | 28      | LAUREN MOORE        | WESTERVILLE OH     | 28 | 43:58 |
| 25  | 49:12 | 1:33:09 | 1:33:42             |                    |    |       |
| 27. | 169   | 26      | VICTORIA CORDER     | LEXINGTON VA       | 29 | 44:00 |
| 24  | 49:06 | 1:33:05 | 1:33:47             |                    |    |       |
| 28. | 317   | 26      | KIMBERLY GIBSON     | LYNCHBURG VA       | 24 | 42:22 |
| 32  | 51:36 | 1:33:57 | 1:34:20             |                    |    |       |
| 29. | 904   | 25      | ROSE WILKEN         | CHARLOTTESVILLE VA | 36 | 46:18 |
| 18  | 48:07 | 1:34:25 | 1:35:18             |                    |    |       |
| 30. | 229   | 25      | KERRI DRISCOLL      | ARLINGTON VA       | 26 | 42:32 |
| 36  | 52:26 | 1:34:57 | 1:35:45             |                    |    |       |
| 31. | 710   | 25      | LINA SALIBA         | MCLEAN VA          | 30 | 44:58 |
| 34  | 51:49 | 1:36:47 | 1:37:43             |                    |    |       |
| 32. | 886   | 29      | KATIE WATERS        | MONETA VA          | 35 | 46:03 |
| 30  | 50:55 | 1:36:58 | 1:37:54             |                    |    |       |
| 33. | 603   | 28      | ANNA NOLEN          | HUDDLESTON VA      | 34 | 46:03 |
| 31  | 50:56 | 1:36:58 | 1:37:54             |                    |    |       |
| 34. | 32    | 26      | JENNIFER AUSTIN     | RICHMOND VA        | 31 | 45:15 |
| 35  | 51:54 | 1:37:09 | 1:38:05             |                    |    |       |
| 35. | 371   | 25      | BRENDA HENDERSON    | LYNCHBURG VA       | 32 | 45:42 |
| 37  | 52:50 | 1:38:31 | 1:38:38             |                    |    |       |
| 36. | 531   | 25      | SARAH MAY           | LYNCHBURG VA       | 42 | 48:08 |
| 29  | 50:31 | 1:38:38 | 1:39:24             |                    |    |       |
| 37. | 211   | 26      | JENNA DEREUS        | BLACKSBURG VA      | 38 | 46:52 |
| 33  | 51:46 | 1:38:37 | 1:39:52             |                    |    |       |

|     |         |         |                   |                  |    |       |
|-----|---------|---------|-------------------|------------------|----|-------|
| 38. | 513     | 26      | ELAINE MANNING    | OWEGO NY         | 37 | 46:22 |
| 41  | 54:16   | 1:40:38 | 1:40:50           |                  |    |       |
| 39. | 542     | 25      | MARGARET MCHUGH   | LYNCHBURG VA     | 33 | 45:55 |
| 42  | 54:33   | 1:40:27 | 1:41:22           |                  |    |       |
| 40. | 331     | 28      | EMILY GOSSLER     | FOREST VA        | 41 | 47:15 |
| 39  | 53:27   | 1:40:41 | 1:41:39           |                  |    |       |
| 41. | 812     | 28      | TRACY SUMNER      | RALEIGH NC       | 39 | 47:03 |
| 44  | 54:50   | 1:41:52 | 1:42:22           |                  |    |       |
| 42. | 917     | 28      | MARISSA WILTERINK | LYNCHBURG VA     | 44 | 48:26 |
| 40  | 53:59   | 1:42:25 | 1:42:50           |                  |    |       |
| 43. | 870     | 27      | KIM WADE          | FOREST VA        | 40 | 47:06 |
| 47  | 56:29   | 1:43:35 | 1:44:27           |                  |    |       |
| 44. | 543     | 29      | DANIELLE MCLYNN   | RICHMOND VA      | 47 | 49:38 |
| 43  | 54:34   | 1:44:11 | 1:44:57           |                  |    |       |
| 45. | 533     | 27      | COLLEEN MCBRIDE   | FOREST VA        | 50 | 51:22 |
| 38  | 53:17   | 1:44:38 | 1:45:09           |                  |    |       |
| 46. | 994     | 27      | LAUREN HOGGE      | BEDFORD VA       | 54 | 51:54 |
| 45  | 54:50   | 1:46:44 | 1:47:37           |                  |    |       |
| 47. | 4       | 27      | JENNIFER ABBOTT   | BEDFORD VA       | 53 | 51:54 |
| 46  | 54:58   | 1:46:51 | 1:47:44           |                  |    |       |
| 48. | 358     | 27      | MEREDITH HANSEN   | AMHERST VA       | 45 | 48:35 |
| 50  | 58:18   | 1:46:53 | 1:48:03           |                  |    |       |
| 49. | 408     | 27      | KRISTEN HUGHES    | APPOMATTOX VA    | 46 | 48:37 |
| 53  | 58:51   | 1:47:27 | 1:48:28           |                  |    |       |
| 50. | 793     | 27      | JULES STERLING    | LYNCHBURG VA     | 43 | 48:13 |
| 55  | 59:23   | 1:47:36 | 1:48:44           |                  |    |       |
| 51. | 939     | 29      | CANDACE YODER     | FARMVILLE VA     | 48 | 49:39 |
| 51  | 58:42   | 1:48:21 | 1:49:35           |                  |    |       |
| 52. | 720     | 25      | LINDSAY SCHALLMO  | FOREST VA        | 51 | 51:23 |
| 52  | 58:47   | 1:50:09 | 1:50:39           |                  |    |       |
| 53. | 417     | 28      | BETH JACKSON      | LYNCHBURG VA     | 49 | 50:58 |
| 54  | 59:06   | 1:50:03 | 1:51:17           |                  |    |       |
| 54. | 163     | 27      | SHERRY CONRAD     | LYNCHBURG VA     | 57 | 55:16 |
| 48  | 56:47   | 1:52:02 | 1:52:48           |                  |    |       |
| 55. | 863     | 29      | CHELSIE VIAR      | LYNCHBURG VA     | 55 | 52:53 |
| 56  | 59:32   | 1:52:24 | 1:53:17           |                  |    |       |
| 56. | 889     | 26      | ANDREA WEBB       | LYNCHBURG VA     | 52 | 51:31 |
| 58  | 1:01:31 | 1:53:01 | 1:54:15           |                  |    |       |
| 57. | 728     | 29      | JODI SCHROEDER    | DESHLER OH       | 59 | 55:26 |
| 49  | 58:03   | 1:53:28 | 1:54:32           |                  |    |       |
| 58. | 662     | 26      | RACHEL PUNCHES    | BOWLING GREEN OH | 58 | 55:25 |
| 57  | 1:00:06 | 1:55:30 | 1:56:34           |                  |    |       |

|     |         |         |                  |                   |    |         |
|-----|---------|---------|------------------|-------------------|----|---------|
| 59. | 175     | 28      | KIMBERLY COX     | VIRGINIA BEACH VA | 56 | 54:17   |
| 59  | 1:01:51 | 1:56:08 | 1:57:10          |                   |    |         |
| 60. | 82      | 26      | KIMBERLY BORLAND | RICHMOND VA       | 62 | 57:28   |
| 60  | 1:05:20 | 2:02:48 | 2:04:01          |                   |    |         |
| 61. | 964     | 26      | JANE THOMAS      | APPOMATTOX VA     | 60 | 55:51   |
| 61  | 1:07:10 | 2:03:00 | 2:04:15          |                   |    |         |
| 62. | 85      | 26      | AMANDA BOWLING   | LYNCHBURG VA      | 61 | 56:20   |
| 63  | 1:12:59 | 2:09:19 | 2:10:28          |                   |    |         |
| 63. | 219     | 27      | KIT DONALD       | FOREST VA         | 63 | 1:00:27 |
| 62  | 1:09:16 | 2:09:43 | 2:10:51          |                   |    |         |

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FEMALE AGE GROUP: 30 - 34 (99)

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| Place<br>Rank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME        | GUN<br>TIME | CITY/STATE         | Rank | RUN5M<br>R |
|---------------|------------|-------------|---------------------|-------------|--------------------|------|------------|
| 1.            | 273        | 33          | EMILY FERGUSON      |             | ARLINGTON VA       | 2    | 30:30      |
| 1             | 35:59      | 1:06:28     | 1:06:37             |             |                    |      |            |
| 2.            | 436        | 34          | ALICE KASSENS       |             | FINCASTLE VA       | 1    | 30:30      |
| 2             | 36:47      | 1:07:16     | 1:07:18             |             |                    |      |            |
| 3.            | 591        | 31          | VALERIE NAGLE       |             | SMYRNA GA          | 4    | 34:20      |
| 4             | 40:07      | 1:14:26     | 1:14:29             |             |                    |      |            |
| 4.            | 659        | 33          | JENNIFER PRITCHETT  |             | GOODE VA           | 3    | 34:01      |
| 5             | 41:19      | 1:15:20     | 1:15:25             |             |                    |      |            |
| 5.            | 731        | 32          | RACHEL SENGENBERGER |             | LYNCHBURG VA       | 10   | 37:59      |
| 3             | 38:45      | 1:16:43     | 1:17:00             |             |                    |      |            |
| 6.            | 23         | 33          | AMY ANDREWS         |             | NASHVILLE TN       | 5    | 35:30      |
| 6             | 41:56      | 1:17:25     | 1:17:33             |             |                    |      |            |
| 7.            | 25         | 31          | MARY ANDREWS        |             | GAINESVILLE FL     | 6    | 36:01      |
| 7             | 43:10      | 1:19:11     | 1:19:18             |             |                    |      |            |
| 8.            | 984        | 30          | ALICIA TAYLOR       |             | LYNCHBURG VA       | 8    | 37:22      |
| 8             | 44:33      | 1:21:55     | 1:22:14             |             |                    |      |            |
| 9.            | 352        | 31          | JERI HANES          |             | CHARLOTTESVILLE VA | 7    | 37:13      |
| 13            | 46:24      | 1:23:36     | 1:23:41             |             |                    |      |            |
| 10.           | 233        | 33          | ELIZABETH DUNCKLEE  |             | MARTINEZ GA        | 9    | 37:39      |
| 12            | 46:24      | 1:24:03     | 1:24:18             |             |                    |      |            |
| 11.           | 189        | 33          | MARY DALTON         |             | LYNCHBURG VA       | 12   | 39:51      |
| 9             | 45:32      | 1:25:22     | 1:25:44             |             |                    |      |            |

|     |       |    |                     |                    |    |       |
|-----|-------|----|---------------------|--------------------|----|-------|
| 12. | 330   | 31 | MACKENZIE GOSS      | LYNCHBURG VA       | 14 | 40:15 |
| 11  | 45:45 |    | 1:26:00 1:26:25     |                    |    |       |
| 13. | 834   | 30 | ADAMS TIA           | WASHINGTON DC      | 11 | 39:28 |
| 14  | 46:38 |    | 1:26:05 1:26:44     |                    |    |       |
| 14. | 673   | 31 | STACEY REIGHARD     | FOREST VA          | 15 | 40:19 |
| 15  | 47:08 |    | 1:27:26 1:28:17     |                    |    |       |
| 15. | 635   | 33 | KEELING PENNINGTON  | LYNCHBURG VA       | 17 | 42:18 |
| 10  | 45:37 |    | 1:27:55 1:29:10     |                    |    |       |
| 16. | 395   | 33 | ADRIENNE HOWARD     | LYNCHBURG VA       | 13 | 40:10 |
| 18  | 48:27 |    | 1:28:37 1:29:31     |                    |    |       |
| 17. | 759   | 30 | MARY SLOAN          | LYNCHBURG VA       | 16 | 40:53 |
| 19  | 48:52 |    | 1:29:44 1:29:55     |                    |    |       |
| 18. | 409   | 30 | CHRISSEY HUNTER     | WAYNESBORO VA      | 21 | 43:46 |
| 16  | 47:33 |    | 1:31:18 1:32:30     |                    |    |       |
| 19. | 736   | 32 | D'LYNN SHAW         | FOREST VA          | 18 | 42:53 |
| 20  | 50:31 |    | 1:33:23 1:33:50     |                    |    |       |
| 20. | 599   | 31 | NATALIE NEWMAN-YOST | ROANOKE VA         | 25 | 45:45 |
| 17  | 47:54 |    | 1:33:38 1:34:42     |                    |    |       |
| 21. | 816   | 32 | BEVERLY SWEENEY     | CHARLOTTESVILLE VA | 20 | 43:16 |
| 23  | 51:49 |    | 1:35:04 1:35:14     |                    |    |       |
| 22. | 224   | 33 | TANYA DRAKE         | WAKE FOREST NC     | 22 | 44:17 |
| 21  | 51:46 |    | 1:36:03 1:36:24     |                    |    |       |
| 23. | 302   | 33 | TRESSA GANDY-JONES  | FOREST VA          | 23 | 44:18 |
| 22  | 51:46 |    | 1:36:04 1:36:24     |                    |    |       |
| 24. | 532   | 34 | MIRANDA MAYS        | MORRISVILLE NC     | 19 | 43:04 |
| 29  | 53:42 |    | 1:36:46 1:37:13     |                    |    |       |
| 25. | 257   | 31 | WHITNEY ETZEL       | MADISON HEIGHTS VA | 24 | 45:26 |
| 27  | 53:25 |    | 1:38:51 1:39:13     |                    |    |       |
| 26. | 107   | 31 | CARRIE BRYANT       | AMHERST VA         | 26 | 46:06 |
| 24  | 52:58 |    | 1:39:04 1:39:45     |                    |    |       |
| 27. | 650   | 32 | SARAH PORTER        | DILLWYN VA         | 27 | 46:21 |
| 25  | 53:15 |    | 1:39:36 1:40:16     |                    |    |       |
| 28. | 879   | 32 | KIMBERLY WARNICK    | CHARLOTTESVILLE VA | 29 | 46:32 |
| 30  | 54:37 |    | 1:41:08 1:41:15     |                    |    |       |
| 29. | 770   | 32 | NANCY SMITH         | SOUTH BOSTON VA    | 30 | 47:18 |
| 26  | 53:23 |    | 1:40:40 1:41:26     |                    |    |       |
| 30. | 934   | 33 | STACEY WRIGHT       | LYNCHBURG VA       | 36 | 48:22 |
| 28  | 53:36 |    | 1:41:57 1:42:25     |                    |    |       |
| 31. | 95    | 33 | BETH BROOKS         | LYNCHBURG VA       | 32 | 47:25 |
| 33  | 54:53 |    | 1:42:18 1:42:43     |                    |    |       |
| 32. | 548   | 34 | KISTON MCPHATTER    | MADISON HEIGHTS VA | 34 | 47:39 |

|     |         |         |                      |                    |    |         |
|-----|---------|---------|----------------------|--------------------|----|---------|
| 32  | 54:44   | 1:42:23 | 1:42:49              |                    |    |         |
| 33. | 87      | 34      | DEBBIE BRADNEY       | FOREST VA          | 31 | 47:25   |
| 34  | 55:21   | 1:42:45 | 1:43:19              |                    |    |         |
| 34. | 325     | 32      | ALECIA GOOD          | FOREST VA          | 33 | 47:26   |
| 36  | 56:14   | 1:43:39 | 1:44:13              |                    |    |         |
| 35. | 987     | 33      | STEPHANIE C. MCBRIDE | ELANGTON VA        | 35 | 48:06   |
| 35  | 55:36   | 1:43:41 | 1:44:35              |                    |    |         |
| 36. | 320     | 31      | ANDREA GILLISPIE     | FOREST VA          | 28 | 46:28   |
| 38  | 57:43   | 1:44:11 | 1:44:50              |                    |    |         |
| 37. | 378     | 33      | KIMBERLY HESSE       | LYNCHBURG VA       | 40 | 51:00   |
| 31  | 54:39   | 1:45:38 | 1:46:16              |                    |    |         |
| 38. | 413     | 34      | JENNIFER HUTCHINSON  | FOREST VA          | 37 | 49:16   |
| 37  | 56:57   | 1:46:13 | 1:46:47              |                    |    |         |
| 39. | 398     | 34      | BARBARA HUBBARD      | LYNCHBURG VA       | 38 | 49:19   |
| 40  | 59:30   | 1:48:49 | 1:50:01              |                    |    |         |
| 40. | 179     | 33      | ELIZABETH CREASY     | BEDFORD VA         | 39 | 50:30   |
| 39  | 58:54   | 1:49:23 | 1:50:40              |                    |    |         |
| 41. | 65      | 30      | JEN BERRY            | MADISON HEIGHTS VA | 41 | 51:56   |
| 41  | 1:00:51 | 1:52:47 | 1:53:13              |                    |    |         |
| 42. | 922     | 32      | MISTY WITT           | GOODE VA           | 43 | 54:00   |
| 42  | 1:02:39 | 1:56:39 | 1:57:02              |                    |    |         |
| 43. | 541     | 34      | KIELAND MCFARLAND    | DINWIDDIE VA       | 42 | 52:24   |
| 43  | 1:05:13 | 1:57:37 | 1:58:26              |                    |    |         |
| 44. | 491     | 34      | JODI LIPSCOMB        | FOREST VA          | 44 | 1:03:32 |
| 44  | 1:10:40 | 2:14:11 | 2:15:08              |                    |    |         |



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 FEMALE AGE GROUP: 35 - 39 (99)  
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| Place<br>ank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME          | GUN<br>TIME | CITY/STATE      | Rank  | RUN5M<br>R |
|--------------|------------|-------------|-----------------------|-------------|-----------------|-------|------------|
| =====        | =====      | =====       | =====                 | =====       | =====           | ===== | =====      |
| 1.           | 22         | 35          | JENNY ANDERSON        |             | LYNCHBURG VA    | 1     | 31:48      |
| 1            | 37:48      |             | 1:09:36               | 1:09:48     |                 |       |            |
| 2.           | 826        | 36          | JANINE THOMAS         |             | LYNCHBURG VA    | 2     | 36:35      |
| 2            | 42:53      |             | 1:19:28               | 1:19:49     |                 |       |            |
| 3.           | 388        | 39          | CYNTHIA HOLT          |             | BRISTOL VA      | 3     | 36:52      |
| 4            | 44:36      |             | 1:21:28               | 1:22:04     |                 |       |            |
| 4.           | 415        | 37          | JOHNNA INGERSOLL      |             | LYNCHBURG VA    | 4     | 37:41      |
| 3            | 44:28      |             | 1:22:08               | 1:22:16     |                 |       |            |
| 5.           | 314        | 38          | CHRISTINE GENSLER     |             | CROZET VA       | 6     | 38:46      |
| 6            | 45:04      |             | 1:23:49               | 1:24:05     |                 |       |            |
| 6.           | 627        | 39          | LILA PEAKE            |             | LYNCHBURG VA    | 8     | 39:48      |
| 7            | 45:32      |             | 1:25:19               | 1:25:36     |                 |       |            |
| 7.           | 482        | 38          | LORI LEE              |             | LYNCHBURG VA    | 5     | 38:26      |
| 11           | 47:28      |             | 1:25:53               | 1:26:03     |                 |       |            |
| 8.           | 359        | 36          | ELIZABETH HARBRON     |             | WILLIAMSBURG VA | 12    | 41:13      |
| 5            | 44:47      |             | 1:25:59               | 1:26:17     |                 |       |            |
| 9.           | 492        | 36          | LEIGH-ASHLEY LIPSCOMB |             | LYNCHBURG VA    | 11    | 40:16      |
| 9            | 46:09      |             | 1:26:25               | 1:27:06     |                 |       |            |
| 10.          | 459        | 37          | KARLA KRAMER          |             | ADELPHI MD      | 14    | 41:28      |
| 8            | 45:36      |             | 1:27:03               | 1:27:29     |                 |       |            |
| 11.          | 791        | 35          | SHELLEY STEPHENS      |             | EVINGTON VA     | 7     | 39:40      |
| 13           | 48:17      |             | 1:27:57               | 1:28:01     |                 |       |            |
| 12.          | 216        | 35          | NINA DILLON           |             | LYNCHBURG VA    | 9     | 39:56      |
| 12           | 48:02      |             | 1:27:57               | 1:28:14     |                 |       |            |
| 13.          | 262        | 35          | VICKY EVANS           |             | GOODE VA        | 10    | 40:10      |
| 17           | 48:53      |             | 1:29:03               | 1:29:08     |                 |       |            |
| 14.          | 929        | 36          | ERIKA WRAY            |             | LYNCHBURG VA    | 15    | 41:47      |
| 16           | 48:45      |             | 1:30:31               | 1:31:00     |                 |       |            |
| 15.          | 692        | 35          | EUNICE ROJAS          |             | LYNCHBURG VA    | 19    | 43:29      |
| 10           | 46:59      |             | 1:30:27               | 1:31:19     |                 |       |            |
| 16.          | 319        | 36          | RUTH GILLESPIE        |             | FOREST VA       | 17    | 42:53      |
| 14           | 48:27      |             | 1:31:19               | 1:32:11     |                 |       |            |

|     |       |         |                      |                    |    |       |
|-----|-------|---------|----------------------|--------------------|----|-------|
| 17. | 861   | 38      | ALLIE VERED          | RICHMOND VA        | 16 | 42:40 |
| 18  | 48:55 | 1:31:35 | 1:32:17              |                    |    |       |
| 18. | 410   | 36      | CYNTHIA HUNTER       | MADISON HEIGHTS VA | 20 | 44:09 |
| 15  | 48:40 | 1:32:49 | 1:33:17              |                    |    |       |
| 19. | 328   | 37      | MELISSA GOODRICH     | LYNCHBURG VA       | 13 | 41:21 |
| 24  | 51:05 | 1:32:26 | 1:33:24              |                    |    |       |
| 20. | 51    | 36      | SARA BARTLETT        | ROANOKE VA         | 18 | 43:18 |
| 21  | 50:20 | 1:33:38 | 1:34:41              |                    |    |       |
| 21. | 645   | 37      | PATTI PIERSON        | LITTLE FALLS NJ    | 23 | 44:29 |
| 20  | 50:08 | 1:34:37 | 1:35:12              |                    |    |       |
| 22. | 772   | 37      | JENNIFER SMITH RAMEY | LYNCHBURG VA       | 26 | 45:32 |
| 19  | 49:28 | 1:35:00 | 1:35:41              |                    |    |       |
| 23. | 208   | 37      | CHRISTIE DELONG      | BEDFORD VA         | 22 | 44:27 |
| 25  | 51:45 | 1:36:12 | 1:36:18              |                    |    |       |
| 24. | 1007  | 37      | MARY WHITE           | LYNCHBURG VA       | 21 | 44:21 |
| 27  | 52:04 | 1:36:25 | 1:36:32              |                    |    |       |
| 25. | 306   | 35      | LORI GARDNER         | FOREST VA          | 27 | 46:35 |
| 26  | 51:48 | 1:38:23 | 1:38:57              |                    |    |       |
| 26. | 690   | 36      | MICHELLE ROGERS      | LYNCHBURG VA       | 33 | 47:49 |
| 22  | 50:47 | 1:38:36 | 1:39:41              |                    |    |       |
| 27. | 954   | 37      | WYNN CHRISTY BURTNER | LYNCHBURG VA       | 25 | 45:13 |
| 32  | 54:48 | 1:40:00 | 1:40:04              |                    |    |       |
| 28. | 113   | 36      | ASHLEY BUFORD        | CHARLOTTESVILLE VA | 24 | 44:51 |
| 36  | 55:29 | 1:40:20 | 1:41:30              |                    |    |       |
| 29. | 503   | 37      | SHERRI MADDOX        | GLADYS VA          | 31 | 47:09 |
| 30  | 54:07 | 1:41:15 | 1:41:52              |                    |    |       |
| 30. | 771   | 39      | TARA SMITH           | BEDFORD VA         | 30 | 46:57 |
| 34  | 55:02 | 1:41:59 | 1:42:17              |                    |    |       |
| 31. | 24    | 36      | DANA ANDREWS         | FOREST VA          | 44 | 50:49 |
| 23  | 50:50 | 1:41:38 | 1:42:32              |                    |    |       |
| 32. | 70    | 36      | SHAE BILLINGSLEY     | LYNCHBURG VA       | 35 | 48:02 |
| 29  | 53:36 | 1:41:37 | 1:42:32              |                    |    |       |
| 33. | 515   | 36      | ALLYSON MARMION      | WINSTON-SALEM NC   | 39 | 49:15 |
| 28  | 53:05 | 1:42:19 | 1:43:19              |                    |    |       |
| 34. | 96    | 36      | NIKY BROOKS          | LYNCHBURG VA       | 29 | 46:49 |
| 40  | 56:19 | 1:43:08 | 1:44:20              |                    |    |       |
| 35. | 449   | 36      | HOLLY KNIGHT         | FOREST VA          | 36 | 48:04 |
| 37  | 55:35 | 1:43:39 | 1:44:33              |                    |    |       |
| 36. | 622   | 39      | AMY PATTON           | LYNCHBURG VA       | 37 | 48:08 |
| 39  | 56:16 | 1:44:23 | 1:44:45              |                    |    |       |
| 37. | 528   | 38      | HEATHER MAY          | LYNCHBURG VA       | 28 | 46:39 |
| 43  | 58:04 | 1:44:42 | 1:44:46              |                    |    |       |

|     |         |    |                        |              |    |         |
|-----|---------|----|------------------------|--------------|----|---------|
| 38. | 604     | 35 | LARISSA NORMAN         | FOREST VA    | 32 | 47:18   |
| 42  | 56:57   |    | 1:44:15 1:44:53        |              |    |         |
| 39. | 847     | 35 | TAMMY TRENT            | EVINGTON VA  | 41 | 50:16   |
| 33  | 54:53   |    | 1:45:09 1:45:37        |              |    |         |
| 40. | 708     | 35 | JENNIFER SADLER DANIEL | ATLANTA GA   | 40 | 49:24   |
| 38  | 55:42   |    | 1:45:06 1:46:11        |              |    |         |
| 41. | 67      | 38 | HARRINGTON BETTY       | LYNCHBURG VA | 38 | 48:45   |
| 45  | 58:28   |    | 1:47:12 1:47:28        |              |    |         |
| 42. | 98      | 36 | WENDY BROOKS           | LYNCHBURG VA | 46 | 52:18   |
| 31  | 54:31   |    | 1:46:48 1:47:55        |              |    |         |
| 43. | 566     | 36 | STEPHANIE MIEAR        | LYNCHBURG VA | 47 | 52:19   |
| 35  | 55:12   |    | 1:47:30 1:48:22        |              |    |         |
| 44. | 875     | 36 | JENNIFER WALTON        | PAMPLIN VA   | 34 | 47:54   |
| 48  | 1:00:20 |    | 1:48:14 1:48:54        |              |    |         |
| 45. | 445     | 38 | MALIA KING             | LYNCHBURG VA | 45 | 51:03   |
| 44  | 58:18   |    | 1:49:21 1:50:06        |              |    |         |
| 46. | 276     | 39 | TAMMY FISCHER          | CUMMING GA   | 42 | 50:24   |
| 47  | 59:37   |    | 1:50:01 1:50:16        |              |    |         |
| 47. | 53      | 36 | LEANN BAUER            | CROZET VA    | 48 | 52:49   |
| 41  | 56:51   |    | 1:49:40 1:50:27        |              |    |         |
| 48. | 336     | 36 | KRISTEN GRAHAM         | BEDFORD VA   | 43 | 50:29   |
| 46  | 58:55   |    | 1:49:24 1:50:40        |              |    |         |
| 49. | 948     | 39 | SPRING ZUIDEMA         | FOREST VA    | 50 | 54:23   |
| 51  | 1:03:23 |    | 1:57:46 1:58:33        |              |    |         |
| 50. | 637     | 39 | BROOKE PETTYJOHN       | LYNCHBURG VA | 51 | 55:05   |
| 50  | 1:02:57 |    | 1:58:02 1:58:34        |              |    |         |
| 51. | 483     | 36 | TONDA LEE              | FOREST VA    | 52 | 55:59   |
| 49  | 1:01:57 |    | 1:57:56 1:58:34        |              |    |         |
| 52. | 489     | 37 | JENNIFER LINDSEY       | CUMMING GA   | 49 | 53:25   |
| 52  | 1:05:51 |    | 1:59:16 1:59:30        |              |    |         |
| 53. | 499     | 38 | MAGGIE MACE            | LYNCHBURG VA | 53 | 1:02:09 |
| 53  | 1:08:14 |    | 2:10:22 2:11:12        |              |    |         |
| 54. | 802     | 35 | WENDY STOREY           | LYNCHBURG VA | 55 | 1:03:57 |
| 54  | 1:13:47 |    | 2:17:43 2:18:57        |              |    |         |
| 55. | 140     | 37 | HEATHER CHILDRESS      | FOREST VA    | 54 | 1:03:40 |
| 55  | 1:16:24 |    | 2:20:04 2:21:00        |              |    |         |
| 56. | 536     | 37 | MELANIE MCCLURE        | LYNCHBURG VA | 56 | 1:04:56 |
| 57  | 1:27:32 |    | 2:32:27 2:33:40        |              |    |         |
| 57. | 614     | 38 | ANGELIA PAGE           | LYNCHBURG VA | 57 | 1:14:35 |
| 56  | 1:24:21 |    | 2:38:56 2:40:09        |              |    |         |

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 FEMALE AGE GROUP: 40 - 44 (99)  
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| Place<br>ank | Bib<br>RUN    | Age<br>CHIP | NAME<br>TIME                   | GUN<br>TIME | CITY/STATE      | Rank  | RUN5M<br>R |
|--------------|---------------|-------------|--------------------------------|-------------|-----------------|-------|------------|
| =====        | =====         | =====       | =====                          | =====       | =====           | ===== | =====      |
| 1.<br>2      | 667<br>43:29  | 41          | SUZANNE RAMSEY<br>1:19:09      | 1:19:20     | LYNCHBURG VA    | 1     | 35:40      |
| 2.<br>1      | 1012<br>42:32 | 44          | RYN MORRISON<br>1:19:38        | 1:19:55     | SOUTH BOSTON VA | 2     | 37:07      |
| 3.<br>3      | 693<br>43:35  | 40          | JANET RORER<br>1:21:12         | 1:21:41     | LYNCHBURG VA    | 3     | 37:37      |
| 4.<br>5      | 128<br>44:45  | 40          | HELLEN CARRINGTON<br>1:22:48   | 1:23:31     | LYNCHBURG VA    | 4     | 38:03      |
| 5.<br>4      | 951<br>44:37  | 42          | LISA HANNELL<br>1:23:30        | 1:23:42     | LYNCHBURG VA    | 5     | 38:53      |
| 6.<br>6      | 605<br>45:23  | 44          | MAUREEN O'CONNELL<br>1:25:21   | 1:25:37     | LYNCHBURG VA    | 10    | 39:59      |
| 7.<br>8      | 46<br>46:15   | 43          | SUSAN BARNEY<br>1:25:37        | 1:25:43     | LYNCHBURG VA    | 8     | 39:22      |
| 8.<br>7      | 264<br>45:49  | 44          | CINDY FALLON<br>1:26:07        | 1:26:36     | ROANOKE VA      | 12    | 40:18      |
| 9.<br>10     | 178<br>47:12  | 40          | JEANNE CRAIG<br>1:26:26        | 1:26:50     | GOODE VA        | 6     | 39:14      |
| 10.<br>9     | 707<br>46:31  | 43          | KARLA SADLER<br>1:25:51        | 1:26:58     | ATLANTA GA      | 7     | 39:21      |
| 11.<br>11    | 946<br>47:44  | 41          | LORI ZUBROSKI<br>1:27:22       | 1:27:25     | LYNCHBURG VA    | 9     | 39:38      |
| 12.<br>19    | 730<br>49:36  | 42          | HELENE SEGURA<br>1:29:53       | 1:30:03     | LYNCHBURG VA    | 11    | 40:18      |
| 13.<br>13    | 226<br>48:33  | 44          | RENEE DRANEY<br>1:30:05        | 1:30:19     | FOREST VA       | 13    | 41:32      |
| 14.<br>12    | 833<br>47:47  | 43          | KAREN THORSETT-HILL<br>1:29:51 | 1:30:32     | NEW LONDON NC   | 14    | 42:04      |
| 15.<br>14    | 733<br>48:44  | 40          | EMILY SHAFFER<br>1:31:37       | 1:32:47     | MOUNT SIDNEY VA | 16    | 42:54      |
| 16.<br>16    | 134<br>49:01  | 44          | MARI CEDILLO<br>1:32:26        | 1:32:56     | FOREST VA       | 17    | 43:26      |
| 17.<br>17    | 828<br>49:01  | 40          | LISA THOMAS<br>1:32:26         | 1:32:56     | LYNCHBURG VA    | 19    | 43:44      |

|           |              |               |                               |                    |    |       |
|-----------|--------------|---------------|-------------------------------|--------------------|----|-------|
| 15        | 48:49        | 1:32:33       | 1:32:56                       |                    |    |       |
| 18.<br>20 | 141<br>49:51 | 40<br>1:32:11 | JENNIFER CHURCH<br>1:33:03    | FREDERICKSBURG VA  | 15 | 42:21 |
| 19.<br>17 | 373<br>49:27 | 42<br>1:32:59 | DEBBIE HENDRICKSON<br>1:33:49 | FOREST VA          | 18 | 43:32 |
| 20.<br>25 | 308<br>50:16 | 43<br>1:34:04 | WHITNEY GARRETT<br>1:35:11    | LYNCHBURG VA       | 20 | 43:48 |
| 21.<br>24 | 552<br>50:09 | 43<br>1:34:37 | KAPPA MEADOWS<br>1:35:12      | LYNCHBURG VA       | 21 | 44:28 |
| 22.<br>18 | 670<br>49:31 | 40<br>1:34:51 | CHANTAL REDMOND<br>1:35:22    | LYNCHBURG VA       | 24 | 45:20 |
| 23.<br>23 | 686<br>50:03 | 44<br>1:34:53 | APRIL RISTAU<br>1:35:40       | CHARLOTTESVILLE VA | 22 | 44:51 |
| 24.<br>22 | 755<br>50:03 | 40<br>1:35:32 | TRACY SIMMONS<br>1:36:03      | LYNCHBURG VA       | 27 | 45:30 |
| 25.<br>21 | 427<br>49:55 | 41<br>1:36:43 | KENSIE JOHNSON<br>1:36:50     | LYNCHBURG VA       | 29 | 46:48 |
| 26.<br>26 | 775<br>51:25 | 41<br>1:36:52 | ELICIA SNYDER<br>1:37:28      | LYNCHBURG VA       | 26 | 45:27 |
| 27.<br>28 | 682<br>52:59 | 41<br>1:38:01 | LESLIE RIEHL<br>1:38:27       | LYNCHBURG VA       | 23 | 45:02 |
| 28.<br>29 | 304<br>53:14 | 41<br>1:39:36 | MARGIE GARBER<br>1:40:16      | ROANOKE VA         | 28 | 46:22 |
| 29.<br>27 | 613<br>52:53 | 42<br>1:40:56 | AMY OWEN<br>1:41:40           | SOUTH BOSTON VA    | 35 | 48:04 |
| 30.<br>34 | 746<br>55:56 | 43<br>1:41:16 | LINDA SHIELDS<br>1:41:42      | FOREST VA          | 25 | 45:21 |
| 31.<br>30 | 391<br>53:27 | 43<br>1:41:17 | BARBARA HOPPER<br>1:42:23     | LYNCHBURG VA       | 34 | 47:50 |
| 32.<br>33 | 403<br>55:00 | 43<br>1:42:08 | KIM HUDSON<br>1:42:46         | HURT VA            | 31 | 47:09 |
| 33.<br>31 | 969<br>54:45 | 41<br>1:42:23 | WENDY GOLDEN<br>1:42:49       | M.H. VA            | 32 | 47:39 |
| 34.<br>32 | 633<br>54:54 | 40<br>1:43:03 | ROBIN PEELER<br>1:43:35       | COOKEVILLE TN      | 36 | 48:10 |
| 35.<br>37 | 758<br>58:06 | 41<br>1:46:43 | MICHELLE SKINNER<br>1:47:11   | LYNCHBURG VA       | 37 | 48:38 |
| 36.<br>41 | 872<br>59:01 | 44<br>1:46:04 | TAMMY WALDRON<br>1:47:14      | STUART VA          | 30 | 47:04 |
| 37.<br>39 | 341<br>58:43 | 42<br>1:46:25 | DEBBIE GUNTER<br>1:47:17      | LYNCHBURG VA       | 33 | 47:43 |

|     |         |         |                  |                    |    |         |
|-----|---------|---------|------------------|--------------------|----|---------|
| 38. | 698     | 44      | AVA RUPERT       | FOREST VA          | 41 | 50:44   |
| 36  | 56:52   | 1:47:36 | 1:48:11          |                    |    |         |
| 39. | 146     | 43      | SUSAN COALSON    | LYNCHBURG VA       | 39 | 50:18   |
| 38  | 58:14   | 1:48:31 | 1:49:06          |                    |    |         |
| 40. | 688     | 41      | JILL ROBERTS     | LYNCHBURG VA       | 38 | 49:49   |
| 40  | 58:51   | 1:48:39 | 1:49:21          |                    |    |         |
| 41. | 794     | 43      | WENDY STERNE     | FOREST VA          | 40 | 50:40   |
| 42  | 59:03   | 1:49:43 | 1:49:57          |                    |    |         |
| 42. | 598     | 44      | SUSAN NELSON     | TROY VA            | 46 | 52:49   |
| 35  | 56:50   | 1:49:39 | 1:50:27          |                    |    |         |
| 43. | 784     | 42      | JENNY STADHEIM   | FOREST VA          | 42 | 50:59   |
| 45  | 1:00:18 | 1:51:16 | 1:52:06          |                    |    |         |
| 44. | 180     | 40      | ALISON CREHORE   | MADISON HEIGHTS VA | 43 | 51:46   |
| 44  | 59:36   | 1:51:22 | 1:52:24          |                    |    |         |
| 45. | 554     | 44      | CAROLINE MEGAHAN | TROY VA            | 45 | 52:27   |
| 43  | 59:04   | 1:51:31 | 1:52:35          |                    |    |         |
| 46. | 471     | 41      | MELODY LAPRADE   | FOREST VA          | 44 | 52:25   |
| 46  | 1:00:43 | 1:53:07 | 1:53:22          |                    |    |         |
| 47. | 666     | 40      | SHARON RAMSEY    | FOREST VA          | 47 | 54:13   |
| 47  | 1:03:46 | 1:57:58 | 1:59:18          |                    |    |         |
| 48. | 197     | 44      | ANTOINETTE DAVIS | LYNCHBURG VA       | 48 | 1:04:15 |
| 48  | 1:23:26 | 2:27:40 | 2:27:58          |                    |    |         |

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FEMALE AGE GROUP: 45 - 49 (99)

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| Place | Bib   | Age     | NAME             | CITY/STATE         | Rank | RUN5M R |
|-------|-------|---------|------------------|--------------------|------|---------|
| ank   |       | RUN     | CHIP TIME        | GUN TIME           |      |         |
| 1.    | 549   | 45      | LESLEY MCPHATTER | MADISON HEIGHTS VA | 1    | 38:15   |
| 1     | 43:31 | 1:21:45 | 1:22:11          |                    |      |         |
| 2.    | 902   | 45      | ELLEN WILEY      | LYNCHBURG VA       | 5    | 39:40   |
| 3     | 44:46 | 1:24:26 | 1:24:44          |                    |      |         |
| 3.    | 752   | 48      | KRISTIE SHROYER  | GOODE VA           | 3    | 39:17   |
| 4     | 45:25 | 1:24:42 | 1:24:50          |                    |      |         |
| 4.    | 660   | 46      | LOLA PROVENZOLA  | LYNCHBURG VA       | 7    | 40:46   |
| 2     | 44:44 | 1:25:30 | 1:26:19          |                    |      |         |
| 5.    | 422   | 48      | SUSAN JENNINGS   | BLUEMONT VA        | 2    | 39:05   |
| 6     | 47:28 | 1:26:33 | 1:26:45          |                    |      |         |

|     |       |         |                |              |    |       |
|-----|-------|---------|----------------|--------------|----|-------|
| 6.  | 83    | 48      | CINDI BOWEN    | AMHERST VA   | 6  | 40:01 |
| 5   | 47:11 | 1:27:11 | 1:27:23        |              |    |       |
| 7.  | 56    | 48      | JILL BECK      | SPARKS MD    | 4  | 39:39 |
| 7   | 49:28 | 1:29:07 | 1:29:16        |              |    |       |
| 8.  | 795   | 45      | STACY STEUART  | LYNCHBURG VA | 9  | 42:15 |
| 8   | 51:05 | 1:33:19 | 1:33:34        |              |    |       |
| 9.  | 431   | 48      | SUE JONES      | FOREST VA    | 8  | 41:55 |
| 10  | 51:49 | 1:33:44 | 1:33:59        |              |    |       |
| 10. | 265   | 47      | WENDY FARISS   | RUSTBURG VA  | 11 | 44:43 |
| 9   | 51:39 | 1:36:21 | 1:36:41        |              |    |       |
| 11. | 27    | 45      | CHERYLE ANGELL | LYNCHBURG VA | 10 | 43:53 |
| 13  | 53:25 | 1:37:17 | 1:37:32        |              |    |       |

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 FEMALE AGE GROUP: 45 - 49 (99)  
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| Place<br>ank | Bib<br>RUN      | Age<br>CHIP | NAME<br>TIME               | GUN<br>TIME | CITY/STATE         | Rank  | RUN5M<br>R |
|--------------|-----------------|-------------|----------------------------|-------------|--------------------|-------|------------|
| =====        | =====           | =====       | =====                      | =====       | =====              | ===== | =====      |
| 12.<br>11    | 639<br>52:01    | 45          | VICKY PHELPS<br>1:37:32    | 1:37:43     | GLADSTONE VA       | 12    | 45:31      |
| 13.<br>15    | 595<br>53:44    | 48          | ANDREA NEIMAN<br>1:41:17   | 1:41:56     | LYNCHBURG VA       | 13    | 47:33      |
| 14.<br>12    | 915<br>53:07    | 46          | JUDY WILSON<br>1:41:11     | 1:42:01     | ABINGDON VA        | 15    | 48:05      |
| 15.<br>14    | 367<br>53:29    | 49          | LEE HARTLINE<br>1:42:07    | 1:42:31     | SHIPMAN VA         | 16    | 48:39      |
| 16.<br>16    | 2<br>55:14      | 46          | JILL BEARDSLEY<br>1:43:00  | 1:43:09     | AUSTIN TX          | 14    | 47:47      |
| 17.<br>17    | 196<br>57:17    | 47          | JAMIE DAVID<br>1:46:18     | 1:47:29     | MADISON HEIGHTS VA | 18    | 49:02      |
| 18.<br>18    | 814<br>58:30    | 49          | KATHERINE SUPER<br>1:47:17 | 1:48:23     | LYNCHBURG VA       | 17    | 48:47      |
| 19.<br>19    | 854<br>58:47    | 45          | LESLIE TURNER<br>1:48:25   | 1:49:00     | EDEN NC            | 19    | 49:38      |
| 20.<br>20    | 79<br>58:54     | 48          | MARY JO BOONE<br>1:49:22   | 1:50:40     | BEDFORD VA         | 21    | 50:28      |
| 21.<br>22    | 114<br>1:01:16  | 48          | DEDE BUHLER<br>1:51:40     | 1:52:06     | LYNCHBURG VA       | 20    | 50:25      |
| 22.<br>21    | 945<br>59:38    | 45          | GINNY ZIRKLE<br>1:51:21    | 1:52:23     | AMHERST VA         | 22    | 51:44      |
| 23.<br>23    | 756<br>1:03:08  | 47          | DEBBY SINGLETON<br>2:00:43 | 2:01:42     | SYLVA NC           | 24    | 57:36      |
| 24.<br>24    | 1000<br>1:08:22 | 46          | CHERYL NOEGEL<br>2:04:38   | 2:05:50     | LYNCHBURG VA       | 23    | 56:16      |
| 25.          | 239             | 47          | SUSAN EARLES               |             | WYTHEVILLE VA      |       |            |



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FEMALE AGE GROUP: 50 - 54 (99)  
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| Place<br>ank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME      | GUN<br>TIME | CITY/STATE    | Rank | RUN5M<br>R |
|--------------|------------|-------------|-------------------|-------------|---------------|------|------------|
| 1.           | 275        | 53          | NANCY FERRIS      |             | GOODE VA      | 1    | 35:30      |
| 1            | 43:26      |             | 1:18:56           | 1:19:03     |               |      |            |
| 2.           | 78         | 51          | LISA BOMAN        |             | FOREST VA     | 2    | 39:04      |
| 2            | 45:38      |             | 1:24:42           | 1:24:58     |               |      |            |
| 3.           | 177        | 50          | SUSAN CRABTREE    |             | LYNCHBURG VA  | 4    | 41:10      |
| 4            | 46:37      |             | 1:27:46           | 1:27:56     |               |      |            |
| 4.           | 967        | 51          | DEBROAH MOSELEY   |             | FOREST VA     | 3    | 41:03      |
| 6            | 47:35      |             | 1:28:38           | 1:29:10     |               |      |            |
| 5.           | 546        | 50          | YVONNE MCMAHON    |             | LYNCHBURG VA  | 5    | 41:16      |
| 5            | 47:28      |             | 1:28:43           | 1:29:33     |               |      |            |
| 6.           | 429        | 54          | BLAIR JONES       |             | GREENWOOD VA  | 7    | 44:39      |
| 3            | 46:09      |             | 1:30:48           | 1:31:33     |               |      |            |
| 7.           | 882        | 52          | PAULA WARWICK     |             | LYNCHBURG VA  | 6    | 44:19      |
| 7            | 52:51      |             | 1:37:10           | 1:37:38     |               |      |            |
| 8.           | 919        | 51          | CINDY WISECARVER  |             | NATHALIE VA   | 8    | 46:05      |
| 8            | 53:31      |             | 1:39:36           | 1:40:14     |               |      |            |
| 9.           | 62         | 54          | KATHIE BENNETT    |             | BENA VA       | 10   | 49:04      |
| 10           | 56:01      |             | 1:45:05           | 1:46:12     |               |      |            |
| 10.          | 711        | 53          | ALICE SALOTTOLO   |             | WILMINGTON NC | 12   | 50:22      |
| 9            | 55:02      |             | 1:45:24           | 1:46:30     |               |      |            |
| 11.          | 198        | 54          | BENJIE DAVIS      |             | LYNCHBURG VA  | 11   | 49:24      |
| 11           | 57:17      |             | 1:46:41           | 1:47:05     |               |      |            |
| 12.          | 798        | 54          | CAROLE STONE      |             | FOREST VA     | 9    | 48:48      |
| 12           | 58:05      |             | 1:46:52           | 1:48:04     |               |      |            |
| 13.          | 111        | 50          | SARA LLOYD BRYANT |             | LYNCHBURG VA  | 13   | 51:03      |
| 13           | 58:18      |             | 1:49:20           | 1:49:37     |               |      |            |
| 14.          | 685        | 53          | MARY RISER        |             | LYNCHBURG VA  | 14   | 57:52      |
| 14           | 1:06:12    |             | 2:04:03           | 2:04:51     |               |      |            |

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FEMALE AGE GROUP: 55 - 59 (99)  
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| Place<br>ank | Bib<br>RUN    | Age<br>CHIP | NAME<br>TIME                | GUN<br>TIME | CITY/STATE       | Rank | RUN5M<br>R |
|--------------|---------------|-------------|-----------------------------|-------------|------------------|------|------------|
| 1.<br>2      | 689<br>47:48  | 57          | AMY ROCKHILL<br>1:27:40     | 1:28:00     | ROANOKE VA       | 1    | 39:53      |
| 2.<br>1      | 868<br>45:19  | 55          | WHITNEY VINCENT<br>1:28:19  | 1:29:28     | ASHBURN VA       | 2    | 43:00      |
| 3.<br>3      | 787<br>53:57  | 55          | GAIL STATON<br>1:40:16      | 1:40:32     | LYNCHBURG VA     | 3    | 46:19      |
| 4.<br>4      | 338<br>53:58  | 56          | JUDY GREEN<br>1:41:35       | 1:42:21     | SOUTH BOSTON VA  | 6    | 47:37      |
| 5.<br>5      | 137<br>55:37  | 55          | DONNA CHARLEBOIS<br>1:42:43 | 1:43:16     | KEENE VA         | 5    | 47:07      |
| 6.<br>8      | 594<br>57:04  | 58          | LINDA NEIGHBORS<br>1:43:32  | 1:43:59     | WINSTON SALEM NC | 4    | 46:29      |
| 7.<br>6      | 419<br>55:53  | 55          | LINDA JAHN<br>1:44:59       | 1:45:22     | WAYNESBORO VA    | 7    | 49:06      |
| 8.<br>7      | 895<br>56:50  | 59          | PATTY WEST<br>1:48:11       | 1:49:20     | LYNCHBURG VA     | 8    | 51:21      |
| 9.<br>9      | 383<br>57:59  | 59          | SUSAN HILL<br>1:50:58       | 1:52:00     | ROANOKE VA       | 9    | 53:00      |
| 10.<br>10    | 15<br>1:13:21 | 59          | DEBORAH ALLEN<br>2:21:04    | 2:21:41     | LYNCHBURG VA     | 10   | 1:07:44    |

FEMALE AGE GROUP: 60 - 64 (99)

| Place<br>ank | Bib<br>RUN     | Age<br>CHIP | NAME<br>TIME               | GUN<br>TIME | CITY/STATE      | Rank | RUN5M<br>R |
|--------------|----------------|-------------|----------------------------|-------------|-----------------|------|------------|
| 1.<br>1      | 202<br>57:09   | 63          | ROSEMARY DAWSON<br>1:47:41 | 1:48:14     | LYNCHBURG VA    | 1    | 50:33      |
| 2.<br>2      | 40<br>1:00:43  | 60          | DIANA BALDWIN<br>1:53:38   | 1:54:27     | LYNCHBURG VA    | 2    | 52:56      |
| 3.<br>3      | 172<br>1:05:19 | 63          | LAURIE COTULLA<br>2:06:42  | 2:07:17     | LODI CA         | 3    | 1:01:24    |
| 4.<br>4      | 58             | 61          | CAROLYN BECKHAM            |             | LOCUST GROVE VA | 4    | 1:05:46    |

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FEMALE AGE GROUP: 65 - 69 (\*\* NONE \*\*)  
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FEMALE AGE GROUP: 70 - 79 (\*\* NONE \*\*)  
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FEMALE AGE GROUP: 80 - 99 (\*\* NONE \*\*)  
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2009 The Virginia 10-Miler  
Sponsored by: Genworth Financial  
Lynchburg, VA 09/26/2009 8:00am  
Athena & Clydesdale Competition

ATHENAS (Top 3)

| Place | Bib   | Age  | NAME           | CITY/STATE   | Rank | RUN5M | R |
|-------|-------|------|----------------|--------------|------|-------|---|
| ank   | RUN   | CHIP | TIME           | GUN TIME     |      |       |   |
| 1.    | 667   | 41   | SUZANNE RAMSEY | LYNCHBURG VA | 1    | 35:40 |   |
| 1     | 43:29 |      | 1:19:09        | 1:19:20      |      |       |   |
| 2.    | 388   | 39   | CYNTHIA HOLT   | BRISTOL VA   | 2    | 36:52 |   |
| 2     | 44:36 |      | 1:21:28        | 1:22:04      |      |       |   |
| 3.    | 944   | 23   | DANA ZINN      | LYNCHBURG VA | 3    | 37:58 |   |
| 3     | 45:07 |      | 1:23:04        | 1:23:17      |      |       |   |

CLYDESDALES (Top 3)

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| Place<br>ank | Bib<br>RUN | Age<br>CHIP | NAME<br>TIME | GUN<br>TIME | CITY/STATE   | Rank | RUN5M<br>R |
|--------------|------------|-------------|--------------|-------------|--------------|------|------------|
| 1.           | 507        | 32          | ERIK MAKUS   | 1:07:03     | NEWBERRY FL  | 1    | 29:36      |
| 2.           | 293        | 40          | JIM FRENCHIK | 1:17:24     | LYNCHBURG VA | 2    | 35:19      |
| 3.           | 803        | 44          | RIC STRATTON | 1:22:39     | LYNCHBURG VA | 4    | 36:41      |

2009 The Virginia 10-Miler  
 Sponsored by: Genworth Financial  
 Lynchburg, VA 09/26/2009 8:00am  
 Team Competition

FEMALE OPEN TEAMS

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| Place | Team Name   | Score |
|-------|-------------|-------|
| 1.    | LU DISTANCE | 15    |

MALE OPEN TEAMS

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| Place | Team Name     | Score |
|-------|---------------|-------|
| 1.    | LU DISTANCE   | 12    |
| 2.    | VMI           | 33    |
| 3.    | WITHOLD SOUTH | 40    |

FEMALE CORPORATE TEAMS

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| Place | Team Name | Score |
|-------|-----------|-------|
| 1.    | Centra    | 14    |
| 2.    | ABC 13    | 21    |

MALE CORPORATE TEAMS

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| Place | Team Name          | Score |
|-------|--------------------|-------|
| 1.    | AREVA              | 13    |
| 2.    | Genworth Financial | 20    |
| 3.    | B & W              | 24    |